HOW SHOULD PEDIATRICIANS APPROACH trauma-informed care?

When it comes to preventative care, doctors often lack the amount of time needed to properly screen for signs of trauma in kids. In addition, because pediatricians are mandated reporters for issues like child abuse, trauma is often seen as a “Pandora's box.” If we open the lid, we may not know what will come to light.

Guest expert and child abuse pediatrician/child psychiatrist, Dr. Brooks Keeshin, discusses the critical need for pediatricians to prepare clinical settings with systems in place to provide trauma-informed care.

What does a trauma-informed clinical practice look like?

Providers should have:
1. Knowledge about trauma
2. Knowledge about workflow and protocols so they don’t have to be uneasy about disclosures of trauma
3. The ability to refer to the right type of mental health provider
4. Immediate suicide prevention care services available

Listen to the episode “How Healthcare Providers Can Foster Resilience” to learn more.