

# THE MY LIFE MY CHOICE PREVENTION SOLUTION MODEL



**A blueprint for service providers working with youth experiencing marginalization in an effort to prevent commercial sexual exploitation and re-victimization.**

Through more than 20 years of offering groundbreaking programs and trainings, as well as survivor-led mentoring to youth who have been exploited, My Life My Choice has amassed extensive experience and knowledge. We continue to pioneer best practices for prevention.

**“ALL CHILDREN WALKING THROUGH OUR PROGRAM DOORS ARE AT RISK OF EXPLOITATION, WHETHER THEY HAVE HISTORIES OR NOT. TO BE A PROGRAM THAT PROVIDES EDUCATION, RESOURCES, AND HONESTY WITHIN THE MY LIFE MY CHOICE PREVENTION MODEL, IT CREATES A SAFE SPACE FOR ALL OF OUR KIDS TO EXPLORE THEIR VULNERABILITIES, BUT MORE IMPORTANTLY HARNESS THEIR STRENGTHS IN FINDING THEIR VOICE AND CHOICE ALONG THE RECOVERY JOURNEY.”**

- KRISTEN CORKUM,  
ASSISTANT CLINICAL DIRECTOR,  
COHANNET ACADEMY

## **AWARENESS IS NOT ENOUGH.**

Effective prevention encompasses changes in attitudes, knowledge, and skills.



### **SHIFTS IN BEHAVIOR.**

Empowering youth through prevention education  
Our survivor-led Exploitation Prevention Curriculum has become the standard. We have trained service providers in more than 43 states.



### **SHIFTS IN PRACTICE & POLICY**

Building your organization's capacity for impact through advanced trainings and policy development  
Our survivor-led, expert trainers provide the skills, tools, and pathways to shift policies and practice to decrease risk of exploitation and make you most effective in your prevention efforts.



### **SUSTAINED SYSTEM-WIDE CHANGE**

Becoming a My Life My Choice partner and tapping into the power of the My Life My Choice community  
Our seasoned team provides partners with continued support and consultation.

# SHIFTING THE WAY VULNERABLE YOUTH ARE SERVED



## SHIFTS IN BEHAVIOR

### Empowering youth — the My Life My Choice Curriculum

Developed in 2002, our curriculum is:

- Survivor-informed and research based
- Designed for secondary and tertiary prevention—aiming to reach the most disproportionately vulnerable youth
- Evaluated through a National Institute of Justice grant



## SHIFTS IN POLICY & PRACTICE

### Advanced trainings and policy development

Our prevention training menu includes:

- The Commercial Sexual Exploitation of Children: Understanding and Responding to Victims
- Becoming a Certified Facilitator of the My Life My Choice Exploitation Prevention Curriculum
- Advanced Residential Leadership Institute
- My Life My Choice Advanced Clinical Training



## SUSTAINED SYSTEM-WIDE CHANGE

### Implementation and best practices

We offer ongoing consultation around best policies, implementation, and sustainability including:

- Programmatic policy development
- Advanced data collection and customized reporting on outcomes aligned with national research
- Ongoing support and networking with other prevention providers through our online community

## PARTNER WITH US

Become part of a community committed to preventing the commercial sexual exploitation of children. We offer a menu of prevention solutions tailored for partners serving youth at risk of commercial sexual exploitation.