## **Action Page:**

## **Support Emergency Contraceptive Access in [State]**

Decisions about emergency contraception (EC) are time-sensitive and can feel overwhelming. That's why it's imperative that people can access the form of emergency contraception that is right for them without having to worry about whether or not it's covered by insurance.

But our outdated emergency contraception laws make it difficult to access the full range of EC options, essentially limiting people to one form, which may not be right for them. **It's called** *emergency* **contraception for a reason**. [State] must update its laws to ensure that people can access all forms of EC without having to jump through unnecessary hoops that delay time-sensitive care.

[Bill Name] ([Bill Designation]) creates a statewide standing order (coordination between a physician and a pharmacist allowing the pharmacists to dispense a particular medication) for both prescription and over-the-counter emergency contraception. A statewide standing order would:

- Ensure that everyone can access the emergency contraception that's right for them without delay.
- Make insurance coverage possible for all forms of emergency contraception.

Reproductive health care emergencies can happen to anyone at any time. Our laws must support people in these scenarios to ensure that they can get the care that's right for them without delay and breaking the bank.

Contact your legislators in support of [Bill Name] now!

## **Email A- Have co-sponsored**

Subj: Thank you for supporting emergency contraceptive access

Dear (Legislator Name),

Thank you for supporting [Bill Name]. As your constituent, and someone who cares deeply about reproductive freedom and access to time-sensitive reproductive health care, I am very grateful for your leadership on this very important issue, and I humbly ask that you make every effort to advocate for this bill's passage.

Our emergency contraception laws are out-of-date and make it difficult for patients to get the care that is right for them. For all intents and purposes, our laws limit patients' options to one form of emergency contraception—Plan B One-Step®—which is not right for everyone. In order to access another, sometimes more effective form of emergency contraception, patients must set up an appointment with a physician, meet with their provider, and get the prescription in a very short period of time to ensure that the contraception is effective.

We must ensure that all forms of emergency contraception are available to patients when and where they need it.

Thank you again for supporting this important legislation. Protecting and expanding the reproductive freedom of [State] residents is more important than ever, and I hope that you will play an active role in passing this legislation.

Sincerely, NAME

## Email B- Not a co-sponsor

Subj: Support An Act to Improve Access to Emergency Contraception

Dear (Legislator Name),

As your constituent, and someone who believes strongly in reproductive freedom for all [State] residents, access to essential reproductive health care, like emergency contraception (EC), is very important to me. That's why I support [Bill Designation] [Bill Name] and I hope you will cosponsor the bill.

Our outdated emergency contraception laws make navigating a reproductive health care emergency unnecessarily difficult for patients. Most patients access emergency contraception at their local pharmacy because it's much easier than trying to schedule an appointment with a provider. As a result, the most common form of emergency contraception given to patients is Plan B One-Step<sup>®</sup>, which can be dispensed over the counter by pharmacists, and, without a prescription, must be paid for out of pocket. While Plan B One-Step<sup>®</sup> is safe and effective, it is not the right form of EC for everyone, and can be less effective among certain populations.

[Bill Name] would create a statewide standing order for prescription and over-the-counter EC, ensuring that patients can get the form of contraception that is right for them, without having to

navigate barriers that delay this emergency care. Additionally, a statewide standing order would ensure that all forms of emergency contraception can be billed through insurance, ensuring that cost isn't a barrier to this time-sensitive reproductive health care

I humbly request that you sign-on to sponsor this legislation and support its passage.

Sincerely, NAME