

# Seeing Jesus in Solitude

Date 6/4/22 Chapter(s) Psalm 23

1. **CONNECT** with your heart.

I am feeling happy & relieved after talking with X.

I am nervous about our project deadline.

I am irritated by how Y is treating Z.

2. **SURRENDER** through Prayer.

Heavenly Father, You are Glorious and Gracious. I surrender to you. I want and need You and Your Word.

Please give me a great and deep experience of your love in the Gospel of Jesus. Amen.

3. **LISTEN** to the Scriptures.

4. **MEDITATE** on a portion of the Scriptures.

Reference Psalm 23:1

Meditations "The LORD is my Shepherd; I shall not want."

1 - This passage promises that the Lord's sheep will not 'want.' They will not lack what they truly need. This has always been the case in my life. And this will always be the case.

2 - This verse reminds me that the LORD knows what I actually need. He is the Loving and Wise Shepherd. I am the foolish and finite sheep.

3 - The Shepherd / Sheep relationship encourages me. The Lord, like a Shepherd, has tied His "Success" to my well-being. He in some way "succeeds" when I am safe and healthy.

4 - Jesus is the Good Shepherd who lays down His Life for the sheep. After being a perfect and trusting sheep during His Life...AND...After being a perfect Shepherd who fed, cared for and protected his disciples ...Jesus went to the cross to pay for my stubborn rebellion (as a sheep) and to pay for my selfishness (as a leader).

5. **PRAY** through your Pen.

## Adoration

Praise the Father for His Attributes and Actions

Lord, You are my Shepherd.

I praise You for your patience, your wisdom, your generosity, and your strong protection against the roaring lion who seeks to devour me.

## Confession

Acknowledge your Sinfulness, Folly and Limitations

Forgive me for not being more grateful for all that You have provided to me in my life...family, finances, opportunities, etc.  
Forgive me for being anxious about the future and not trusting that You will provide as you always have.  
Forgive me for thinking of my wants as needs.

## Thanksgiving

Thank Jesus for Past, Present and Future Salvation

Thank you, Jesus, for trusting the Father's heart, provision, and plan during your life.  
Thank you for leading your disciples so selflessly, putting their needs ahead of your own.  
Thank you for laying down your life for your sheep to rescue us from eternal danger.

## Supplication

Ask the Spirit to Transform you in particular ways

Holy Spirit, give me grace to see where I am being stubborn in my life and where I am doubting the Goodness and Wisdom of the Father.  
Please increase my gratitude for all that You have done for me. And please increase my faith to believe all that You promise in the Gospel.

6. **DISCERN** "Next Steps."

Talk with the family about how my lack of faith in God's Promises causes me to be anxious... which makes their life less enjoyable and more stressed.

7. **SHARE** with Gospel Community.

I don't trust God for the future even though He has been faithful in the past. Jesus always trusted in His life and trusted The Father with His Life when he died for my rebellion.