

A GUITAR HERO
FINDS HIS JAM

THE SOUTH'S MOST
FAMOUS BLADESMITH

MAKE YOUR OWN
HARD SELTZER

GARDEN & GUN



SOUL of
the SOUTH
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The Southern Food Issue



25
RESTAURANTS
THAT ARE
WORTH A TRIP
P. 80

NASHVILLE SOUL
Fried chicken and sides from
Silver Sands Cafe.

VIRTUE
RESTAURANT & BAR
CHICAGO, ILLINOIS

The Borderless South

Is it possible that the best restaurant now interpreting the food of Black Southerners does business outside the South? Mark the ongoing impact of the Great Migration, when six million Black Southerners left for cities like Chicago, and what chef-owner Erick Williams does here in the Hyde Park neighborhood eats like destiny. His people came out of Mississippi. "When I was growing up, my parents warned me about going back home," Williams says. So the chef returned through the kitchen door. In homage to the lives his people made here, he pickles smoked turkey and cooks it down with collards. Gizzards come on dirty rice, drenched in skillet gravy. He serves velvet-fleshed roast chicken with stewed rutabagas that taste dank and sweet. Night after night, he makes whole the northern and southern halves of the South.—JTE

