Integrated Behavioral Health
Integrate behavioral health into primary pediatric care to promote optimal physical, behavioral, social and emotional health of children.

CCHMC’s Integrated Behavioral Health Journey

- **2015**: IBH Planning
- **January**: First full-time psychologist hired at Hopple Primary Center
- **July**: SDQ screener provided in kiosk at Hopple Primary Center
- **September**: 6 psychologists begin providing IBH visits at all three clinics
- **October**: First IBH Preventive Visit at Hopple Primary Center
- **April**: 1000 IBH Visits at Hopple
- **December**: ASQ:SE screener provided in kiosk at all 3 clinics
- **January**: MEDTAPP BHI Grant Kick-Off

**2016**
**2017**
**2018**
**2019**
THEORY

Integrated Behavioral Health Key Driver Diagram (KDD)
Project Leader(s): Stark, Ammerman, McClure
Revision Date: 04/16/2019 (v6)

Key Drivers
- Defined path for scaling interventions in a pediatric setting
- Reliable and effective systems for identifying emerging behavioral health needs
- Stimulating environment(s) home, daycare, preschool, etc.
- Reliable identification of socioeconomic risk
- Appropriate connections to resources
- Trusting relationship with providers
- Emotionally healthy caregivers
- Supporting synergy with All Children Thrive network

Interventions (LOR #)
- Complete screenings on kiosks in the waiting room
- Provide interventions at every well child visit (HPC)
- Provide interventions at selected visits at PPC (1, 6, 15 months)
- Promotion of early developmental milestones (Motor, Language, Social, Emotional)
- Provide real-time intervention that includes guidance, modeling, rehearsal and coaching
- Standardize the age appropriate curriculum
- Early detection resulting in use of BMCP early treatment
- Use of standardized documentation within EMR to track previous interventions
- Collaborate with treatment providers during well child visit
- Refer to clinic and other community resources that are accessible and tailored

Aim
All children to achieve optimal physical, behavioral, social, and emotional health

SMART Aim
Increase number of parents reporting that they used the strategies and the strategies were useful from XX% to YY% by October 31, 2020
Increase visit adherence at PPC for the first year of life from XX% to YY% by October 31, 2020
Decrease # of ED visits within X days of WCC from XX to YY by October 31, 2020

All Children Thrive Cincinnati
WHAT IS IBH?

**Focus**
- Development promotion
- Preschool/school readiness/enrollment
- Feeding issues
- Adherence
- Sibling transitions/relationships
- Emotional regulation
- Immunization schedule adherence

**Strategies**
- Infant Mental Health
  - focus on the caregiver-child relationship
  - promoting responsiveness to cues
  - strategies to promote development
- Motivational interviewing
  - enhancing motivation for health behavior change
  - collaborative decision-making
- Behavior Therapy
  - positive parenting strategies
RESULTS

Cumulative Patient Visits with IBH

Cumulative Emotional & Behavioral Screeners Complete

All Children Thrive Cincinnati
Providing social, emotional and behavioral health support to families who may not have had the opportunity outside of primary care
Please Leave a Comment

How can we best connect or partner our work with your team or projects?
TEAM MEMBERS

Hopple Street Neighborhood Health Clinic
Primary Pediatric Care Clinic
Fairfield Primary Care Clinic
Behavioral Medicine & Clinical Psychology

For more information contact: Cynthia.Zion@cchmc.org