



**The City of Half Moon Bay
The San Mateo County Office
of Emergency Services
Coastside Fire Protection District
&
La Honda Fire Brigade
Present
CERT
**Community Emergency Response Team
Training****

The hosting agencies will be holding a CERT training on four consecutive Thursday evenings starting April 3rd through April 24th from 6:00PM to 9:30PM and a final exercise Saturday April 26th from 8:30-4:30 PM. No registration fee is required. Student manuals will be available electronically. A personal response pack and a CERT field operations guide will be provided. A drill will be held on the last day to practice the skills you have learned. The class will provide 20 + hours of FEMA designed training for citizens to become trained to assist First Responders during disasters.

This is a very rewarding and “fun” way to learn techniques for search and rescue, triage, Incident Command structure, emergency communications and more with your neighbors and friends.

To register for the course contact Michele Ortiz @ 650-726-5213 or mortiz@coastsidefire.org Capacity will be limited to 40 participants. Sign up early to ensure you can take care of your family and help your community when the next emergency strikes.





Class #1 Thursday April 3

6:00 pm – 9:30 pm

Disaster Awareness & Preparedness

- Registration/Introduction
- Disaster types, history & probability
- How to prepare before it happens
- What to do when a disaster strikes
- Natural gas, water & electrical controls
- Earthquake, Tsunami, Wildfire Awareness

CERT Incident Command System

Class #4 Thursday April 24

6:00 pm – 9:30 pm

Light Search & Rescue

- Classifying damaged buildings
- Interior search patterns
- Lifting heavy objects
- Victim carry techniques
- Review

Class #2 Thursday April 10

6:00 pm – 9:30 pm

Fire Safety

- Types of fire & use of extinguishers
- Hazardous materials in the home/workplace
- Reducing Fire Hazards at Home & Work
- Documentation
- Communications

Managing the Disaster

Class #5 / Final exercise /Graduation

Saturday April 26, 2014 at the Fire House

8:30 am – 4:30 pm

Skills Development & Applications

- Disaster Psychology
- Terrorism
- Review
- Extinguishing Fires
- Triage and treating victims
- Extricating victims trapped by heavy timbers
- Interior search for reported missing persons
- Course Review
- Graduation

Class #3 Thursday April 17

6:00 pm – 9:30 pm

Medical – Part I &II

- Stopping bleeding & controlling shock
- Burns fractures & other injuries
- ABC's of life saving
- Triage
- Treatment Areas
- Head to Toe Assessments
- Burns
- Wound Care

Fractures, Sprains, & Strains

Participant

Manual

Available—>



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Location:

Thursdays

**537 Kelly Avenue
Half Moon Bay, CA
Coastside EOC**

Location:

Saturday Final

**1191 Main Street
Half Moon Bay, CA
Fire Station 40**