

VOL. 2 ISSUE 6 · APRIL 2024

## ALICE DEAL DIVERSITY, EQUITY & INCLUSION NEWSLETTER Autism Awareness Month

Artist: Steven Sandor (1987) in Drawing Autism, by Jill Mullin

### Autism Awareness Month

What is autism? Autism, also known as autism spectrum disorder (ASD), refers to conditions ranging from difficulties with social skills, repetitive behaviors, speech and other communication. However, autism is different in everyone. Autism affects many people: 1 in 36 children has an ASD diagnosis; 1 in 45 adults are diagnosed with ASD. Often, ASD is accompanied by diseases, such as attention-deficit/hyperactivity disorder; anxiety; depression; gastrointestinal issues; sleep disorders; and seizures.

### Around the District

2nd Annual Making Autism Work in the Community Day at Coppin State University, Baltimore, April 28

Neurodiversity Roundtable, sponsored by DC Peers, April 28

### Reading Recommendations



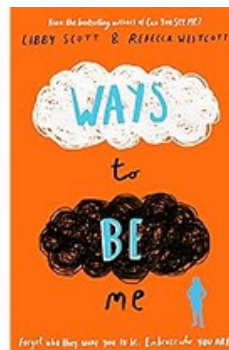
The Students of Lingsfield Grange of Lingsfield Grange School, Age 9+

This book was written by the students of Lingsfield Grange, a school for girls with Autism Spectrum Disorder. Their stories provide insight to the challenges and triumphs of living with autism.



Elle McNicoll, Age 8+

In this story, readers learn how the main character, who has autism, manages to thrive in the real world,



Libby Scott and Rebecca Westcott, Age 9+

The book is inspired from Libby Scott's diaries as a middle-schooler with autism. Through the diary entries, readers gain insight to how autism affects everyday life.

