



## Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
1.	163	Sam Juson	M	Croft Ambrey RC	36:40	Senior Male	1st
2.	175	Ryan Knight	M	Western Tempo	38:15	Senior Male	2nd
3.	182	Gareth Leek	M	Croft Ambrey RC	38:18	Senior Male	3rd
4.	225	William Morris	M	Hereford Couriers	39:56	Senior Male	4th
5.	99	Luke Gray	M	Monross Trailblazers	39:59	Senior Male	5th
6.	161	Dean Jones	M	Western Tempo	40:32	Senior Male	6th
7.	270	Henry Pugh	M	Malvern Joggers	41:23	Senior Male	7th
8.	366	Harry Woodhouse	M	Hereford couriers	41:42	Senior Male	8th
9.	185	Rudi Lewis	M		41:52	Senior Male	9th
10.	343	Richard Walsh	M	Malvern Buzzards Running Club	42:54	Vet 40 Male	1st
11.	221	Toby Moore	M		43:01	Senior Male	10th
12.	33	Darren Broady	M	Western Tempo	43:02	Senior Male	11th
13.	166	Thomas Kennedy	M	Western Tempo	43:11	Senior Male	12th
14.	177	Peter Koval	M	Malvern Buzzards Running Club	43:58	Vet 40 Male	2nd
15.	346	Ian Whistance	M	Wye Valley Runners	44:14	Vet 50 Male	1st
16.	152	Josh Jeffery	M		44:18	Male Under 17	1st
17.	291	Steve Rooke	M	Ledbury & District Harriers	45:15	Vet 55 Male	1st
18.	160	Michael Jones	M		45:21	Vet 50 Male	2nd
19.	186	Antony Lewis	M		45:45	Vet 40 Male	3rd
20.	9	Louis Ansfield	M	Western Tempo	45:55	Male Under 17	2nd
21.	356	Luke Williams	M	Hereford Couriers	45:59	Vet 40 Male	4th
22.	45	Martin Carter	M	Hereford Couriers	46:10	Vet 55 Male	2nd
23.	248	Steve Partridge	M	Croft Ambrey RC	46:32	Vet 40 Male	5th
24.	47	Rob Chambers	M	Wye Valley Runners	46:53	Senior Male	13th
25.	370	George Worswick	M		47:11	Senior Male	14th
26.	42	Ryan Burkin	M	Croft Ambrey RC	47:13	Senior Male	15th
27.	111	Stephen Hambridge	M	Builth & District	47:13	Vet 40 Male	6th
28.	106	Neil Grinnell	M	Ledbury & District Harriers	47:20	Vet 45 Male	1st
29.	174	David Klotz	M	Wye Valley Runners	47:49	Vet 40 Male	7th
30.	313	Stefan Sternkopf	M	Worcester AC	48:01	Vet 55 Male	3rd
31.	330	Michael Thomson	M		48:12	Vet 45 Male	2nd
32.	59	Jonathan Davey	M	Hereford Couriers	48:26	Vet 60 Male	1st
33.	7	Matthew Ansfield	M		48:37	Vet 50 Male	3rd
34.	26	Mark Blake	M	Forest of Dean AC	48:42	Vet 55 Male	4th
35.	282	Jethro Richards	M	Wye Valley Runners	48:58	Senior Male	16th
36.	28	Alan Bodell	M	Evesham Vale Running Club	49:59	Vet 60 Male	2nd
37.	255	Andrew Pickup	M		50:04	Senior Male	17th
38.	72	Aiveen Digby	F	Malvern Joggers	50:07	Senior Female	1st
39.	191	Ian Lynch	M	Trail Running Association	50:08	Vet 60 Male	3rd
40.	224	Niki Morgan	F	Chepstow Harriers	50:13	Vet 55 Female	1st
41.	112	Laura Hands	F	Hereford couriers	50:33	Senior Female	2nd
42.	359	Dave Wilson	M		50:41	Vet 45 Male	3rd
43.	193	Joseph Lynch	M	Croft Ambrey RC	50:54	Senior Male	18th





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Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
44.	368	Matthew Woodyatt	M	Cocks Moors Woods	51:00	Senior Male	19th
45.	147	Josh James	M		51:16	Senior Male	20th
46.	215	Andrew Merriman	M	Hay hotfooters	51:18	Vet 50 Male	4th
47.	263	Gareth Price	M	Builth & District Running Club	51:25	Vet 40 Male	8th
48.	135	Robert Hough	M	Spectrum Striders	51:28	Vet 50 Male	5th
49.	243	Stephen Owen	M	Chepstow Harriers	51:30	Vet 70 Male	1st
50.	316	Mark Strzadala	M		51:42	Vet 40 Male	9th
51.	83	Peter Flynn	M	Wye Valley Runners	51:46	Vet 50 Male	6th
52.	89	Richard George	M	Hereford Couriers	51:47	Vet 55 Male	5th
53.	24	Tristan Berry	M	Malvern Joggers	52:07	Senior Male	21st
54.	377	George Kirby	M		52:14	Vet 40 Male	10th
55.	159	Jen Jones	F		52:50	Vet 40 Female	1st
56.	27	Andrew Boddy	M		52:54	Vet 55 Male	6th
57.	258	Samuel Powell	M		53:12	Senior Male	22nd
58.	283	Richie Richards	M	Hereford Couriers	53:12	Vet 60 Male	4th
59.	233	Spencer Napolitano	M		53:13	Senior Male	23rd
60.	69	jessica depper	F	Malvern Joggers	53:25	Vet 35 Female	1st
61.	348	James White	M		53:29	Senior Male	24th
62.	264	Joe Price	M		53:32	Senior Male	25th
63.	31	Tony Bradley	M		53:35	Vet 60 Male	5th
64.	104	Barry Griffiths	M	Brecon AC	53:49	Vet 55 Male	7th
65.	209	Josh McMahon	M	Wye Valley Runners	54:02	Senior Male	26th
66.	222	Rhys Morgan	M		54:08	Senior Male	27th
67.	151	Stuart Jarvis	M		54:09	Vet 45 Male	4th
68.	50	Dan Cleworth	M	Hereford Couriers	54:19	Vet 45 Male	5th
69.	13	Sarah Askey	F	Hereford Couriers	54:32	Vet 55 Female	2nd
70.	262	Marcus Price	M	Wye Valley Runners	54:45	Senior Male	28th
71.	107	Brad GUnn	M		55:07	Senior Male	29th
72.	1	Vinia Abesamis	F		55:09	Vet 55 Female	3rd
73.	113	Kath Hardwick	F	Wye Valley Runners	55:12	Vet 45 Female	1st
74.	231	Tym Musgrove	M	Ledbury & District Harriers	55:32	Vet 60 Male	6th
75.	338	Stephanie Upton	F	Malvern Buzzards Running Club	55:35	Vet 55 Female	4th
76.	130	Lloyd Holder	M		55:43	Senior Male	30th
77.	64	Tony Davies	M	Monross Trailblazers	55:44	Vet 50 Male	7th
78.	93	Sophie Gleghorn	F	Ellesmere Port RC	55:48	Senior Female	3rd
79.	327	Martin Thomas	M	Malvern Buzzards Running Club	55:49	Vet 50 Male	8th
80.	52	Sarah Coccozza	F		56:05	Vet 40 Female	2nd
81.	153	Colin Jeffery	M		56:11	Vet 55 Male	8th
82.	85	Johannes Fourie	M		56:25	Vet 40 Male	11th
83.	35	Alexander Brown	M	Builth & District	56:43	Vet 55 Male	9th
84.	79	Alice Evans	F		56:47	Vet 35 Female	2nd
85.	90	Catherine Gilbert	F	Brecon athletic club	56:47	Vet 50 Female	1st
86.	100	Hannah Kate Gray	F	Worcestershire Trailblazers	56:48	Vet 35 Female	3rd





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Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
87.	230	Bill Mulroy	M		56:49	Senior Male	31st
88.	173	Angus Kirby	M	Ludlow Runners	56:49	Vet 60 Male	7th
89.	210	Jamieson McNabb	M		57:01	Senior Male	32nd
90.	32	Paul Bridgewater	M		57:02	Vet 50 Male	9th
91.	65	Karl Davies	M	Amazing Feet Running Club	57:07	Vet 60 Male	8th
92.	176	Julie Knill	F	Wye Valley Runners	57:08	Vet 55 Female	5th
93.	180	Dunstan Lawrence	M		57:18	Vet 50 Male	10th
94.	81	Catherine Finlay	F	Monross Trailblazers	57:27	Vet 45 Female	2nd
95.	254	Kimberley Pickett	F	Hereford Couriers	57:33	Vet 35 Female	4th
96.	194	Steph Main	F	Croft Ambrey RC	57:34	Vet 50 Female	2nd
97.	76	Harry Edwards	M		57:43	Senior Male	33rd
98.	5	David Allen	M		57:48	Vet 60 Male	9th
99.	105	Eleanor Griffiths	F	Hay Hotfooters	57:51	Vet 35 Female	5th
100.	57	Mark Coulter	M		57:58	Vet 45 Male	6th
101.	3	Luke Alexander	M	Worcestershire Trailblazers	57:58	Senior Male	34th
102.	198	Mark Marshall	M	Wye Valley Runners	57:59	Vet 50 Male	11th
103.	101	Kate Green	F	Wye Valley Runners	58:00	Vet 55 Female	6th
104.	275	Jonathon Ramage-Hill	M		58:22	Senior Male	35th
105.	308	Chris Smith	M		59:03	Vet 55 Male	10th
106.	37	Ian Bryars	M		59:05	Vet 45 Male	7th
107.	155	Harry Jenkins	M	Hereford Couriers	59:07	Senior Male	36th
108.	305	Ewelina Skolimowska	F	Black Pear Joggers	59:22	Vet 35 Female	6th
109.	354	Luke Williams	M		59:24	Senior Male	37th
110.	53	Lynne Compton	F	Wye Valley Runners	59:39	Vet 55 Female	7th
111.	307	Michael Smallwood	M	Wye Valley Runners	59:50	Vet 55 Male	11th
112.	364	Matthew Wood	M	Bitton Road Runners	59:54	Vet 40 Male	12th
113.	4	Rachael Alexander	F	Worcester AC	59:55	Vet 45 Female	3rd
114.	15	Anna Avery	F	Bitton Road Runners	59:57	Vet 40 Female	3rd
115.	302	Ray Shakesheff	M		1:00:13	Vet 45 Male	8th
116.	361	Rob Wood	M	Croft Ambrey RC	1:00:47	Vet 65 Male	1st
117.	156	Phil Johnson	M	Ledbury & District Harriers	1:01:00	Vet 55 Male	12th
118.	178	Sara Lake	F	Hay Hotfooters	1:01:19	Vet 50 Female	3rd
119.	213	Harry Meadmore	M		1:01:34	Senior Male	38th
120.	249	Amit Patel	M	Shatners Bassoon	1:01:40	Vet 40 Male	13th
121.	143	Steve Ide	M		1:01:43	Vet 55 Male	13th
122.	75	Sharon Edelstyn	F		1:01:48	Vet 50 Female	4th
123.	192	Helen Lynch	F	Trail Running Association	1:01:51	Vet 55 Female	8th
124.	312	Michael Starkey	M	Hereford Couriers	1:02:08	Senior Male	39th
125.	290	Steve Roode	M	lonely Goat	1:02:09	Vet 55 Male	14th
126.	84	William Flynn	M	Wye Valley Runners	1:02:13	Senior Male	40th
127.	122	Jane Hayde	F	Wye Valley Runners	1:02:15	Vet 40 Female	4th
128.	352	Terry Whitson	M		1:02:57	Vet 70 Male	2nd
129.	235	Seb Newton	M		1:03:02	Vet 40 Male	14th





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Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
130.	333	Anna Tonge	F	Charlton Kings Ladies Running Club	1:03:09	Vet 55 Female	9th
131.	206	Samantha McLaughlin	F		1:03:14	Vet 55 Female	10th
132.	103	Brian Griffin	M	Forest of Dean AC	1:03:17	Vet 65 Male	2nd
133.	306	Billy Smallwood	F	Wye Valley Runners	1:03:34	Vet 55 Female	11th
134.	183	Stephen Lester	M	Malvern Joggers	1:03:45	Vet 65 Male	3rd
135.	78	Celia Escande	F	Hereford Couriers	1:04:05	Senior Female	4th
136.	322	Matt Taylor	M		1:04:33	Vet 45 Male	9th
137.	118	emma harris	F	Wye Valley Runners	1:04:37	Vet 40 Female	5th
138.	97	Chris Graham	M		1:04:41	Vet 45 Male	10th
139.	133	Deborah Horley	F		1:04:44	Vet 40 Female	6th
140.	165	steve keepax	M		1:04:47	Vet 55 Male	15th
141.	66	Joanne Davies	F		1:05:09	Vet 50 Female	5th
142.	274	John Raine	M	Malvern Joggers	1:05:19	Senior Male	41st
143.	227	Mary Morton	F	Rhayader Running Club	1:05:19	Vet 50 Female	6th
144.	46	Julie Caseley	F	Malvern Buzzards Running Club	1:05:24	Vet 60 Female	1st
145.	276	Marc Rambaud	M		1:05:28	Vet 40 Male	15th
146.	277	Kay Rambaud	F		1:05:30	Vet 35 Female	7th
147.	242	Laurel Oliver	F		1:05:33	Vet 55 Female	12th
148.	162	Gareth Jones	M		1:05:36	Vet 40 Male	16th
149.	353	Selena Whittaker	F	Malvern joggers	1:05:39	Vet 40 Female	7th
150.	300	Neil Scanlon	M		1:05:40	Vet 55 Male	16th
151.	150	Lucy Jardine	F	Hay Hotfooters	1:05:40	Vet 55 Female	13th
152.	253	Kate Phipps	F	Wye Valley Runners	1:05:55	Senior Female	5th
153.	310	Celia Speake	F	Builth and District Rc	1:05:58	Vet 55 Female	14th
154.	219	Helen Milner	F	Ledbury Harriers	1:06:05	Vet 50 Female	7th
155.	19	Tanya Bassi	F		1:06:12	Vet 45 Female	4th
156.	207	Ben McLeod	M		1:06:18	Senior Male	42nd
157.	124	harry herbert power	M		1:06:25	Male Under 17	3rd
158.	250	Andrew Payling	M		1:06:29	Vet 60 Male	10th
159.	304	Roger Simpson	M		1:06:32	Vet 45 Male	11th
160.	125	James Herbert-Power	M		1:06:38	Vet 45 Male	12th
161.	373	Mark Wrathall	M		1:06:39	Vet 45 Male	13th
162.	74	Hayley Duffy	F		1:06:41	Vet 35 Female	8th
163.	358	Rebecca Wilson	F	Monross Trailblazers	1:06:59	Vet 45 Female	5th
164.	20	Sarah Bayley	F		1:07:03	Vet 40 Female	8th
165.	41	Sarah Burkin	F	Croft Ambrey RC	1:07:05	Vet 40 Female	9th
166.	355	Huw Williams	M	Croft Ambrey RC	1:07:05	Vet 60 Male	11th
167.	123	Keith Helliwell	M	Builth & District	1:07:08	Vet 45 Male	14th
168.	328	Matt Thomas	M		1:07:08	Vet 45 Male	15th
169.	158	Wesley Jones	M	Hereford Couriers	1:07:26	Vet 40 Male	17th
170.	14	Rob Austen	M		1:07:35	Vet 40 Male	18th
171.	345	Carl Wheeldon	M		1:07:40	Vet 55 Male	17th
172.	82	cathy fletcher	F	Spirit of Monmouth Running Club	1:07:45	Vet 50 Female	8th



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Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
173.	40	Dan Burke	M		1:08:33	Vet 55 Male	18th
174.	86	Hollie Francis	F		1:08:41	Vet 50 Female	9th
175.	129	Ella Hogan	F	Ledbury & District Harriers	1:08:43	Vet 45 Female	6th
176.	244	Graham Pack	M		1:08:47	Vet 45 Male	16th
177.	172	Stephanie King	F	Croft Ambrey RC	1:09:03	Vet 55 Female	15th
178.	351	Julie Whitehouse	F	Wye Valley Runners	1:09:10	Vet 50 Female	10th
179.	326	Jane Thomas	F	Malvern Buzzards Running Club	1:09:10	Vet 50 Female	11th
180.	164	David Keep	M		1:09:17	Vet 55 Male	19th
181.	281	Shelley Renwick	F	Lonely Goat RC	1:09:31	Vet 50 Female	12th
182.	22	Steve Bedford	M		1:09:35	Vet 65 Male	4th
183.	169	Charlie Kimberley	F		1:09:44	Vet 45 Female	7th
184.	119	abigail harris	F	Hereford Couriers	1:09:45	Senior Female	6th
185.	303	Sue Shergold	F	Ross Runners	1:09:46	Vet 55 Female	16th
186.	71	Jacy Dickerson	F		1:09:49	Vet 55 Female	17th
187.	196	Sasha Marchant	F		1:09:52	Vet 50 Female	13th
188.	92	Adam Gittoes	M		1:10:15	Senior Male	43rd
189.	134	Tom Horsfield	M		1:10:16	Senior Male	44th
190.	212	Hannah Jean McQuarrie	F		1:10:21	Vet 35 Female	9th
191.	136	Sean House	M	Wye Valley Runners	1:10:25	Senior Male	45th
192.	146	Steve James	M		1:10:26	Vet 55 Male	20th
193.	88	Jenny Gardiner	F	St Austell Athletes Running Club	1:10:28	Vet 40 Female	10th
194.	49	Christopher Clarke	M	Wye Valley Runners	1:10:29	Vet 40 Male	19th
195.	311	Kerri Spry	F		1:10:30	Vet 50 Female	14th
196.	199	Deborah Martin	F		1:10:34	Vet 40 Female	11th
197.	142	Iain Hutchinson	M		1:10:38	Vet 40 Male	20th
198.	245	Laura Pardoe	F		1:11:15	Vet 40 Female	12th
199.	56	Pip Cottrell	F	Ross Runners	1:11:16	Vet 55 Female	18th
200.	157	Phil Johnson	M		1:11:22	Vet 45 Male	17th
201.	256	Hannah Pinnell	F		1:11:40	Senior Female	7th
202.	292	Leia Rosenberg	F		1:11:41	Vet 40 Female	13th
203.	23	Thea Bell	F		1:11:55	Vet 50 Female	15th
204.	273	Sue Purvin	F	Croft Ambrey RC	1:12:05	Vet 60 Female	2nd
205.	58	Ben Dallow	M		1:12:12	Senior Male	46th
206.	265	Phoebe Price	F		1:12:14	Senior Female	8th
207.	279	Karen Rees	F		1:12:33	Vet 45 Female	8th
208.	374	Jacqui Wynds	F	Forest of Dean AC	1:12:39	Vet 70 Female	1st
209.	246	Alison Parry	F		1:12:42	Vet 45 Female	9th
210.	367	Mike Woodyatt	M	Cocks Moors Woods	1:12:44	Vet 65 Male	5th
211.	187	BECCY LIVELY	F		1:12:53	Vet 50 Female	16th
212.	96	Ali Goodwin	F	Hereford Triathlon Club	1:12:53	Vet 40 Female	14th
213.	110	Sue Hackett	F	Hay Hotfooters	1:12:57	Vet 60 Female	3rd
214.	63	Debbie Davies	F	Lonely Goat RC	1:13:02	Vet 45 Female	10th
215.	347	Suzie White	F		1:13:21	Vet 35 Female	10th





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216.	365	Chris Woodard	M		1:13:31	Vet 50 Male	12th
217.	335	Jacqui Tudhope	F		1:13:42	Vet 45 Female	11th
218.	80	Mari Fforde	F		1:13:47	Vet 45 Female	12th
219.	319	Andrew Sworn	M	Running Somewhere Else	1:13:50	Vet 55 Male	21st
220.	318	Carol Sworn	F	Running Somewhere Else	1:13:50	Vet 55 Female	19th
221.	261	Eve Price	F	Wye Valley Runners	1:14:24	Vet 45 Female	13th
222.	17	Aaron Bailey	M		1:14:24	Vet 55 Male	22nd
223.	238	Lisa Nicholls	F	Llswerry Runners	1:14:48	Vet 50 Female	17th
224.	61	Emma Davidson	F		1:14:53	Vet 35 Female	11th
225.	144	maddy jacob	F		1:15:03	Vet 55 Female	20th
226.	317	Bridie Sullivan	F		1:15:05	Vet 50 Female	18th
227.	108	Natalia Gwatkin	F		1:15:16	Vet 35 Female	12th
228.	237	Craig Nicholas	M		1:15:38	Vet 40 Male	21st
229.	137	Kate Hovers	F	Welsh Fell Running Association	1:15:52	Vet 60 Female	4th
230.	285	David Roberts	M	Brecon AC	1:16:08	Vet 40 Male	22nd
231.	278	Emma Rawlins	F	Hay Hotfooters	1:16:08	Vet 55 Female	21st
232.	188	Jo Lord	F	Hay Hotfooters	1:16:09	Vet 60 Female	5th
233.	197	Darryl Marsh	M		1:16:14	Vet 50 Male	13th
234.	70	Katija Dew	F	Llswerry Runners	1:16:29	Vet 55 Female	22nd
235.	120	Clare Harris	F	Llswerry Runners	1:16:30	Vet 40 Female	15th
236.	324	Rachel Teverson	F		1:16:31	Vet 60 Female	6th
237.	12	James Ashfield	M		1:16:31	Vet 40 Male	23rd
238.	267	Alison Priest	F	Malvern Joggers	1:16:56	Vet 55 Female	23rd
239.	232	Pru Napolitano	F		1:17:03	Vet 65 Female	1st
240.	98	Ian Gray	M		1:17:16	Vet 60 Male	12th
241.	216	Kerrie Meszaros	F	Malvern Joggers	1:17:26	Vet 35 Female	13th
242.	168	Lizzie Keylock	F		1:17:57	Vet 40 Female	16th
243.	284	Carys Ricketts	F		1:17:57	Vet 40 Female	17th
244.	342	Lucie Wagstaff	F	Warley Woods Pacers	1:18:09	Vet 45 Female	14th
245.	87	Hollie Galvin	F	Almost Athletes	1:18:10	Vet 35 Female	14th
246.	257	Miles Plumb	M		1:18:27	Vet 60 Male	13th
247.	272	Amy Purvin	F	Croft Ambrey RC	1:18:47	Senior Female	9th
248.	240	Patricia Normand	F		1:19:12	Vet 45 Female	15th
249.	309	Will Smith	M	Forest of Dean AC	1:19:13	Vet 45 Male	18th
250.	179	Tina Lavelle	F	Hay Hotfooters	1:19:58	Vet 65 Female	2nd
251.	36	Christine Bryan	F	Hereford Triathlon Club	1:20:01	Vet 40 Female	18th
252.	102	Adele Greenly	F		1:20:31	Vet 40 Female	19th
253.	114	Avril Hardwick	F	Builth and District Running Clubs	1:20:59	Vet 40 Female	20th
254.	29	Dorota Boross-Filipowicz	F		1:21:07	Vet 40 Female	21st
255.	195	Allan Major	M		1:21:09	Senior Male	47th
256.	25	Lisa Best	F	Charlton Kings Running Club	1:22:45	Vet 45 Female	16th
257.	16	Colin Baggott	M		1:22:46	Vet 70 Male	3rd
258.	295	Sally Ryde	F		1:22:46	Vet 45 Female	17th





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259.	234	Anna Nel	F		1:22:46	Vet 45 Female	18th
260.	94	Eva Goodhead	F	Lonely Goat RC	1:22:48	Vet 45 Female	19th
261.	288	Graham ROBINSON	M	N.E.W Cotswold Hash House Harrier	1:23:12	Vet 60 Male	14th
262.	294	Chris Ruck	M	Hereford Couriers	1:23:48	Vet 55 Male	23rd
263.	220	Rosalind Moore	F		1:24:36	Vet 35 Female	15th
264.	376	Isabel Aylward	F		1:24:41	Vet 40 Female	22nd
265.	170	Cameron King	M		1:24:50	Senior Male	48th
266.	171	Suzanne King	F		1:24:50	Vet 45 Female	20th
267.	360	Tim Winstanley	M	Malvern Joggers	1:25:34	Vet 55 Male	24th
268.	2	Paul Aird	M	Deestrider RC	1:25:42	Vet 65 Male	6th
269.	190	Megan Lovatt	F		1:25:47	Senior Female	10th
270.	184	Georgina Lewis	F		1:26:27	Vet 40 Female	23rd
271.	289	Caroline Robson	F	Hereford Couriers	1:27:50	Vet 40 Female	24th
272.	211	Clair McNally	F		1:28:29	Vet 45 Female	21st
273.	10	Carl Anthony	M	Over The Hills Runners	1:28:29	Vet 50 Male	14th
274.	218	Sian Miles	F	Wye Valley Runners	1:28:55	Senior Female	11th
275.	51	Stuart coates	M	Caerphilly Runners	1:31:26	Vet 50 Male	15th
276.	189	Hayley Lovatt	F	Hereford Couriers	1:31:52	Vet 45 Female	22nd
277.	204	Emily McGaw	F		1:32:23	Vet 35 Female	16th
278.	362	Shaz Wood	F	Hereford Couriers	1:32:25	Vet 50 Female	19th
279.	363	Nick Wood	M		1:32:35	Vet 55 Male	25th
280.	239	John Noonan	M	Hereford Couriers	1:32:54	Vet 65 Male	7th
281.	269	Tina Pritchard	F		1:32:59	Vet 45 Female	23rd
282.	297	Hannah Sage	F		1:32:59	Vet 40 Female	25th
283.	296	Clare Sage	F		1:33:00	Vet 40 Female	26th
284.	321	Alison Talbot	F	Oswestry Olympians	1:33:29	Vet 55 Female	24th
285.	11	Ruth Appleton	F		1:33:29	Vet 60 Female	7th
286.	200	Joan Martin	F	Girls That Jeff	1:35:55	Vet 55 Female	25th
287.	203	Kerry McGavin	F		1:35:56	Vet 45 Female	24th
288.	336	Victoria Tully	F		1:37:26	Senior Female	12th
289.	54	Suzy Cook	F		1:37:29	Vet 50 Female	20th

Number of Records: 289

