

NSW National Teams Activities
Junior Activities
Senior Activities
Misc Events
Kit Order
Box Lacrosse Activities

2024 Season High Level Breakdown				
Block Number	Start Date	End Date	Type of Lacrosse	Game Dates
0	15-Nov-23	13-Dec-23	Box Training (23-24 Season) - Pre Christmas	
0	10-Jan-24	14-Feb-24	Box Training (23-24 Season) - Post Christmas	
1	31-Jan-24	20-Mar-24	Seniors' Sixes Lacrosse- 3 weeks training followed by 1 sixes game then cycle continues	28th Feb & 20th March
1	18-Feb-24	17-Mar-24	Junior Autumn Block	17-Mar-24 (Sydney)
0	21-Feb-24	25-Feb-24	Seniors Box Nationals	N/A
Lacrosse Kit Order- Due Date 1 March 2024				
Seniors Off Weeks (27th March & 3rd April)				
1	7-Apr-24	7-Apr-24	Junior High Intensity Clinic (Location TBC)	7-Apr-24
0	8-Apr-24	27-May-24	Endurance High Performance Training Sessions (8 fitness sessions held on Monday nights)	N/A
2	10-Apr-24	31-May-24	Field Lacrosse Training focus block	1st May & 29th May
0	21-Apr-24	19-May-24	Senior Field Nationals High Intensity Clinics	21st Apr, 5th May, 19th May

0	5-Jun-24	9-Jun-24	Senior Field Nationals	N/A
Seniors Nationals followed by Off Week (5 June & 12 June)				
2	26-May-24	30-Jun-24	Junior Winter Block	30-Jun-24 (Central Coast)
Lacrosse NSW Awards Night- 29 June- Venue TBC				
Off Weeks/Season: Seniors (12th June to 7th August), Juniors (7th July to 15th September)				
Lacrosse NSW AGM - 13th August				
	7-Aug-24	28-Aug-24	Learn to Play Sessions	Saturday 31 August 2024 Game with Canberra
Lacrosse Kit Order- Due Date 7 August 2024				
3	4-Sep-24	13-Nov-24	Sixes Lacrosse- 3 weeks training followed by 1 sixes game then cycle continues	25th Sept, 23rd Oct, ECC Games, Canberra Friendly (TBD)
3	15-Sep-24	15-Sep-24	Junior Clinic	N/A
3	20-Oct-24	17-Nov-24	Junior Spring Block	17-Nov-23 (Newcastle)
U15's National Tournament- Mon, 30 Sep 2024 - Sun, 6 Oct 2024 (Adelaide SA)				
	TBD	TBD	Box Training (24-25 Season TBD)	
Lacrosse NSW End of Year- Saturday 23 November 2024- Venue TBC				
End of Season				