



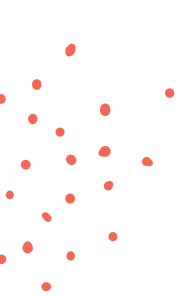
# Purpose Quadrants

Leader A + B Mindset - Reflect on the following questions:

Who are you when you're in **Leader A** mode? What **qualities** make up your Leader A?

Who are you when you're in **Leader B** mode? What **qualities** make up your Leader B?

What **triggers** you into **Leader B** mode?



# Purpose Quadrants

**Purpose Quadrants** – Do the following exercises as you listen to the video. Start by making some lists!

**Contribution:** Your highest & best use. The things you do that provide the most value to your team & the organization.

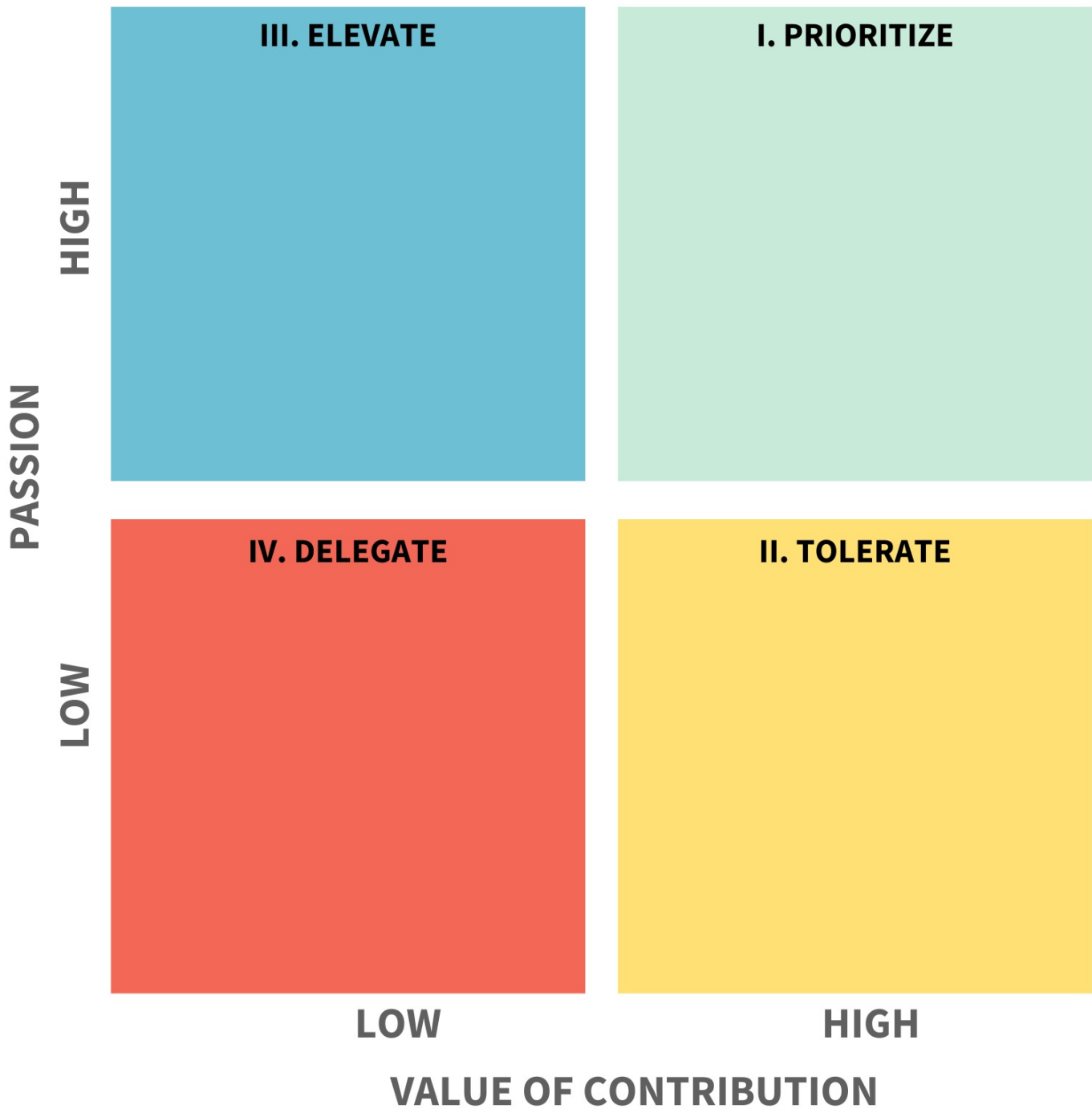
- What is my **highest & best** use?
- What would my **boss** say is my highest & best use?
- What would my **direct reports** say?
- What would my **peers** say?
- What would **clients** say?

**Passion:** The things that inspire you or excite you the most! The things you really look forward to doing!

- What do I **love** to do?
- Where do I **want to spend** time & invest **emotional energy**?
- What is it I want to be **learning**?
- What **stokes** my fire now?
- What gives me **energy, motivation & inspiration**?



# Purpose Quadrants



\*Source: *The Leader You Want to Be* by Amy Jen Su

# Purpose Quadrants

1. How does this information help you better understand your current level of motivation & energy?

2. What actions or changes will you make as a result of this information?

3. What ideas do you have for bringing this exercise to your team? How will it help them?

