

# Love With Boundaries Q/A Game

What makes you feel most loved? How do you like to be shown love?  
Bonus: Take the 5 love languages test and discuss your results

What does a healthy relationship look like to you?

What values are important to you in a relationship?

What does consent mean to you? How can and/or do we embody it in our relationship?

What's one area of our relationship that we are strong in? What's one area in that we can grow?

What is your mission in life?

If we are sexually active: What makes you feel good? What do you enjoy the most when we are intimate?

What are three things you love about me?

What is your favorite memory of us?

What does your upcoming weekend look like? What's one thing I can do to support you?

In our relationship, what are you most grateful for?

If you have or plan to have a child, what relationship advice will you share with them?

What is your perfect day?

Communication and setting and respecting boundaries are key to every relationship! Use this worksheet to learn more about each other and your relationship(s). How to play: Check off and take turns asking a question and then each of you responds to that question.

In what ways are we similar? In what ways are we different? How do we navigate our differences?

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When do you feel truly "alive"?

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What movie reminds you of us?

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If you could gain one skill tomorrow, what would it be?

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Do we know each other's boundaries? What are they? Are there any that we need to check in about?

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How can I best support your goals in life?

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How does the pace of our relationship feel? Is our relationship progressing at the kind of pace you are comfortable with?

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If you could go back in time, what would you tell your 13-year-old self?

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What are your relationship dealbreakers?

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What are your top 3 favorite songs, and why?

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What areas do we need to work on to build a healthier relationship?

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What movie or book character represents you?

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Are there any topics we avoid talking about? What makes us hesitant to discuss them?

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Survivor Support Resources:  
National Domestic Violence Hotline: 1-800-799-7233  
Domestic Violence Online Hotline: [www.thehotline.org](http://www.thehotline.org)

- What's the title of the current chapter of your life?  
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- In what ways do we explore our interests and connections with others outside our relationship? Do you feel like you have a solid identity outside our relationship?  
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- What game or movie universe would you like to live in?  
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- If you could change anything about the way you were raised, what would it be?  
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- What fictional place would you like to visit?  
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- What are the little things that make your day better?  
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- How do we express disagreements/conflicts in our relationship? What kind of work do we need to do in this area?  
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- What is the most courageous thing you've done?  
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- Who is your dream dinner guest (dead or alive)? What would the menu look like?  
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- Do you feel heard in our relationship? Do you feel you have an equal say in decisions that impact our relationship?  
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- If sexually active: What boundaries do you have when it comes to sex?  
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- What were some of the significant turning points in your life?  
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- What is your perfect 3-course meal?  
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- What is the sweetest moment you've ever witnessed?  
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- What key things have you learned about yourself and your needs from your past relationships?  
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- What is your most treasured memory?  
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- What life experiences shaped you the most?  
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- How would you describe your parent(s) or guardian(s) relationship with one another or with their other partners? What lessons did you learn from their relationship?  
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- What is a dream of yours that you have yet to pursue? Is there anything getting in your way of working towards this dream?  
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- What is the greatest accomplishment of your life so far?  
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- When did you last cry, and why?  
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- Who inspires you to be better?  
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- How would you describe yourself in high school?  
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- Where do you envision yourself in 5 years?  
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- Who/what provides a sense of home?  
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- What brings you joy?  
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This resource was adapted in collaboration with CHECK IT Humboldt.  
For more healthy relationship tools visit [joinrvcc.org](http://joinrvcc.org) and Instagram @transformitrvc