



BRUNCH

Served daily from 11am - 2pm

SEASIDE SCRAMBLE \$8
Scrambled eggs, bacon, red onions, spinach, tots, tomato, & shredded cheese in a bowl

BEACHSIDE BURRITO \$7
Scrambled eggs, shredded cheese, sausage, & bacon. Served with fresh salsa

WAVEY WAFFLE \$9
belgian waffles sprinkled with confectioners sugar, fresh strawberries, whipped strawberry butter & maple syrup

SURFER SPREAD \$12
Avo slices, tots, bacon, scrambled eggs, & toasted sourdough

AVO TOAST \$6
avo on sourdough with evoo, crushed red pepper flakes & sea salt
add scrambled egg + \$2

BREAKFAST SANDWICH \$9
Eggs, bacon, spinach, avo, american cheese, on sourdough. Served with tots

BACON - 2 STRIPS \$3
AVO \$2
TOTS \$3
SCRAMBLED EGGS \$2
WAFFLES \$6

COFFEE

Unless requested otherwise, All drinks are made with soy mylk & roasted with Canyon Coffee

DRIP COFFEE - 12 OZ \$4
ICED COFFEE - 16 OZ \$4.50
MATCHA LATTE - 12 OZ \$5
2oz matcha + 10oz mylk
ICED MATCHA LATTE - 16 OZ \$5.50
LATTE \$5
2oz espresso + 10oz mylk
ICED LATTE - 16 OZ \$5.50

Mylk: Soy mylk, Coconut Mylk, Oat Mylk
Syrup: Vanilla, Salted Caramel, Agave
Toasted Marshmallow, Brown Sugar Cinnamon
Creamer: French Vanilla, Hazelnut

CRAFT COFFEE

SEA SALT CARAMEL ICED LATTE \$6
2oz espresso, salted caramel syrup, 10 oz mylk, caramel drizzle, & sweet cream cold foam

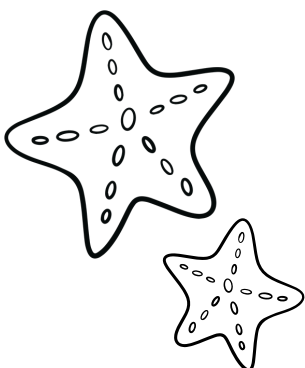
DESERT SUN ICED LATTE \$6
2 oz espresso, brown sugar cinnamon syrup, 10oz mylk, sweet cream cold foam, cinnamon sugar

STRAWBERRY MATCHA ICED LATTE \$6
iced matcha latte, agave, strawberry cold foam

PASTRIES

\$4
BANANA NUT BREAD

\$4
CINNAMON ROLL



coastal
COWGIRL





LUNCH

Served daily from 11am- til

COASTAL COWGIRL BURGER \$12

American cheese, onion straws, bacon, jalapeños, bbq sauce. Served with chips

BURGER \$11

Lettuce, tomato, american cheese, red onions, ketchup, mustard. Served with chips

SALMON BURGER \$13

Medium well salmon, tangy slaw, pickled onion, dill aioli, Served with chips

SALMON BOWL \$13

Medium well salmon, white rice, mango salsa

TACOS \$10

Two flour tortillas, seasoned beef, spring mix, tomato, shredded cheese, salsa. Served with chips & salsa

SWEET POTATO TACOS \$12

3 flour tortillas topped with sweet potato, tangy slaw, pickled onion, & mojo sauce

STREET CORN DIP \$7

Served with tortilla chips
make a loaded nacho of \$12

BALT \$8

Bacon, avo, leaf lettuce, tomato, on sourdough and served with chips

BEACH BOWL

BUILD YOUR OWN BOWL \$9

PICK YOUR BASE:

Spring Mix, Spinach, White Rice, or Cilantro Lime Rice

TOPPING: SELECT 5

tomato	shredded cheese
red onion	cucumber
tangy slaw	white corn
pickled onion	strawberries
avocado	candied walnuts
black beans	feta
salsa	sour cream
corn salsa	

DRESSING:

Ranch, Chipotle Ranch, Balsamic

PROTEIN

Chicken	+\$5
Salmon	+\$8
Bacon	+\$3

SALADS

CHICKEN BACON RANCH \$12

Spring mix, bronzed chicken, shredded cheese, bacon, tomato, with ranch

GARDEN SALAD \$9

Spring mix, tomato, cucumber, red onion, avo, with balsamic

SALMON SALAD \$14

Spring mix, strawberries, feta, candied walnuts with balsamic

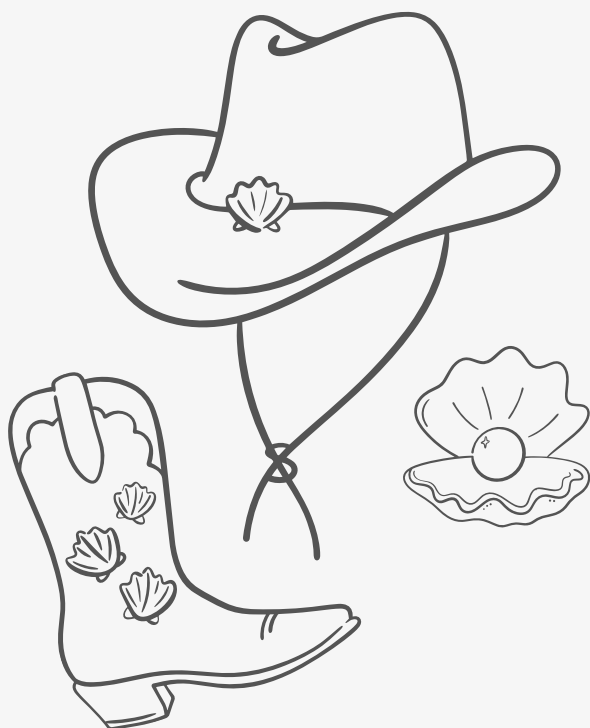
SIDES

BAKED TOTS	\$3
BBQ OR SEA SALT CHIPS	\$1.50
WHITE RICE	\$3
CILANTRO LIME RICE	\$3
TANGY SLAW	\$3

DESSERTS

CHURROS	\$5
---------	-----

COASTAL COWGIRL CAFE



MOCKTAILS

MELON MIST \$7
Watermelon juice, strawberry, cane sugar

MANGO LEMONADE \$7
Mango, lemonade, cane sugar

SMOOTHIES

VIBE \$11
Strawberry, soy mylk, avo, collagen, agave, soy mylk, coconut cream, & strawberry puree

TROPICAL PARADISE \$11
Pineapple, mango, banana, agave, coconut mylk, coconut cream, vanilla, mango puree

STRAWBERRY SHORTCAKE \$11
Strawberry, soy mylk, vanilla plant based protein powder, coconut cream, strawberry puree & strawberry shortcake granola

SEASHELL SUNRISE \$11
Strawberry, pitaya, agave, soy mylk, coconut cream, pitaya puree, cashew butter,

WILD WILD WEST \$10
Pitaya, strawberry, banana, agave, soy mylk, pitaya puree, plant based protein, coconut cream

CACTUS COOLER \$9
Pineapple, banana, spinach, vanilla, agave, coconut mylk,

PASSIONFRUIT \$10
Pineapple, banana, mango, water, passionfruit juice, water, agave, coconut flakes

SMOOTHIE ADD ONS:

Chia Seeds	\$1
Chia Seed Pudding	\$1.50
Protein Powder	\$2
Collagen	\$2
Colostrum	\$3

Coastal
COWGIRL  cafe