# WAYNESBORO CITY SCHOOLS – FAMILY LIFE EDUCATION

Topics covered by the Family Life Education Teacher(s) (Office on Youth)

## 6th GRADE

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<th>DAY</th>
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| 1   | Emotional Changes of Puberty, Families and Seeking Independence 6.2, 6.3*, 6.7, 6.12 | Discuss: Emotions and Independence during Puberty  
*My Family Tree Handout  
*My Family Is...Handout  
Discussion: Types of Families  
*Homework: Parent/Child Activity | Book: Teen Health Course 1 Chap. 2  
*My Family Tree Handout  
*My Family Is...Handout  
Book: Teen Health Course 1 Chap. 3  
*Homework Handout: Parent/Child Activity  
United Streaming Videos:  
“Growing Up Boys”  
“Growing Up Girls” |
| 2   | Puberty Review: Physical Changes of Puberty and Reproductive System Review 6.1, 6.2*, 6.3* | Review Puberty Information  
Puberty Worksheet  
Review of Male and Female Reproductive Systems | Puberty Worksheet  
Puberty Vocabulary Matching Worksheet  
Reproductive System Handouts (Male/Female)  
Reproductive System Visual Aids |
| 3   | Self-Reliance and Responsibility (Includes Hygiene) 6.1, 6.6*, 6.7, 6.12 | Discussion of Responsibilities  
*My Responsibilities Handout  
Discussion of Positive/Negative Consequences  
Video: Healthy Habits for Teen Life  
Clean IQ Handout  
Homework: What’s Important to Me? | *My Responsibilities Handout  
Clean IQ Handout  
Video: Healthy Habits for Teen Life  
Homework Handout: What’s Important to Me? |
| 4   | Peer Pressure and Social Media 6.2*, 6.6*, 6.11*, 6.12 | Pressure Handout  
Discussion  
Netiquette and Internet Safety PowerPoints and discussion | Book: Teen Health Course 1 Chap. 3  
Pressure Handout  
Netiquette PowerPoint  
Hide and Go Seek PowerPoint  
Netiquette Handout |

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