

Our kitchens use all major allergens in one or more recipes, so we cannot guarantee that our food is completely free of any allergen. If you have a severe allergy, we do not recommend ordering from our restaurant. If you do order in store, before placing your order, please inform any of our team members or reach out to help@gookitchen.com, OR TEXT 310-954-1286

Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness; especially if you have a medical condition.

For all modifications (including proteins, sauces, and dressings) please see our a la carte section for further allergy information.

DISH	DAIRY	FISH	TREE NUTS	SEEDS	EGGS	SOY	SESAME	VEGAN	GARLIC
BOWLS AND PLATES									
G-Polte Taco Crunch Bowl	Choose No Cheese			X		X		Choose Mushroom Carrillas, No Cheese	X
The goop Teriyaki Bowl*		*When miso salmon is selected		X		X	X	Choose Tofu	X
Mediterranean Goddess Bowl	Choose no Soccata & no Feta					*When Salsa Verde is selected			X
The Hollywood Protein Bowl*	Choose no Soccata	Choose no Salmon	Choose No Superseed	X	X	X	X		X
Spring Salmon Bowl *		X	Choose No Superseed	Choose No Superseed		X	Choose No Superseed		X
SALADS									
Little Gem Caesar Salad	In parmesan and Spicy Calabrian Caesar Dressing					In Ranch dressing option		Remove parmesan and select caesar dressing (spicy caesar contains dairy)	X
The Greenest Green Salad			In the crunchies served on the side	In the crunchies served on the side and Chickpeas and Pesto			In the crunchies served on the side	X	Choose remove chickpeas. Also in the crunchies on the side
GP's Classic-ish Cobb*	Choose No Blue Cheese				Choose Remove Egg				Remove Tomatoes
Everyday Kale and Brussels Salad	Choose No Cheese			In the crunchies served on the side				Choose No Cheese	In the crunchies served on the side
Spring Roll Salad			X	X		X	X		X
Seasonal Chopped Salad	Choose No Cheese		Choose No Almonds			In Ranch dressing option		Choose No Cheese	In the crunchies served on the side
Brentwood Chinese Chicken Salad			In the crunchies served on the side	X		X	X		X
The BEST Arugula Salad	Choose No Parmesan							Choose No Parmesan	Crispy Shallots/Capers on side
Not So Simple Salad								X	Remove Tomatoes
Smokeshow Salmon Salad		X			Choose Remove Egg				X
HANDHELDS									
Turkey Thai Lettuce Wraps			X	X		X	X		X
Tofu Thai Lettuce Wraps			X	X		X	X	X	X
Summer Salad Rolls			X	X		X	X	X	X
Chicken Salad Lunchbox			X	X		X	X		X
Curry Chicken Salad Summer Rolls									X
The Nosh Box				In Hummus Option		In GCC Ranch option	In Hummus Option	X	X
SOUPS AND SIDE SALADS									
Greener On The Other Side Soup								X	X
Japanese Sweet Potato Soup						X		X	X
Turmeric Spiced Chicken Bone Broth									
Not So Simple Salad								X	Remove Tomatoes
The BEST Arugula Salad	Choose No Parmesan							Choose No Parmesan	Crispy Shallots/Capers on side
Everyday Kale and Brussels Salad	Choose No Cheese			In the crunchies served on the side				Choose No Cheese	In the crunchies served on the side
Little Gem Caesar Salad	Remove Parmesan and Choose GCC Caesar Dressing (Spicy Caesar contains Dairy)					In GCC Ranch Dressing Option		Remove Parmesan and Choose GCC Caesar Dressing (Spicy Caesar contains Dairy)	X
DESSERTS									
Coco Chocolate Chip Cookies			X					X	
Dark Chocolate & Sea Salt Brownies			X		X				
DRESSINGS									
GCC Dijon Mustard Vinaigrette								X	
GCC Cashew Vinaigrette			X	X		X	X	X	X
GCC Carrot-Ginger Vinaigrette				X		X	X	Contains Honey	X
GCC Miso Vinaigrette				X		X	X	X	X
GCC Ranch Dressing						X		X	X
GCC Maple Mustard Vinaigrette								X	
Spicy Calabrian Caesar Dressing	X								X
GCC Caesar Dressing								X	X
GCC Greek Goddess Dressing			Contains Coconut					X	X
GCC Lemon Vinaigrette								X	
GCC Red Wine Vinaigrette								X	X
GCC Herby Mustard Vinaigrette								X	X
GCC Apple Cider Vinaigrette								X	
SAUCES									
GCC Teriyaki Sauce				X		X	X	X	X
GCC Arbol-Amarillo Salsa (IYKYK)				X			X	X	X
GCC Shallot-Garlic Chili Crunch Oil				X			X	X	X
GCC Salsa Verde						X		X	X
GCC Pineapple Mango Chutney									X
GCC BBQ Sauce						X		X	X
GCC Chimichurri								X	X
GCC Buffalo Sauce				X		X	X	X	X
GCC Garlic Aioli								X	X
GCC Herby Aioli (GCC Tartar Sauce)								X	X
A LA CARTE PROTEINS AND SIDES									
Hand-Pulled Organic Chicken									X
Smoked Salmon		X							
Herb-Roasted Salmon*		X							X

