

LUNCH

TPC SIGNATURES

OUR PIES ARE SERVED WARM WITH GREENS AND A SAVORY HERB Scone
ADD CARROT FRIES, SOUP, OR CHIA PUDDING... 3.15

TOMATO PIE... 7.95

SIGNATURE TOMATO PIE

DOUBLE... 12.95

GLUTEN-FREE... 9.35

QUICHE... 8.30

BAKED IN OUR OWN PIE SHELL

THREE CHEESE • FEATURED

CARROT FRIES... 6.50

THICK CUT BAKED CARROT FRIES SPRINKLED WITH SEA SALT AND DILL SAUCE FOR DIPPING

TOMATO BISQUE • SOUP DU JOUR... 5.25

SUMMER SWEET CORN CAKES... 10.50

HOUSEMADE CAKES SERVED ON BED OF GREENS.

SERVED WITH CHOICE OF CARROT FRIES, SOUP, OR CHIA PUDDING.

SOUTHWEST GRAIN BOWL... 8.65

ANCIENT GRAINS, BLACK BEANS, ROASTED RED PEPPERS, GRILLED CORN, TOMATOES, AND AVOCADO.

SERVED WITH CHIPOTLE RANCH DRESSING. ADD CHICKEN.. 3.15

CILANTRO LIME BOWL... 10.50

ANCIENT GRAINS AND BROWN RICE TOSSED WITH SAUTÉED SPINACH, RED ONIONS,
TOMATOES, GARLIC MUSHROOMS AND AVOCADO. FINISHED WITH CILANTRO LIME DRESSING.

ADD CHICKEN... 3.15

BURGERS

SERVED WITH GREENS OR GOURMET CHIPS

SUB FOR CARROT FRIES, SOUP, OR CHIA PUDDING... 3.15

TPC BEEF BURGER... 11.95

COOKED MEDIUM WITH SWEET SRIRACHA AIOLI, RED ONIONS, TOMATOES, AND GREENS ON PRETZEL BUN

SWISS TURKEY BURGER... 9.80

TURKEY BURGER ON A GRILLED PRETZEL BUN WITH ROASTED MUSHROOMS

SWISS CHEESE, STAR BALSAMIC, AND SPINACH.

SOUTHWEST BEAN BURGER... 8.95

HOUSEMADE BURGER ON A VEGAN BUN TOPPED WITH SPINACH, RED ONION, AND SWEET SIRACHA.

BURGER ADD-ONS... 1.40

VERMONT CHEDDAR • SWISS

CARAMELIZED ONIONS • ROASTED MUSHROOMS • AVOCADO • SPINACH • EGG

GLUTEN FREE BREAD... 1.65

 VEGAN •  GLUTEN-FREE

DESPITE OUR CAREFUL PRECAUTIONS, WE ARE NOT A GLUTEN-FREE FACILITY

**CONSUMING RAW OR UNCOOKED MEATS, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

TAKE TWO



CHOOSE TWO ITEMS FROM THE MENU WITH OUR LOGO



1/2 SANDWICH • 1/2 SALAD • SOUP... 10.85

SANDWICHES

SANDWICHES SERVED WITH GREENS OR GOURMET CHIPS
SUB FOR CARROT FRIES, SOUP, OR CHIA PUDDING... 3.15

CHIPOTLE CHICKEN WRAP... 9.25

GRILLED CHICKEN, SPINACH, BLACK BEANS, GRILLED CORN, ROASTED RED PEPPERS,
CHEDDAR CHEESE, RED ONIONS, AND CHIPOTLE RANCH.
SERVED WITH CHIPS OR GREENS.



TPC GRILLED CHEESE... 8.75

SWISS & VERMONT CHEDDAR CHEESE ON GRILLED SOURDOUGH
ADD BACON... 2.50 ADD ROASTED GARLIC MUSHROOMS... 1.25



HAM & BRIE PANINI... 10.30

SLICED HAM, BRIE CHEESE, FRESH BASIL LEAVES, AND RASPBERRY HONEY MUSTARD
SERVED ON CIABATTA BREAD.



PESTO CHICKEN PANINI... 10.45

CHICKEN, CARAMELIZED ONIONS, MOZZARELLA CHEESE, ROASTED RED PEPPERS,
AND PESTO AIOLI ON CIABATTA BREAD.



CURRY CHICKEN SALAD WRAP... 9.10

CHICKEN, GRAPES, ONION, ALMONDS, AND CELERY IN A COCONUT CURRY MAYO TUCKED IN A WRAP.



VEGGIE WRAP... 8.25

SPINACH, TOMATOES, RED ONIONS, AVOCADO, AND MUSHROOMS WITH DILL SAUCE.



COLD HAM AND SWISS... 8.65

SMOKED HAM, SWISS AND GREENS ON MULTI-GRAIN BREAD.
YOU CHOOSE THE SAUCE: SWEET SRIRACHA, PESTO MAYO OR RASPBERRY MUSTARD

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SALADS

SALADS ARE SERVED WITH OUR SIGNATURE SAVORY HERB SCONES (NOT GF)

ADD: CHICKEN...3.15 BACON...2.95 HARD BOILED EGG... 1.25 AVOCADO... 2.50



CURRY CHICKEN SALAD... 9.65

CHICKEN, GRAPES, CELERY, ONION, COCONUT, AND ALMONDS IN A MILD CURRY MAYO
SERVED ON FRESH GREENS

KALE COBB SALAD... 10.85

KALE, BACON, AVOCADO, TOMATO, HARD BOILED EGG, BUTTERNUT SQUASH, FETA, AND ONION



TPC HOUSE SALAD... 7.50

CARROTS, TOMATOES, RED ONION, MONTEREY JACK, AND CHEDDAR CHEESE ON MIXED GREENS

• DRESSING CHOICES •

HONEY STAR BALSAMIC • OLIO LEMON HOUSE • CILANTRO LIME
CREAMY PARMESAN • RASPBERRY HONEY MUSTARD • CHIPOTLE RANCH



ALL DRESSINGS ARE GLUTEN-FREE