



Get Curious & Coach your Team

1. After watching the video, what's resonating with or coming up for you?

2. What does curiosity mean to you? How does it show up in your personal & professional life?

3. What stands in your way or holds you back from being more curious in your role? What is most challenging for you? What do you want to let go of to be more curious in your leadership?



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4. In your work, when do you wear your consulting hat? When do you wear your mentor hat? When do you wear your coaching hat?

5. What will you do to wear your coaching hat more?

6. In what ways will being more curious help you become a better leader?

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Before our next session, write down a time when you:

	What was the impact?	What did you learn?
Shifted into a Curiosity Mindset		
Asked a Powerful Question		
Saw someone as Naturally Creative, Resourceful, & Whole		

