



FACTS FOR THE FAMILY



ON THE CALENDAR FOR TODAY

BEHAVIOUR & THINGS I NOTICED

MEALS

We last ate: _____ Snacked on: _____

When: _____ What: _____ When: _____ What: _____

KIDS' HEALTH

Diapers notes: _____

Kids were bathed: YES NO

Brushed their teeth: YES NO

WE DID ALL THIS

Got ready for school

Cooking / baking

Homework

Music / drama

Read books

Dance

Arts & crafts

Computer time

Outside play / exercise

Other _____

MESSAGE FOR PARENTS

Check for school notes: YES NO

