MR 7.5 Paddler’s Guide:

1. All participants must listen to and follow the direction of the guides at all times. All participants must stay behind the lead guide boat and in front of the rear guide boat.

2. **All racers must wear a properly fitted, wearable (Type I, II, III) U.S. Coast Guard approved personal flotation device (PFD) while on the water. PFDs must be in serviceable condition. PFDs are included in rental fee; if you are bringing your own boat you will need to bring your own PFDs.**

3. All participants must be 5 years of age by the date of the event.

4. We recommend participants arrive at Coon Rapids Dam between noon and 12:30pm to get ready to start paddling at 1pm.

5. A pealess whistle must be attached to one person’s PFD in each boat. We will have these available to use for anyone that does not have one.

6. Each boat is required to have a mobile phone that can be used to place a phone call in the event of an emergency.

7. All participants must pull over and end at the Kroening Interpretive Center ramp or wherever the lead guide boat determines the tour ends.

8. If you rented a boat you are responsible to make sure the boat gets returned to the trailer at the end of the trip. Lost boats will incur a boat replacement fee.

9. Deliberate littering of the river is illegal. Paddlers must keep their trash in their vessel and dispose of it properly at the end of the tour.

10. All participants/guardians of Two Paddles events must agree to the “Amateur Athletic Waiver and Release of Liability” when registering for the event online and must sign the form just prior to paddling. This waiver is required by the United States Canoe Association for participation in this event.

11. All participants agree to appear in event-related photography, videography and media coverage.

12. All participants should understand that there are risks involved in this endeavor. All participants enter this tour at their own risk and will not hold this event’s organizers, officials or sponsors liable for accidents to and/or damage to any property.

13. In the event of inclement weather during the tour the course may be shortened or changed; start times, and finish times may be altered.

14. In the event of an emergency all participants should call 911 first and tour organizers second.

15. If a participant asks for your assistance in an emergency you are obligated to help them to the degree that you can without harming your boat or yourself.

16. Use of alcohol and/or mind-altering drug use is prohibited prior to and during the event.

17. All boats must be registered in the state of Minnesota except watercraft currently registered in another state and not kept in Minnesota for more than 90 consecutive days, or a watercraft owned by a person from another state that does not require licensing of that type of watercraft and it is not within Minnesota for more than 90 consecutive days, or watercraft from a country other than the United States and not kept in Minnesota for more than 90 consecutive days.
**Required Gear:**

If you are bringing your own boat: a properly fitted personal flotation device and a paddle for every participant

Pealess whistle in each boat (we will have these available for people to use)

Cell Phone in waterproof container

Water bottle for each person

**Recommended Gear:**

Personal flotation device

A dry bag or double-layered zip lock bags to keep belongings in.

Towel

Change of clothes in sealed plastic bag

Rain gear

Snacks

Garbage bag

Sunglasses

Sunscreen

Footwear that can get wet

Toilet Paper