

ANNUAL REPORT

2022 / 2023

SAMBHALI TRUST



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Letter from the Founder

Khamaghani, our Dear Friends of Sambhali

The needs and demands of people who seek help from Sambhali are endless. Sometimes, I feel that the work accomplished by the Trust goes one step forward and two steps back in our mission to empower and educate women and children in the deprived communities in Jodhpur, Setrawa, and also Jaisalmer. We have shown that from the beginning of Sambhali in 2007 how women's lives and their self-worth can change dramatically. This change is achieved by attending one of our centres for just 12 months to become women who are able to understand the world better, have the confidence (and reason) to open bank accounts, access local resources, learn vocational skills to provide an income and create a better future for their families.

It was a wonderful day last year when, after a lot of hard work, we were able to open four new empowerment centres in Jaisalmer for both women and children who live in extreme poverty, including a lack of sanitation. In a small survey we undertook in the area, out of 150 women - 43% were illiterate, and over 25% of children weren't in school. However, I was a little sceptical about our projects in Jaisalmer in the first few months due to local politics and cultural norms (similar to what we experienced in the early days in Jodhpur), but by restructuring our projects a couple of times to meet the basic needs of the local community, the efforts of our Trust's team have shown impressive results. I am very proud that they have been able to achieve significant change in the lives of women and children in such a short time.

Unfortunately, any further progress by the Trust in the last year has been hampered because we had a few issues with the renewal of the FCRA (Foreign Contribution Regulation Act), which meant we had no access to foreign funds for a few months. Thanks to Trustee Virendra Singh Chouhan, who made it possible with his journeys to New Delhi and our friend from the US, who helped us learn about new laws and developments for the permission to be renewed, we finally had the FCRA back in place.



Throughout this time, all the projects of the Trust kept running because of the unwavering dedication of our staff. They made a lot of personal sacrifices but did not give up on their commitment to provide the same level of teaching in all our projects, while the Trust waited for the FCRA permission.

All in all, it's been a difficult 3 years since the beginning of the Covid 19 pandemic and the challenging global situation which has meant Sambhali has suffered a lack of resources as well as a flow of volunteers. It was also heartbreaking to see many women participating in our projects in rural areas who lost their animals due to various viruses and also their only means of earning an income for the family. In some ways we are almost needing to start again and rebuild considering what has been lost.

Thankfully though, life is now beginning to return to the good old days with volunteers starting to come back and help invigorate the students with their enthusiasm and new ideas. Over the past years, we've had several amazing volunteers and some of them have become friends for life.

We are also delighted by the achievements of the Sheerni Boarding Home girls. Since 2018, and as of April 2023, we have 12 girls (including the 2023 intake) from the Sheerni Boarding Home who are in college studying for a degree. Nine of them (Aasu, Leela, Nakhtu, Samta, Vishnu, Pooja, Lalita, Manisha, and Jyoti) are now living together in the newly created Abhayasthali Boarding Home who, together with the Laadli girls, are based on the second floor at Sambhali HQ. The college girls provide good role models for the younger girls as well as being able to help out with their homework. The older girls, Vimla and Priya also join them when they have

their exams. Priyanka got married during the Covid lockdown but is also continuing with her college studies.

Three college students, Priya, Manisha, and Lalita have also been teaching in Sambhali's own Primary Education Centres whilst undertaking their studies, furthering their own personal development. Aasu recently got married, but because of her education so far, she was able to convince her husband that she could continue with her degree. Rekha and Sangeeta are now both married and have daughters; Koshalya and Santosh are amazing, strong, independent young women who are making remarkable differences in their lives even after leaving Sambhali.

I am very proud of these girls that they were able to fight against the injustice towards women and continue studying with us. I personally think they will be powerful and strong women who will have a good future and a say in their family and in the upbringing of their children.

A lot of people from the gender minorities groups join my journey here at the Trust with lots of expectations and hope. Sambhali has done a remarkable job strengthening the LGBT+ community with our new project Garima (Dignity). A first in Jodhpur - we conducted camps to create voters ID cards for transgenders in partnership with the Electoral Commission of Rajasthan as well as gaining access to getting Transgender Certificates in partnership with Jodhpur District Administration which will help them in receiving benefits from government schemes. Under the Garima project, we have also initiated a partnership with the MDM Hospital in Jodhpur and organised HIV tests and connected beneficiaries with ART Centre for free HIV medicines.

I would like to congratulate Roxanne Näschen on becoming President of Sambhali Germany. Roxanne has been a volunteer with Sambhali since 2017 and is currently studying for a Master's degree at home in Germany while also acting as Volunteer Coordinator for Sambhali and writing the monthly newsletter. I would also like to thank Renate Massmann Krei for all she has done as the outgoing President (a post she has held for 10 years) and for what she continues to do working with Freunde fur Sambhali to ensure a smooth transition. I am also delighted to announce the newly created Associate organisation - 'Sambhali Swiss' - and wish them all the best in their fundraising endeavours to support Sambhali in the future and look forward to many good years working together.

I would like to give huge thanks to Frères de nos Frères and to Mrs. Brigitta Wardenbach, who have supported Sambhali's projects for several years and for joining us on this journey thus far. I am extremely grateful to all the Sambhali Associates who have worked so hard to keep Sambhali's projects going and my guru, Ernestine Badegruber, for standing by the developments taking place at Sambhali. Without all your continuous help, we would not have been able to achieve what we have done. I would also like to thank all our sponsors and donors for their ongoing regular commitment to the Trust and for their patience. As a non-profit organisation, it is always difficult to achieve sustainability, but we are also now making progress towards finding local funding through CSR (Corporate Social Responsibility) and adopting Government Projects that run on similar ethics.

I also would like to welcome and wish our new Trustee and Managing Trustee, Mrs. Shyama Tanwar, all the best for her tenure.

Wishing you all at Sambhali Trust, our staff, Associates, donors, and volunteers, thank you all for your passion, dedication, and commitment, and I wish you all a beautiful year ahead and much success with the fulfilment of our projects.

Yours,
Govind



Our Mission

Sambhali Trust is a non-profit organisation aiming at enhancing the lives of underprivileged women and girls in Rajasthan. Through a grassroots model, we aspire to achieve lasting, community-driven empowerment fostering self-confidence, encouraging deprived women and children to reclaim their worth. Founded by Govind Singh Rathore in Jodhpur in 2007, we want to support these women by providing them with access to a formal education, training in traditional income-generating skills such as handicraft production, as well as arranging and monitoring women's self-help groups, helping them to save money, have access to loans and create small enterprises of their own.

Our mission is to break the cycle of poverty and dependence by providing underprivileged communities and groups with a safe place, vocational training, as well as valuable, marketable skills to give them an opportunity for a better life.

Self-esteem

We are empowering women through centres where they attend workshops about Human Rights, Health and the Environment as well as attending self-defence and leadership classes.

Unity

We are building networks of lasting community support and work together to enhance the lives of underprivileged Rajasthani women.

Independence

We are promoting social and financial independence of women and young girls by providing them business and management training, as well as sewing and embroidery classes.





Overview of 2022-2023

This year, we made great accomplishments despite still suffering from the impact of Covid-19. So far, we helped 3,160 new beneficiaries this year. Overall, 57,168 people received help from Sambhali Trust since it was created.

Empowerment Centres and Primary Education Centres

The Empowerment Centres are the core projects of Sambhali Trust. Each year, they offer the opportunity to more women and children to have access to education and financial independence. Between our three locations in Jodhpur, Setrawa and Jaisalmer, 1,171 new women and children joined our programme this year.

Boarding Homes

Our boarding homes enable girls living in small villages to have access to proper education and to establish a healthy routine with the help of housemothers. This year, 6 new girls joined the boarding homes, including Pakistani refugees. We currently have 58 girls in total in our 2 boarding homes and 8 college girls in the Abhayasthali boarding home

Scholarship Programme

We provide scholarships to children inside households who cannot afford paying for school. This year, 235 children received a scholarship and were able to attend school. Since 2007, 2,915 underprivileged children have been given an opportunity to study with our scholarship programme.

Microfinance Project

This project also known as Self-Help groups, enables women to attain financial independence through solidarity and business trainings. This year, 70 women benefited from the project.

Since 2009, 365 women have been a part of this microfinance project.

Nirbhaya Project

The Nirbhaya Project has been a huge part of Sambhali's work. Through a toll-free helpline and professional support, **798** women and girls received assistance this year.

Since the project started in 2014, **13,398** women and girls have received help from this project.

Garima Project

Recently established, the Garima project works to give support to members of the LGBTQIA+ community. This year, 11 new members of the community joined the Garima project.

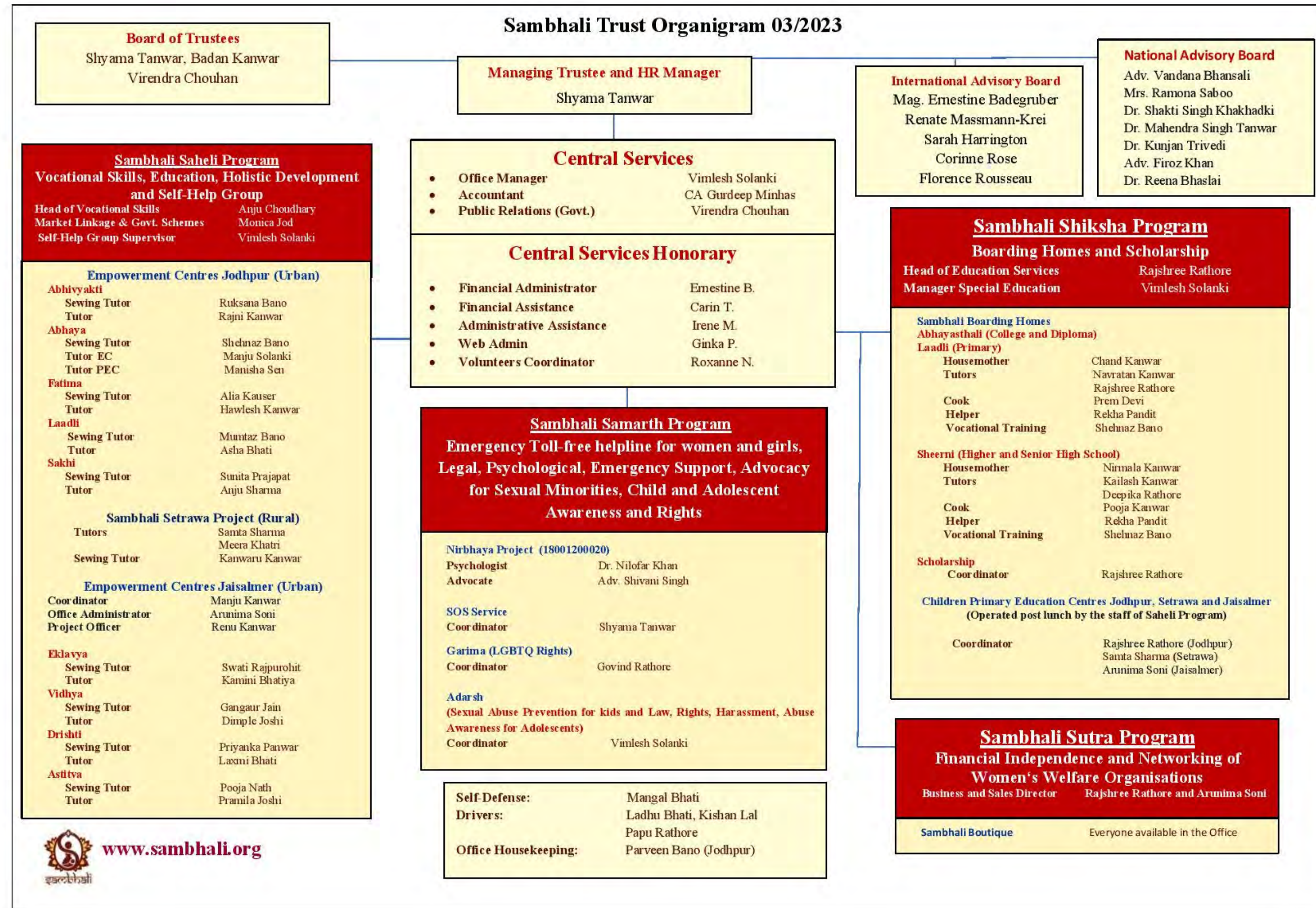
Since 2021, 161 people have received support and help.

Aadarsh Project

Previously known as the "No Bad Touch" project, the Aadarsh project works to prevent child sexual abuse in local schools and colleges as well as educating children attending our centres in Sambhali Trust. 3,016 new children benefited from the project this year.

Since it started, 20,274 children have received education about the prevention of child sexual abuse.

Organigram



Ongoing Projects

SAMBHALI SAHELI

Vocational and Self-help projects through ten empowerment centres. Underprivileged girls and women receive primary education and vocational training to gain a degree of autonomy. They also participate in a variety of workshops including self-esteem, emotions, and self-worth. Through Microfinance projects, they are given a chance to gain financial independence.



Empowerment Centres (EC)

The empowerment centres are providing a one-year long programme to 320 women and teenagers with little to no educational background. The programme includes **Hindi, Maths, and English** classes alongside vocational training in sewing and embroidery. These centres also provide **self-defence training, business and management training, leadership skills**, and educational workshops about various topics such as **Human Rights, Environment, Women's Health, Indian Politics, and Geography**.

The goal of these empowerment centres is to encourage women to develop their self-esteem and improve their confidence and self-expression. The centres are giving them the clues and skills to gain financial independence through sewing and selling their products in the Sambhali Boutique. They are given the opportunity to earn an income by developing their business.

Sambhali Trust is currently working in three different locations in Rajasthan: Jodhpur, Setrawa, and Jaisalmer.

Jodhpur	Setrawa	Jaisalmer
<ol style="list-style-type: none">1. Sambhali Abhivyakti2. Sambhali Abhaya3. Sambhali Fatima4. Sambhali Laadli5. Sambhali Sakhi	<ol style="list-style-type: none">6. Setrawa	<ol style="list-style-type: none">7. Astitva8. Vidhya9. Eklavya10. Drishti



- Basic advice would be given to all women on health, daily hygiene, and sanitation as well as practical advice on nutrition applicable to the produce available in Jodhpur and Setrawa.
- Workshops on Women's Rights would also be given, as well as workshops on the education and prevention of sexual abuse, as part of Sambhali's No Bad Touch programme (Aadarsh).
- Periodic health camps and visits by doctors during the year to review the women's health, providing medicines when necessary (as the provision of medicines is an unknown cost, then this would be provided by Sambhali Trust).
- Participation in Festival, Cultural, and Educational programmes provided by the Trust (organising activities, including dances, for national holidays such as Diwali, Holi Festival, Independence Day).

Reporting

- Keeping a class attendance register for each centre.
- Keeping an attendance register for staff/volunteers attending the centres.
- Keeping a register of the workshops given and attendance.
- Writing monthly reports of activities and workshops given with photos.
- Keeping track of the volunteers and staff in each centre.

List of Workshops

Empowerment Centres

Bank accounts - Post office
 Career Explore
 Caste Discrimination
 Communication
 Dance
 Earth -Environment
 Fashion
 First aid
 Friendship
 Future goals
 Gender Roles
 Human Rights Day
 Hygiene
 International Labour Day
 Internet and Social media
 Juvenile Justice
 Marital rape
 No Bad Touch - Sexual abuse
 Politics and Geography
 Public Speaking
 Self esteem
 Team Work
 Transport
 Unity in Diversity
 Women issues and Legal rights
 International Yoga Day

Market and Government Linkage

The possession of government documents plays a vital role in empowering individuals and groups for various reasons. These documents provide essential legal and administrative tools, enabling them to access their rights, resources, and opportunities. Many government services and benefits are contingent on having specific documents. For example, obtaining an artisan card not only grants individuals priority access to cultural festival stalls but also enhances the recognition of their products. One significant advantage of this card is its access to generous loan grants, which eight women within our organisation utilised.

Government-issued identification documents are often necessary for citizens to exercise their right to vote. Consequently, we organised a voter ID issuance camp for transgender individuals as part of this effort. The government linkage programme extends beyond documentation activities; it also includes awareness workshops. Under this programme, we conduct workshops about the Indira Gandhi Loan and LIC loans.

Furthermore, our goal is to facilitate a connection between women and the market. This facilitation is carried out by Monica Jod, who focuses on expanding the market network. She actively engages with vendors to promote and showcase the work and products of the women from the empowerment centre. The objective is to broaden market opportunities and bridge the gap between the product and the buyer.





Kurta



Crochet Thalposh



Table Cover



These items are all part of the Market Linkage work with Monica Jod, connecting women in the empowerment centres with local work.



Success Stories

Empowering Resilience: Nazmin Shamsher's Journey of Self-Sufficiency through Sewing

In a world where tragedy can easily overshadow hope, Nazmin Shamsher's story shines as a testament to the indomitable spirit of human resilience. At the age of 30, life took a drastic turn for Nazmin when she lost her beloved husband in a tragic accident. Left without a partner and without the prospect of having children, she was confronted with a daunting reality. Grief threatened to engulf her, and societal norms restricted her from engaging with the outside world. The solitude could have been overwhelming, but Nazmin's resilient spirit refused to succumb to despair. Despite cultural constraints that forbid her from remarrying, Nazmin's unwavering dedication to her craft has empowered her to rebuild her life and find solace in her newfound independence.

In search of a means to sustain herself and her household, Nazmin decided to enrol in a sewing course at our Abhivyakti Centre of Sambhali. Little did she know that this decision would shape the trajectory of her life. Over the course of a year, she honed her skills, discovering a deep passion for the art of sewing. What began as a means to make ends meet gradually became her lifeline—a way to escape her solitude and find purpose in every stitch.

With her newfound skill set, Nazmin began to create beautiful garments and intricate designs. The hum of her sewing machine filled the void left by her husband's absence. Every thread, every pattern became an outlet for her creativity and a tangible expression of her emotions. In the intricate tapestry of fabric, Nazmin discovered solace, strength, and a renewed sense of self.

Nazmin's talent and unwavering dedication to her craft did not go unnoticed. Word spread about the impeccable quality of her work, and she soon found herself flooded with orders from within her community. What began as a way to make ends meet blossomed into a successful livelihood. Sewing became her beacon of hope, empowering her to support herself financially and regain control over her life.

Today, Nazmin finds solace and contentment in her sewing work. As the stitches intertwine, so does her newfound sense of purpose and happiness. Though she may be confined to her home, she never feels alone, for her craft serves as both her companion and her source of fulfilment. Each piece she creates is a testament to her resilience and an embodiment of her unwavering spirit.

Nazmin Shamsher's story exemplifies the transformative power of passion and resilience. Through the art of sewing, she has not only found a means to sustain herself but has also rediscovered joy, purpose, and independence. In the face of adversity, Nazmin's unwavering determination and dedication have allowed her to carve out a fulfilling life, breaking free from the constraints of tradition. Her story serves as an inspiration to all who face hardship, reminding us that within the folds of adversity lie the seeds of resilience, creativity, and personal growth.

Microfinance Project

In 2009, Sambhali Trust launched a microfinance project, also known as Self-Help groups. It enables women to attain financial independence by providing business and management training. Most of these women are from scheduled castes and widows. Others are completely relying on their husband for financial support or are even facing domestic violence.

This microfinance project divides these women into groups in which each woman contributes and then, at the end of the month, the money is loaned to one of them to start a new enterprise or pay a medical bill. This pattern goes on every month, each time granting the amount of money collected to a new woman so that each of them will benefit from these Self-Help groups. This can only work because of the low interest rate of 1%, enabling the women to reimburse the others.

Jodhpur SHG 2022-2023

JODHPUR SHG LOAN 2022-23					
S.No.	Month	Group no.	Name	Amount	Purpose
1	April 22		1 Ravita sandhad	₹21 000,00	Household expenses
2			2 Deepika Jod	₹10 000,00	For treatment
3		Abhaya	Geeta Ji	₹4 900,00	For house repair
4	May 22		2 Priya Gharu	₹14 000,00	For scooty
5		Fatima	Wahida	₹7 700,00	For Marriage
6		Abhivyakti	Nargis	₹6 000,00	For loan repayment
7			Nazmeen	₹5 000,00	For loan repayment
8	June 22		3 Rekha Pandit	₹22 000,00	For Govt loan
9		Sakhi	Mala Jha	₹9 000,00	Personal
10		Abhivyakti	Heena Tejawat	₹7 000,00	Personal loan
11	July 22		2 Shipla Tejwani	₹20 000,00	For Child's treatment
12			2 Vandana Barasa	₹10 000,00	For child's school fees
13			2 Basanti Kandara	₹10 000,00	For child's school fees

14			3 Zeenat	₹15 000,00	For house terrace repair
15		Abhivyakti	Rubina	₹6 500,00	Personal
16		Abhaya	Kanta	₹8 000,00	For house repair
17		Fatima	Sakila	₹5 000,00	For child's school fees
18		Laadli	Anita	₹5 000,00	Household work
19	Aug 22		1 Pushpa Kanwar	₹17 000,00	For loan repayment
20		Abhivyakti	Zeenat	₹6 500,00	For child's school fees
21	sept. 22		2 Meena Barasa	₹20 000,00	For child's school fees
22		Fatima	Wahida/Firoz	₹10 000,00	For house repair
23		Abhivyakti	Afroza	₹8 000,00	For treatment
24	oct. 22		1 Madhu kaur	₹10 000,00	For house repair
25			2 Mamta Gharu	₹18 000,00	For child's school fees
26			3 Mumtaz Rafik	₹24 500,00	Personal
27		Laadli	Sapna	₹11 000,00	For house repair
28		Abhivyakti	Sameem Bano	₹7 500,00	For Marriage
29	nov. 22	Sakhi	Varsha Barasa	₹13 000,00	For Marriage
30		Fatima	Shabnam	₹19 500,00	For Gold loan payment
31		Laadli	Chidiya	₹10 000,00	For shop
32		Abhivyakti	Nargis	₹8 000,00	Lawyer's fees
33	Dec 22		1 Pushpa Kanwar	₹10 000,00	For child's school fees
34		Fatima	Reshma	₹5 000,00	Personal
35	Jan 23		2 Vandana Barasa	₹20 000,00	For child's school fees
36			2 Priya Gharu	₹20 000,00	For Marriage
37		Fatima	Nargis	₹12 500,00	For house repair
38		Abhivyakti	Parveen	₹10 000,00	For Marriage
39		Abhivyakti	Raisha	₹3 000,00	For Sewing machine
40	Feb 23		1 Shehnaz	₹15 000,00	For electricity bill
41			2 Sunita Boyat	₹20 000,00	For daughter's delivery
42		Sakhi	Komal	₹10 000,00	For sister's marriage
43		Abhivyakti	Aisha Khan	₹10 000,00	For sister's delivery
44	March 23		3 Ruksana bano	₹40 000,00	For loan repayment

Setrawa SHG 2022-2023

SETRAWA SHG LOAN 2022-23					
S.No	Month	Group no.	Name	Amount	Purpose
1	April 22	3	Kavru Kanwar	₹5 000,00	Household expenses
2		4	Bejal	₹20 000,00	Household expenses
3		4	Radha	₹10 000,00	Household expenses
4		5	Divya	₹40 000,00	For house
5		5	Seema	₹15 000,00	Household expenses
6	May 22	3	Choti Devi	₹20 000,00	Household expenses
7		6	Chidi Devi	₹20 000,00	Personal
8		10	Meena Devi	₹10 000,00	For house repair
9		10	Anita	₹9 000,00	For shop
10		10	Gajra	₹30 000,00	For child's school fees
11		12	Ramku Devi	₹11 000,00	For son's marriage
12	June 22	2	Raj kuwar	₹40 000,00	Household work
13		4	Seema devi	₹27 000,00	Household expenses
14		5	Luni	₹19 000,00	Household expenses
15		5	Anchi	₹10 000,00	Household expenses
16		6	Pintu	₹5 000,00	Household expenses
17		10	Shanti devi	₹18 000,00	Personal
18	July 22	2	Saira Jain	₹45 000,00	For shop
19		4	Rekha	₹15 000,00	Household expenses
20		5	Devi/Tilaram	₹10 000,00	Important work
21		5	Swaroop	₹9 000,00	For treatment
22		5	Rani	₹10 000,00	Household expenses
23		10	Leela/Biraram	₹14 000,00	Household expenses
24	Aug 22	2	Jubeda	₹20 000,00	Household expenses
25		3	Komal	₹5 000,00	Household expenses
26		4	Champa	₹15 000,00	Household expenses
27		4	Chandu	₹12 000,00	Household expenses
28		5	Leela/Bhuraram	₹19 000,00	For shop
29	sept. 22	3	Radha	₹20 000,00	For house terrace repair
30		3	Meera	₹32 000,00	For shop
31		5	Sua/Rikharam	₹10 000,00	Household expenses

32		6	Saira Jain	₹5 000,00	Household expenses
33		10	Pooja Sharma	₹20 000,00	Household expenses
34		12	Kiran Devi	₹10 000,00	Household expenses
35	oct. 22	3	Chota	₹24 000,00	Household work
36		5	Sua/Gangaram	₹20 000,00	Household expenses
37		6	Rekha	₹30 000,00	Household expenses
38		12	Seema Devi	₹5 000,00	Household expenses
39	nov. 22	2	Phool Kanwar	₹40 000,00	For house
40		3	Kalawati	₹10 000,00	Household expenses
41		5	Kesari Devi	₹30 000,00	For house
42		5	Rani	₹30 000,00	For shop
43		6	Chena	₹10 000,00	For Medical
44		10	Surja	₹21 000,00	For cow
45		12	Bhomi	₹8 000,00	For house
46		12	Pinky	₹8 000,00	For Sewing machine
47	Dec 22	5	Jasu	₹15 000,00	For medicines
48		5	Sharda	₹18 000,00	For goat
49		10	Sayar	₹25 000,00	For daughter's marriage
50		10	Sugna	₹10 000,00	For house
51		10	Ganga/Dhannaram	₹20 000,00	For treatment
52		2	Pooja Devi	₹9 000,00	For roof repair
53	Jan 22	3	Hemlata	₹20 000,00	For shop
54		4	Jassu Devi	₹20 000,00	Household expenses
55		11	Nathiya Soni	₹20 000,00	For house
56		12	Poni	₹7 000,00	Household expenses
57		12	Mamta	₹5 000,00	Household expenses
58		5	Leela/Durgaram	₹30 000,00	Household work
59	March 23	5	Sugna Devi	₹20 000,00	For hospital
60		12	Ramku	₹15 000,00	For treatment
61		12	Pappu	₹8 000,00	For house

SAMBHALI SHIKSHA

Providing primary education through centres and three boarding homes and a scholarship programme. This programme enables the girls and boys who do not have proper access to education to attend school through primary education centres. They can receive help with their homework and other school-related activities.

At the three Boarding homes, girls in elementary, secondary school, and young women in college (who have previously attended Sheerni Boarding Home) receive good education, free meals, accommodation, daily tutoring, computer training, self-defence, and develop leadership skills.

This programme also grants scholarships in order to help children living at home whose families lack the resources to have access to education.



Primary Education Centres (PEC) Objectives and Activities

Inside the centres, there are Primary Education Centres (PEC) intended for children from 5 to 12 years old. These centres provide education to 350 children, not in school or not attending school regularly, giving them access to Hindi, Maths, and English classes. Some of the children gain the skills they need to enter school whereas others receive tutoring.

Children also attend self-defence classes, computer classes, and workshops about sexual education, emotions and their bodies. Some of the children who do not meet their basic needs receive medical check-ups and care. Most of them are the daughters and sons of the women attending the EC programme.



These empowerment centres are run by teachers, welcoming women in the morning and children in the afternoon. With the help of volunteers, classes are divided into groups, where women and children are taught simultaneously in Hindi, Maths, and English classes.

A typical day at a centre:

(11 a.m to 2 p.m: classes for empowerment centres women)

2.30 p.m to 4.30 p.m: classes for children

The schedule is flexible because workshops are organised throughout the week in between classes. Depending on the centres, self-defence workshops happen during the week. Volunteers are giving workshops as well, according to their job, expertise, or liking.

- Regular testing is given (twice a month) to monitor the progress of the students and to provide feedback to our donors.
- Two tutors are employed in each centre to teach Hindi and Maths, whilst Sambhali volunteers provide English (and Maths) lessons together with educational workshops.
- Playful learning methods are provided.
- At least two educational workshops per month are provided to the children to enhance general knowledge in relation to their age, gender, and comprehension.


- Basic advice would be given to all children on health, daily hygiene, and sanitation as well as practical advice on nutrition applicable to the produce available in Jodhpur and Setrawa.
- Workshops on Children's Rights would also be given, as well as workshops on the education and prevention of sexual abuse, as part of Sambhali's No Bad Touch programme (Aadarsh).
- Periodic health camps and visits by doctors during the year to review the children's health, providing medicines when necessary (as the provision of medicines is an unknown cost, then this would be provided by Sambhali Trust).
- Participation in Festival, Cultural, and Educational programmes provided by the Trust (organising activities, including dances, on national holidays such as Diwali, Holi Festival, Independence Day).

Reporting

- Keeping a class attendance register for each centre.
- Keeping an attendance register for staff/volunteers attending the centres.
- Keeping a register of the workshops given and attendance.
- Writing monthly reports of activities and workshops given with photos.
- Keeping track of the volunteers and staff in each centre.

List of Workshops

Primary Education Centres



Air Pollution
 Body Parts and Body Joints
 Child Labour Prevention
 Children's Rights
 Dance
 Emergency Ambulance Services
 Emotions
 Friendship
 Garbage In and Out
 Global Warming
 Honesty
 Hygiene
 International Day of the Girl Child
 International Labour Day
 Juvenile Justice
 Moral Stories
 No Bad Touch and Sexual abuse
 Public Speaking
 Social Media
 Solar System
 Study Skills
 Unity in Diversity
 International Yoga Day

Success Stories

Aaryan's Transformation: A Journey from Disengagement to Bright Achievement

At the tender age of 12, Aaryan stepped into our primary education centre with disinterest in studying and handwriting that mirrored his lack of enthusiasm. Placed in the medium class, he carried with him the weight of financial struggles that shadowed his family's path. With his father's illness and his mother's valiant efforts to provide for the family, the road ahead was anything but smooth.

Yet, within the walls of our centre, hope found a home. Aaryan's journey began not just with textbooks and lessons but with teachers who believed in the magic of making learning come alive. They transformed education from a chore into an adventure, infusing each lesson with the spirit of play. Hangman became a tool to shape his spellings, and stars transformed into beacons guiding him towards knowledge.

Slowly but steadily, Aaryan's disengagement dissolved. Like a seed responding to nurturing care, he began to flourish. The teachers recognized his potential and encouraged him to set a simple yet profound goal: writing a single sentence every day in his best handwriting. This seemingly small practice bore remarkable results, and over time, his handwriting evolved from a scribble to a piece of art, each stroke reflecting his determination.

Aaryan's transformation wasn't confined to the four walls of the classroom. The spark ignited within him spread beyond the realm of academics. A sports workshop held by the centre became a turning point. As he engaged in activities that awakened his dormant talents, the embers of inspiration ignited within him.

The workshop kindled a passion for volleyball, and Aaryan's heart resonated with the desire to take the court.

With newfound zeal, Aaryan joined his school's volleyball team, a step that marked his evolution from a disinterested learner to a vibrant participant. The court became his canvas, and the game, his expression. As he honed his skills and embraced teamwork, he became more than just a player; he became an inspiration.

In the spirit of true leadership, Aaryan's fire spread. His commitment and enthusiasm didn't just end with him. His newfound love for volleyball illuminated the path for four of his friends, who, inspired by his journey, decided to join him in embracing the sport. Aaryan's journey became a ripple of positive influence, touching lives beyond his own.

Today, the tale of Aaryan is a testament to the power of education, mentorship, and self-discovery. What began as a disengaged journey transformed into a narrative of grit and growth. Aaryan stands as a shining example of what can be achieved with determination and support. His path, once dimly lit, is now illuminated by the radiance of achievement and the promise of a brighter future.

From struggling handwriting to neatly crafted dreams, from a disinterested student to an inspiring athlete and role model, Aaryan's story speaks volumes about the transformation that can unfold when the right environment, guidance, and opportunity converge. Through Aaryan's triumphs, we are reminded that success isn't just about reaching a destination; it's about the journey, the growth, and the unyielding spirit to rise above challenges.

Boarding Homes

Many underprivileged girls have the potential to be exceptional students, but aren't given the opportunity or encouragement to explore their capabilities and discover their unique talents, especially if they live in rural areas. Their parents bring them to Sambhali for better and healthy living and education, which their parents are not able to provide in their living circumstances.

[Clip video of Laadli boarding home](#)

Sheerni boarding home	Laadli boarding home	Abhayasthali boarding home
<ul style="list-style-type: none">• Established in 2012• Welcoming 25 girls from 6 to 15 years olds• Offering good education until 12th grade (final year)	<ul style="list-style-type: none">• Established in 2017• Welcoming 22 girls from 6 to 12 years old• Enabling them to have better opportunities in the future by offering them better education	<ul style="list-style-type: none">• Welcoming 12 graduates of Sheerni boarding home• Forming a community while helping them study and navigate college



Objectives and Activities

The boarding homes are run by a housemother and have a cook who live with them. As well as for the centres, some volunteers are attending the boarding homes in order to help the teachers.

A typical day at a boarding home:

6 a.m: The girls get up and dress, they do some cleaning

7 a.m: Breakfast (Milk and toast)

7.30 a.m: The girls go to school

11 a.m: The girls eat their lunchboxes

1.30 p.m: School is finished and girls come home

1.45 p.m: The girls change their clothes

1.45 p.m to 2.15 p.m: Lunch and cleaning

2.30 p.m to 4.30 p.m: Tutoring with the teacher and volunteers

4.30 p.m to 7.30 p.m: Study time or/and free time

7.30 p.m to 8 p.m: Dinner

8 p.m to 9.30 pm: Homework

9.30 p.m to 10.30 p.m: Free time

10.30 p.m: Bedtime

The girls are taught personal hygiene and their tutors and volunteers help them establish a routine like washing their hands, themselves, shampooing, and brushing their teeth.

Medical and dental check-ups as well as vaccination are being taken care of before they can start attending school.

A tutor has been appointed for each boarding home and visits the girls every afternoon from Monday to Saturday to establish the educational level of the girls and to act as a translator between the volunteers speaking English and the girls speaking Hindi/Marwari.

Once the girls have started school, the tutors help the girls with their homework and provide individual and class tuition as necessary. The volunteers also provide activities such as dancing, playing music, or ball games. Awareness workshops about child marriage or gender equality are also conducted. They also participate in various activities such as cultural festivals like Diwali, Raksha Bandhan, Independence day, and Holi.





Graduates from School

Name	12th Grade Completion	Current Endeavour
Priya	2018	Completed her post graduate studies in 2023 and currently pursuing B.Ed in Kheru
Vimla	2019	Currently in her last year of post graduate degree of Geography
Manisha	2020	Residing in Abhayasthali, completed her undergraduate degree and currently in first year of MA in Geography
Lalita	2021	Currently in third year of BA in Science
Asu	2022	Currently in second year of BA
Leela	2022	In her first year of BA studies, awaiting her updated results



Names	12th Grade Completion	Current Endeavour
Naktu	2022	In her second year of BA degree
Samta	2022	Residing in Abhayasthali, enrolled in first year of BA
Vishnu	2022	Residing in Abhayasthali, enrolled in first year of BA
Jyoti	2022	Residing in Abhayasthali, enrolled in first year of BA
Priyanka	2022	Currently enrolled in an undergraduate bachelor's degree in a private school and will return to Abhayasthali during exams only as she is married.-

Success Story

(college student)



"From Dreams to Destiny: Manisha's Journey and the Flame of Education"

In the heart of rural Setrawa, where dreams were once as distant as the horizon, a spark ignited – the flame of education, fanned into a blazing trail by the resolute spirit of Manisha. A young girl with insatiable curiosity, Manisha's journey began amidst crumbling school walls and dispassionate educators. Yet, her heart yearned to soar beyond the limitations that surrounded her.

In the year 2012, fate and courage intertwined as Manisha's family took a leap of faith, placing her among the pioneering souls at the Sheerni Boarding Home, a sanctuary of learning and empowerment. Here, she found not just shelter but wings, wings that carried her to a private school, where knowledge was a treasure not buried but shared, nurtured by caring mentors who saw potential in each young heart.

Within those walls, Manisha's world expanded – not just in books and numbers, but in self-defence lessons and computer codes, in threads woven into artistry through sewing and the threads of leadership woven into her very being. Workshops on health, rights, and the world around her added colours to her canvas of aspirations, where she dreamt not only for herself but for the legacy she would create.

Today, as we gaze upon Manisha's journey through the sands of time, from a curious girl in 2012 to a steadfast young woman, we witness the profound transformation education and determination can achieve. Her steps have led her from the corridors of Sheerni Boarding Home to the halls of higher education, where she now stands on the cusp of completing her Bachelor's degree, her dreams radiating like stars in the night sky.

The threads of Manisha's journey are woven not only into her own tapestry but into the tapestry of countless young lives. The Laadli Boarding Home now stands as a lighthouse of hope, guiding young hearts with aspirations as boundless as the sky. To ask these girls if they will attend college is to receive a resounding chorus of determination, echoing the footsteps of their role models.

These boarding home girls are not just students; they are architects of change, builders of bridges that connect their humble beginnings with soaring futures. Noshin, envisioning herself as a future police chief, dreams not only of personal success but of creating a haven for those denied an education. Alfisha, with the heart of a healer, pledges her future to providing care and solace to those who have journeyed as she once did.

United by a fierce belief in education's transformative power and a compassionate desire to uplift their communities, these young women emerge as beacons of light. Their dreams ripple outward, inspiring sisters, cousins, and friends to march towards the Sambhali Primary Education Centre, to strive for scholarships that bridge gaps and to embark on the path to the boarding homes in Jodhpur.

Their ambitions are stitched with threads of compassion, woven through the fabric of empathy. As they look forward to their futures, it's not just themselves they seek to elevate, but the silenced voices, the marginalized faces who are subjected to the harsh winds of discrimination. For these future teachers, doctors, lawyers, and police officers, their purpose extends beyond the horizon; it reaches the hearts that ache for change.

Manisha's story, once a humble bud, now blooms as a radiant bouquet of hope, proving that education isn't just the acquisition of knowledge; it's the beacon that guides us from darkness to light, from stagnation to evolution. In every classroom they enter, every courtroom they grace, every hospital room they illuminate, these young women will carry forth the torch of inspiration, blazing trails for others to follow, igniting the fire of change, one dream at a time.

Scholarship Programme

The Sambhali Scholarship Programme was established in 2008 in order to enable children of the women who attended the Empowerment Centre to receive an education. Enrolling their children in school can be expensive, and many of the women cannot afford it. That is why this programme was created: to give children an opportunity to have proper education. Children are sponsored through individual scholarships from donors throughout the world. They are enrolled in good local schools, and annual letters with school reports are provided to all sponsors as well as photos and family backgrounds.

Currently, 235 children are being sponsored, including 165 girls and 70 boys. Among these children, 204 are in Jodhpur and 31 in Setrawa.

Success Story

"From Scholarship Recipient to Educator: A Journey of Giving Back"

"My name is Samta Sharma, and I'm 25 years old. I have an elder brother and two sisters. Unfortunately, my father passed away in 2018 due to a serious illness, leaving my mother as the sole provider for our family. She works as a cook in other households to make ends meet.

During my school days, I had the opportunity to study with the help of the scholarship programme that selected me and a few other deserving children. This scholarship support started when I was in 5th grade and continued through my educational journey. It made a significant difference in my life, especially because of my family's challenging financial situation. I've always been passionate about education, and I'm currently pursuing a Master's degree in History with the goal of becoming a teacher. I've been fortunate to start working as a teacher myself, and this wouldn't have been possible without the educational support I received earlier.

I strongly believe that education is the key to a brighter future, and I'm determined to make the most of it. I'm working hard not only for myself but also for my family, who have always believed in me. Education has empowered me to break free from financial constraints, and I'm excited about the positive impact I can make as a teacher. I am currently employed at Sambhali as a teacher at the Setrawa centre, and I feel a deep sense of satisfaction in being able to give back to society.

Thank you for being a part of my success story. Your support has made a significant difference in my life, and I'm determined to pay it forward by helping others achieve their dreams through education."



SAMBHALI SAMARTH

Psychological support provided to women and girls facing any kind of abuse, as well as gender minorities. This programme works to prevent gender-based violence and provide help, support, and psychological counselling through a toll-free Nirbhaya helpline number: 18001200020. Other projects such as Garima and Aadarsh are providing professional support and counselling workshops about sexual abuse and emotional challenges to gender minorities, children, and adolescents.

Nirbhaya Project

The Nirbhaya project is part of the Sambhali Samarth programme, which provides psychological support and counselling to people facing gender-based violence, domestic violence, sexual abuse. Sambhali's team is making sure that women are being heard and receive the help that they might need. That is why we have a qualified lawyer and psychologist dedicated to help, support, and counsel the women needing help.

The women who are helped in this project feel powerless and seek for help. Most of them do not know their rights and are not taught to develop their critical thinking.

Objectives and Activities

The Nirbhaya project has three main goals:

1. Provide emergency help, legal support and psychological counselling to survivors of gender-based violence with a focus on:
 - domestic violence
 - sexual abuse
 - harassment
 - rape
 - acid attacks
2. Provide educational awareness through workshops and publicity material to provide information on gender-based violence, how to access help and support, and knowledge of their legal rights.

3. Give access to a toll-free Helpline to provide knowledge of legal rights and services available to survivors, such as giving them easy access to our psychologist, offering counselling and emotional support, and connecting them with a medical team in the city.

Psychological support: The project provides proper help according to their needs. It can be individual, couple, or family counselling. These people are regularly monitored until they do not need counselling any more. When improvement has been shown, the frequency of counselling can slow down from once a week to once a month and then half a year to keep track of their progress in life. If a problem remains unresolved, then the survivor is referred to legal aid services.

Legal counselling: Each survivor learns about the legal rights and services they are entitled to. They are familiarised with all the legal terms and procedures that are available to them. They receive help in the writing of the police complaint and file it at the police station. All over services such as helping with compensation procedures, gathering required paperwork and court function are free and performed by the staff lawyer. It also includes preparing the survivor for recording evidence, keeping track of the case, research work, drafting and pleading, arguments, etc.

Educational awareness: This year, 18 workshops were conducted in the empowerment centres and in other public and private institutions such as National Law University, Army Public School, and Police Training Academy, all in Jodhpur. They were developed on 5 different topics like domestic violence, child abuse, minimum wages act, transgender act and their rights, and cyber crime. We have also done 10 campaigns to distribute leaflets. Approximately 1,600 people were reached.



Emergency rehabilitation centres: We provide shelter home facilities to women in situations of emergency. These shelters are given for a short period of time in order to help women facing abuse or violence to have access to a safe place. Emergency shelter has been provided twice this year, once for a woman along with her 1-year-old daughter was provided a shelter for two days.

SOS helpline: An Emergency Medical and Legal Support Service which helps women and their families who are unable to afford emergency medical treatment or legal representation. Through the Emergency Provision Fund (provides emergency support in case of critical need) and the **Legal Support Fund** (paying for legal costs), the survivors are provided specific help that they cannot afford:

- emergency medical care, diagnosis, emergency medication, ambulance transport, emergency shelter accommodation, and other similar critical expenses.
- divorce, for those suffering from or at risk of domestic abuse, forced marriage, and similar situations, who are unable to afford to pay for legal expenses.

Results

Through the Nirbhaya HelpLine, we have dealt with **663** cases between April 2022 and March 2023, including **81 cases** in Jodhpur.

Cases recorded in Jodhpur	
Domestic violence	56
(Cyber) harassment	09
Blackmailing	02
Sexual assault	01
Forceful marriage	03
Sexual harassment	05
Fraud	01
Police assistance	01
Medical assistance	01

Case Story 1

NS called on the helpline number when she was treated for her burns at the hospital. She suffered severe burns around her abdomen, back, and a major part of her right hand. Wide media coverage was also taken by various newspapers and TV channels regarding her condition and speedy justice. She was offered help from the Trust, but she denied it as she said that she can manage to take care of herself but she needs justice. She mentioned that only her elder son is able to take care of her, her younger child is also aggressive towards her and plenty of times has made fatal attacks on her with sharp knives or iron rods, etc. As she was in great distress and has filed multiple police complaints and court cases in the past, she was in great distress as there hasn't been any ending to her suffering and no proper closure. During the counselling session, she cried a lot and had also gotten her injuries septic due to constant visits to police stations and other departments. I explained to her about the compensation schemes by the government and about the vocational training provided by Sambhali. She felt grateful for giving her hope but she had decided to leave town for a while with her son and has presently shifted to Haridwar (another state) to live there for a while and praise God. Her husband was later provided bail in her current case in court for which she required assistance, bail was opposed in court and police assistance was also provided to her. She is currently living on her own with her son.



Case Story 2



M is a student at one of the Empowerment centres, referred from Abhivakti EC. She initially approached the helpline in November 2021 with a complaint that her husband had deserted her over a petty issue which her family tried to resolve many times through communication but nothing works. She didn't want to involve the police, court case, or NGOs in her family matter for fear that her situation may worsen beyond repair. She was provided with 1 individual counselling session, 2 couple counselling sessions, and 2 legal counselling sessions (January 2023 to February 2023), and multiple counselling sessions and follow-ups were taken on call.

Being separated from her husband for 1 year now, she assumed that her husband will realise the absence of her and their daughter from his life but he doesn't want to contact her anymore. She feared that as time will keep passing her husband may disown her and her marriage will be jeopardised, so she contacted the helpline to file a court case. After listening to her grievances her husband was spoken to and confronted about the legal complications he may have to face in case his wife pursues further with the case. He pointed out his complaints and the wife accepted her mistakes as well. Both were asked to give another chance to their marriage and start afresh for the sake of their growing daughter. Later her husband took her back to his home and both the couple with their kid are now living together in Pali.

Garima Project

The Garima Project is also a part of the Sambhali Samarth programme. It was established in 2021 and works to provide professional support to gender minorities facing discrimination, violence, or abuse.

The people receiving help in this project often suffer from physical, mental, and financial abuse. They are forced to hide who they are and are rejected by their families because they do not fit into mainstream society. The Garima Project helps them deal with everything they might be facing and gives them the tools to get out of abusive households.

The Sambhali Trust office in Jodhpur is a safe place for the members of the LGBTQIA+ community.

Objectives and Activities

Members of the community receive support from professionals and are always welcomed in the office to hang out any day of the week. We created a safe haven for LGBTQIA+ people where they can truly be themselves and learn about their rights, their emotional well-being and find guidance and long-term dedicated support from our experts.

The goal of the project is to sensitize about LGBTQIA+ people and make them feel like they belong in the society.

Through workshops, we try to build self-esteem, confidence, and unity. We help them become independent individuals, receive better health care and reach financial independence. For example, under the Garima project we have initiated partnership with MDM Hospital and organised HIV tests and connected beneficiaries with ART Centre for free HIV medicines

Sambhali Garima Project's foundation is laid on Trust, faith, hope, kindness, gratitude, love and affection. Garima provides ear to hear and heart to understand the members.

Meetings are organised every Sunday to talk about potential issues and receive some support from peers. They share each other's experiences and unite for human rights, talk about gender stereotype, about their emotional and physical health, talk about HIV and STDs, attend recreational activities, discussing about cybercrime, law and youth affairs.



International Transgender Visibility Day

On March 31st 2023, we celebrated the International Transgender Visibility Day with members of the LGBTQ+ community, Sambhali's team, volunteers, and women from the centres. Sambhali collaborated with the Department of Social Justice and Empowerment and Kanta Bhua, the Head of Transgenders, to raise awareness and promote inclusivity for the transgender community.

Transgender Camps

Camps were organised by the Trust for the transgenders to help them out to get their Transgender ID cards, Voter ID cards, Ration Cards, Aadhar Card, Pan card, and also to link them with Chiranjivi Yojana. This government document generation plays a crucial role for them establishing a better social standing and also helps them gain access to any welfare amenities provided

Counselling

Members of the LGBTQ+ community encounter significant social challenges, often facing numerous obstacles as they strive to integrate into mainstream society. The heightened sense of isolation exacerbates the difficulties they experience. Additionally, many individuals from this community are subjected to harassment and extortion.

We have received several cases involving the extortion or blackmailing of gay individuals. In response, we have assisted them in recovering their funds, preserving their privacy and dignity, and providing counselling to both the victims and the other parties involved.



Aadarsh Project

The Aadarsh Project is the third project inside the Sambhali Samarth programme. This is a community driven project where Sambhali's tutors provide workshops to children in the PECs, schools and colleges. It was created in 2013 under the name "No Bad Touch Project". Now called the Aardash Project, it addresses the issue of child sexual abuse.

The project works to sensitise about child sexual abuse through prevention and raising awareness among the society (children, families, teachers,...). It also contains workshops about physical changes and approaches other issues that children and teenagers might encounter.

In India, **3 girls out of 10** have no idea of what is happening when they get their first period.

In specific areas of Rajasthan, it is **9 girls out of 10**.



Objectives and Activities

The goal is to educate children, families, and teachers on how to recognise sexual abuse and actions to take to prevent and to respond to abuse.

The Aadarsh Project is also trying to educate children about their body, emotions, puberty, social media, adulthood...

We approach these sensitive issues with:

- Regular conferences for local government agencies and community leaders to encourage them to take action to prevent child sexual abuse
- Workshops on puberty, emotions, child sexual abuse, and others around this topic.
- Providing books to educate children and helping them going through puberty:

Menstrupedia for girls

Gulu for boys

Through our different workshops, we help teenagers between 10 and 18 to navigate through puberty and all of the other changes that are implied. They learn how to express their feelings and put words on how they feel. In this judgement free zone, children are encouraged to ask every question that they might have in mind. They can freely express their concerns and worries without any fear of being judged or feeling stupid.

We offer them all the tools to navigate their adult life and we are taking into consideration these issues because they are still taboos around which we do not talk about at home.



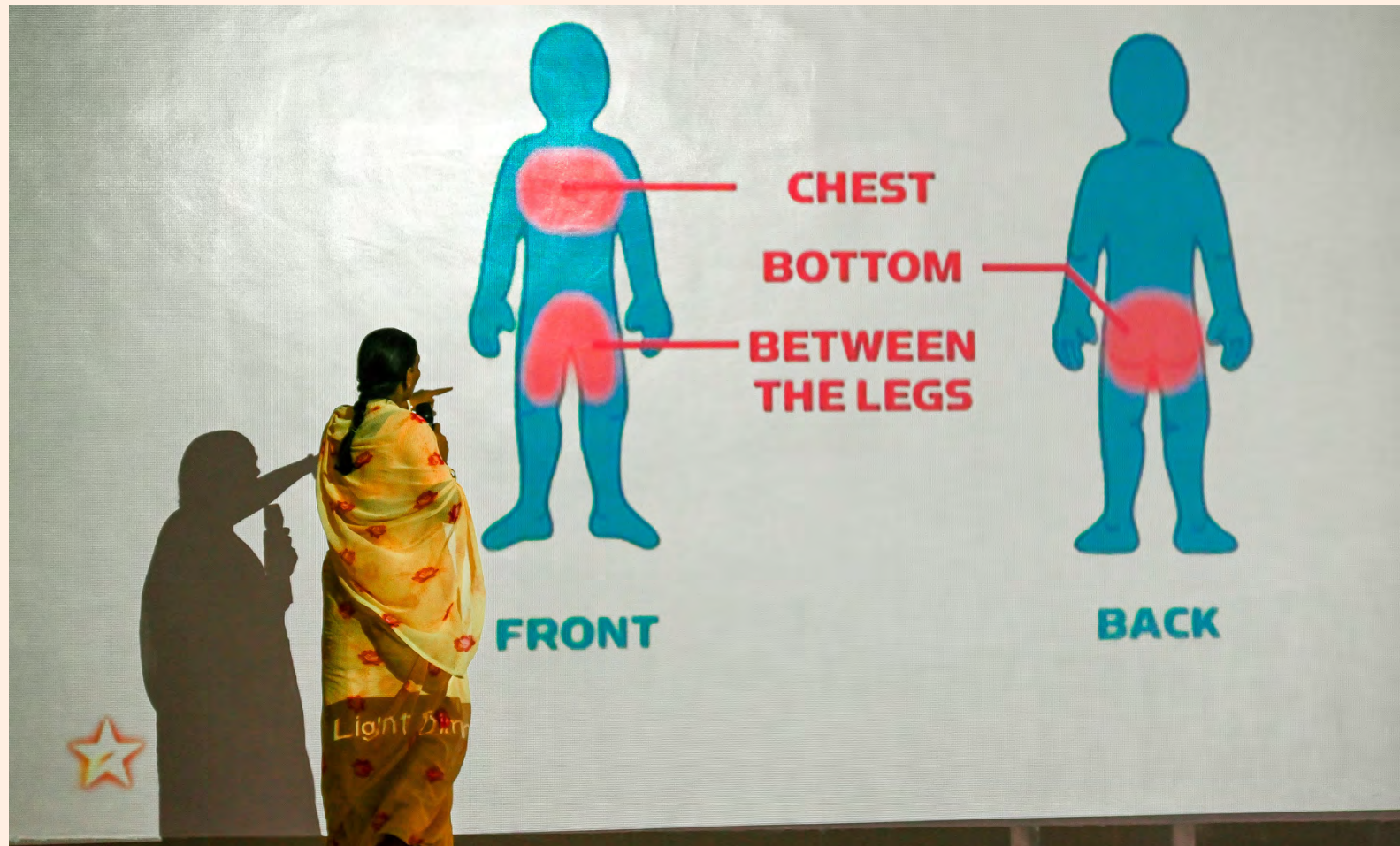
No Bad Touch Programme

Inside the "No Bad Touch programme", the No-Go-Tell strategy is an important aspect of the Aadarsh project which addresses abuse and harassment. They learn to be assertive and aware of the dangers surrounding them.

Then, the children learn about the dangers of social media and how to be careful online.

Results

Throughout the year, we have reached **880** children in **seven** different schools and in the **five** Sambhali centres in Jodhpur. A number of **34** workshops were conducted in the schools and centres.



Schools	Workshops
Army Public School	1
Santa Kids Public School	5
Raivati Public School	2
Rosemary Public School	9
K Star Public School	6
Kids and Kids Public School	2
Saint John Public School	2
Sambhali Centres	7



SAMBHALI SUTRA

Enabling women who graduated from the empowerment centres to gain financial independence through the Sambhali Boutique. Most of them had over a year of training with skilled trainers and quality equipment. Resources earned from handicraft products are going directly to the women an order for them to gain financial independence.

Sambhali Boutique

Sambhali Boutique opened in 2008 in the premises of the office. It offers a wide range of handicraft products made by the women who graduated from the empowerment centres.

The pandemic affected largely our sales, forcing us to shut down our boutique in downtown Jodhpur, because it was not profitable anymore. We lost partners and saw our sales sink.

Luckily, we still have some partners in France and we are currently working on other partnerships around the world. Unfortunately, going back to normal after Covid-19 has been very challenging, and we are currently working on finding other shops to sell our products throughout the world.

This year, we are slowly going back to our activities and we have seen an increase from the past couple years.

As tourism is back on track, we welcome people around the world to buy our products. We have mainly sold items to tourists and had orders from volunteers and partners in France. We have produced shirts, dresses, kurtis and traditional Rajasthani clothes.

We have currently one sewing graduate centre (Sambhali Dastakar) running, located at Sambhali HQ. There are currently 15 women working in the sewing centre. These women are graduates from the sewing classes provided in the centres, and are now able to make a living out of sewing. All of the money collected from the products goes to these women.

Visitors and Sales

Each month, there are between 22 to 25 visitors coming to the boutique, and about one to two big groups.

Sales from the visitors are around \$425 to \$485 per month.

The boutique survives mainly on international sales which represented \$3,250 last year.



ODHANI



SOFT TOY



JHOLA



Special Events

International Women's Day Awareness Rally

On March 16, 2023, we organised a solidarity march for the rights of women, and especially those who are underprivileged and oppressed. The event witnessed hundreds of people including women and girls from the centres and boarding homes, partners, volunteers, and Sambhali's team.



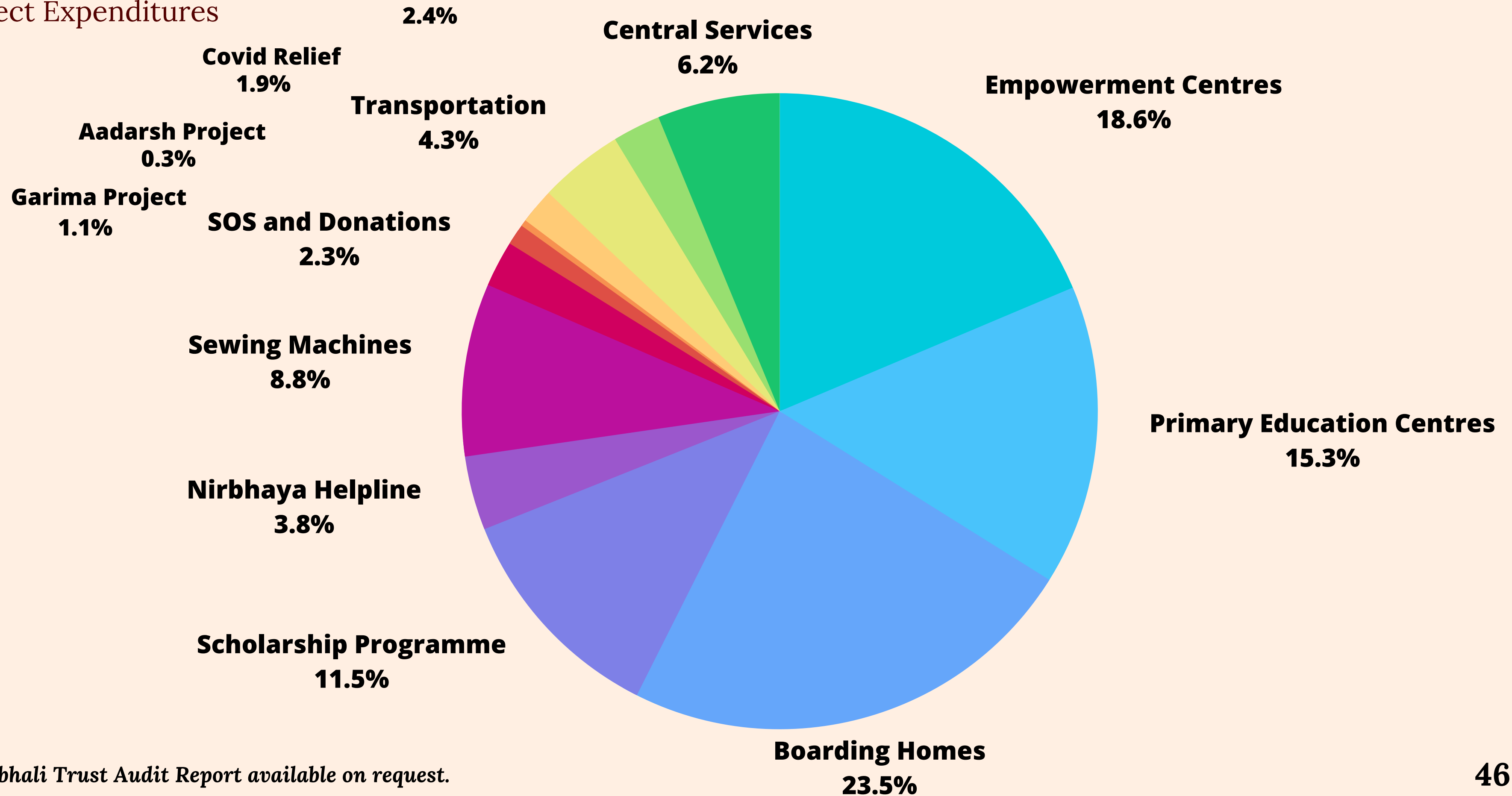
Pride Parade

On July 11th, 2023, the Garima project organised a Pride parade showing support for LGBTQ+ people in Jodhpur. Women, members of the LGBTQ+ community, volunteers and Sambhali's team participated in this solidarity march for pride, acceptance, and equality.



Finances

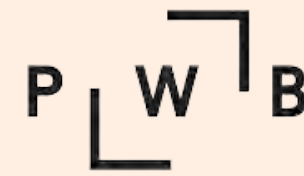
Project Expenditures



Partner Organisations and Supporters



CLICK & LEARN



Government of Rajasthan
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सत्यमेव जयते

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