## WAYNESBORO CITY SCHOOLS – FAMILY LIFE EDUCATION

Topics covered by the Family Life Education Teacher(s) (Office on Youth)

### GRADE 8

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<th>DAY</th>
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| 1   | Healthy Relationships  
(To include development of one’s own sexual identity)  
S.O.L.: 8.1, 8.2, 8.4, 8.5, 8.7, 8.13 | Introductions  
Okay or No Way (Choose Respect)  
Assertiveness Quiz  
Discussion: Self Respect in Relationships | Okay or No Way (Choose Respect) Activity  
Clickers (Interactive Response System, OOT Resource)  
Assertiveness Quiz  
Relationship Qualities Handout |
| 2   | Introducing Contraceptives and Reviewing STIs  
PowerPoint  
Discussion | Contraceptives PowerPoint  
Health Department Staff will present |
| 3   | Part I: Pregnancy: Development and Decisions  
S.O.L.: 8.3, 8.10, 9.9, 10.10 | PowerPoint: Fetal Development  
16 and Pregnant Episode (Macie)  
and Discussion  
Teen Parenting Worksheet | Fetal Development Powerpoint  
16 and Pregnant, Season 1 (Macie)  
16 and Pregnant Discussion Guide  
Teen Parenting Worksheet |
| 4   | Part 2: Pregnancy: Development and Decisions  
S.O.L.: 8.3, 8.10, 9.9, 10.10 | 16 and Pregnant Continued (as needed)  
Elijah’s Story  
Shaken Baby Simulator  
Demonstration | 16 and Pregnant, Season 1: Macie  
16 and Pregnant Discussion Guide  
DVD: Elijah’s Story  
Shaken Baby Simulator |
| 5   | Reality Matters and Social Media  
S.O.L.: 8.3, 8.6, 8.7, 8.13 | PowerPoint: Cyber-Harassment  
United Streaming Videos | Cyber Harassment  
PowerPoints: Cyber-Harassment  
United Streaming Video  
Reality Matters: Teen Sexuality  
Skills For Healthy Living  
Sex and Consequences |

*identified sensitive objectives

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