

# Positive Behavior Supports

Joshua Levy, Executive Director of Joshua's Stage, introduction to The Creative Outlet Method, which supports participant's of all abilities to practice creativity, self-confidence, and social skills.




## Create the environment

Create a space where youth can be silly, creative, messy and supported. Facilitators are allowed to be playful as well!



## Prioritize Positivity




Celebrate youth's unique abilities and accomplishments with special rituals like the Ferris Wheel Round of Applause.

## Celebrate every child

Find and lift up the special skills, behaviors, and characteristics in your youth. Aim to celebrate accomplishments big and small!



## Focus on serving others



In order to be effective, practice understanding, patience, flexibility, and sincerity. This helps facilitators self regulate and gives you a sense of fulfillment as well in programming.

## Develop a relationship with each child

Build a personal and specific relationship with each youth in the room. Try learning about their interests to better connect!



## Find Sunshine

In a situation of elevated emotions, focus on the steps: Reflect, Analyze, and Engage in order to help find sunshine and positivity in the moment.

