# WAYNESBORO CITY SCHOOLS – FAMILY LIFE EDUCATION

Topics covered by the Family Life Education Teacher(s) (Office on Youth)

## GRADE 4

<table>
<thead>
<tr>
<th>DAY</th>
<th>TOPICS &amp; S.O.L.</th>
<th>ACTIVITIES</th>
<th>RESOURCES</th>
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</thead>
</table>
| 1   | Self Esteem and Values 4.5 | Introductions  
Ground Rules  
The Shield | Ground Rules Handout  
The Shield Handout |
| 2   | Puberty 4.2 | Puberty Worksheet | Puberty Worksheet |
| 3   | The Reproductive System 4.1 | Reproductive System (Same-sex) | Reproductive System Worksheets  
Reproductive System Visual Aids  
Optional (Pads/Tampons to show girls) |
| 4   | Abuse and Neglect 4.7 | Video: Breaking the Silence Worksheet | Video: Breaking the Silence  
Kids Should Know Worksheet  
Guidance Counselor Forms |

*identified sensitive objectives
Revised 2011-2012