

SOULFUL  GUIDING

2024 Astrology Forecast

Key themes, transits and dates for 2024

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What it feels like to be a human is changing

Human civilisation is clearly going through a huge transformational process. In the coming years, there will continue to be waves of progressivism, technological advances, scientific breakthroughs, AI evolving, trips to outer space, social reform, redistribution of power and resources, predictive technology going to greater levels and much, much more than we can even comprehend right now.

Our relationship with our universe, our planet, our future, our past and most importantly, with each other is going through a profound transformation. No one really knows exactly where this is all headed, many will try to tell you they do, but what does seem clear is that we are moving over some kind of threshold in 2024 that will only make sense when we look back years from now.

Key themes and transits

This 2024 Astrology Forecast covers following key transits that will impact us collectively:

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Plus...

I go through each of the Mercury retrogrades and each eclipse for 2024!

Astrology is so complex and detailed, I cannot cover everything in one document which is why I created the FREE Monthly Astrology Snapshot.

The Monthly Astrology Snapshot is a dynamic in depth review of the upcoming astrological transits. It also takes into account the current moon cycle and the global themes that are playing out for us collectively.

If you have subscribed to my mailing list, you'll automatically receive the Monthly Astrology Snapshot in your inbox (just add paula@soulfulguiding.com to your contacts so you don't miss it).

If you're unsure if you're on the list, you can [sign up here](#).

A brief look back at 2023

The theme for 2023 was - increasing your capacity for change - and boy does that make sense now! We are living through an unprecedented time of change that is so all-encompassing that grasping the true magnitude of these events will likely only happen with hindsight.

In 2023 we continued witnessing the shadow of old, outdated power structures being unearthed over and over again. The fabric of society has been in the process of being altered at such deep levels that at times, Earth has felt like living on a demolition site and the looming fear of wondering if we're even going to make it has been hanging constantly over our heads.

According to the greater cycles of astrology, the decade of the 2020's is poised to usher in a transformative era that is focused on redefining our collective human experience in profound ways.

The dismantling process will continue in 2024, however, the small glimpses of solutions and the new paradigms that began to emerge in 2023 will increase in 2024, showing us ways forwards that we've never seen before.

2024 is a year to expand your mind

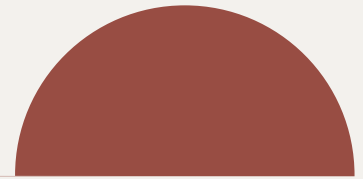


Get ready for expansion on every level this year as the cycles are inviting you to increase your capacity to hold multiple dimensions of truths, realities and possibilities. Yes, the old world will continue dismantling but, if you're open, you will see the petals of a new world beginning to slowly unfurl and open.

If you can open your mind to the incredible complexity of life and let go of trying to control the uncontrollable, 2024 has the potential to be a year of great evolution for you!

Paula

Overview of 2024



The human civilisation project continues to go through a complex process in 2024. The general vibe of 2024 is one of learning how to be with the rapidly changing dynamics and the complexity of life without having your mind and heart explode!

This is an intense and complex year where the old power structures are still collapsing but new innovative ways of living and functioning on Earth are advancing. Something big wants to shift in 2024 and this shift will set the stage for the coming years!

We will become more aware of the bigger picture and more aware of what is out of balance with the entire human race in 2024. We are being forced to get real and we are being forced to accept that we live in a world where what happens in one part of the world does impact everywhere on some level. There are billions of complex stories and billions of causes and this is a time to find ways to be able to be with it all!

2024 will take you
on a journey to experience all of it!

Radical Acceptance is the Key to Unlocking the Full Power of 2024

Life is complex and messy. Everyone is imperfect. In fact, imperfection is intrinsic to being a human. Radically accepting that we are all imperfect and complex feels like a choice but when you really think about it, you realise that it's just the way it is.

Once you can radically accept life as it is, you gain immediate access to a state of radical compassion not only for yourself and all of your perfectly imperfect humanness, but also, for everyone else.

"Radical acceptance is a way to deal with it all."

Radical acceptance allows you to relax, lean into life, respond kindly, establish boundaries, protect others and even find ways to be with it all that support you to continue evolving through these times of uncertainty.

When you accept it all, you increase your capacity for change and you get to ride the great waves of transformation!



North Node in Aries

The revolution begins with you!

Pluto will spend approximately 8 months in Aquarius in 2024. This is a cycle that will be focused on bringing the power back to the people, potentially sparking a revolution on Earth. When you combine this with the North Node in Aries all year - the revolution wants to begin with you!

The North Node pulls us towards evolution. It represents the head of the dragon consuming more and more and for all of 2024, the North Node of our collective destiny is in Aries - the sign of individual will. The North Node in Aries is asking you to have faith in yourself. Stop waiting for permission to exist!

This greater cycle is asking you to get in touch with who you were before the world told you who you are! You are where the revolution begins. You are the point at which humanity wants to evolve.

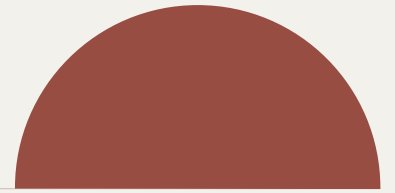
However, the North Node is edging up towards Chiron in Aries. Chiron symbolises the original wound and the places that are at the root of our pain and hurt. Aries is our life force, our ability to assert ourselves and where we get to pioneer and lead. These elements together suggest that there will be a push in the first few months of 2024 to really face our wounds with an intention of deep healing.

Where have you held back due to fear? Where do you play small out of low self worth?

This is a powerful time to heal yourself psychologically, emotionally and spiritually so that you can align with the huge expansion cycles in 2024.

2024 begins with all planets direct

Hold onto your hats!



January is a super dynamic month. If you remember, 2023 began really slowly as we had multiple planets still retrograde and we were coming off the back of a very low energy for the holiday season. It was heavy.

But 2024 starts with some force as the year begins with Jupiter having just turned direct New Year's Eve. This is significant as Jupiter is a key planet for 2024 and with this great planet turning direct and then building up to the huge expansion event in April, this is a promising sign as Jupiter wants to offer protection and blessings.

This bodes well that whatever we encounter throughout 2024 there will be protection and ultimately wisdom that will come from all that happens.

Plus, Mercury turns direct in Sagittarius during the first days of 2024 and then Uranus stations direct January 27th. Life will be moving forwards. Business will be active. Money and information will be dynamic, and life will feel generally energised as we journey through the first few months of 2024.

Another big activation in January is that the Sun and Pluto will move into Aquarius together! This is very symbolic and sets a tone for 2024 as the Sun and Pluto will have just met in the final degrees of Capricorn - the area of the sky that has been going through a great purification process.

We have to keep letting go of the old and January is almost forcing us to know exactly what it is we are leaving behind and this may be a painful process, Pluto is making sure we don't skip this step.

Pluto in 2024

POWER TO THE PEOPLE

It will feel as though we're moving over a threshold in 2024. In November of 2024 Pluto, the planet that demands transformation, moves permanently into Aquarius (after a short visit back to Capricorn) to stay until 2043. Aquarius rules over the people. Pluto rules over power.

This will be a time of powerful purification and a collective initiation process with the ultimate goal of bringing back equity to the human race!

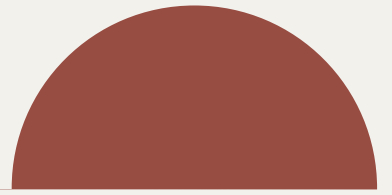
Over the next 2 decades, we will be transforming our politics, technology, how we all connect as a species as well as how we connect to our galaxy and to our universe

Pluto is no joke and this shift will reverberate through all of our lives. Life on Earth has changed irrevocably, we will never return to the way things were and in 2024 that reality will be sinking all the way in.

We have moved through this incredible shadow time of seeing where we have all given our power over to the negative version of Capricorn. Capricorn is associated with the patriarchal hierarchies where the elder males hold the majority of the power. Capricorn rules over big institutions such as government, corporations including the institutions of family and ideas such as 'til death do us part' that are woven into the institution of marriage. Pluto has been pushing the shadow of these areas of our lives to the surface with a force since 2008.

Pluto in Capricorn has unearthed the shadow of old outdated power structures that have been built upon traditional views of how to structure and organise society. These old ways have been established for thousands of years so the shift into something new will not happen overnight. However, it is becoming obvious that the current power structures only serve the desires of the old guard and the dismantling process is clearly in full swing.

We have seen the shadow of the old power dynamics



We are becoming more aware of the misuse and abuse of power at the top and now, in 2024 the cycles suggest that the old institutions of power are ready for transformation.

Pluto is all about power. Aquarius rules over the structures that connect us all together so that we can collaborate as opposed to the Capricorn style of vertical, top down power structures.

Pluto in Aquarius has the potential to be a time where we see a shift in the power structures towards greater equity and this could mean a journey that leads us away from the power being concentrated at the top. The next 2 decades may see a big shift towards the decentralisation of power and the power going back to the people!

Pluto will be pushing us to create new political structures in Aquarius and for that to happen, there will be a purging of the shadow of politics. Politics refers to the processes and the way we approach governance. There are going to be fundamental shifts in politics over the coming decades.

To give you some perspective, the last time Pluto was in Aquarius was during the French Revolution in the late 1700's. Put simply, the French Revolution was a time of redefining the relationship between the people (Aquarius) and the powerful (Pluto). The political power dynamics were reshaped through a powerful push back from the people. The ruling and royal class was permanently altered.

Aquarius is also associated with technology. Humanity needs to evolve and catch up with the development of technology and with Pluto in Aquarius, we will be exploring themes associated with technology and how it actually serves humanity - not destroys.

In 2024, we will continue facing our fears of technology being more powerful than we are and we will begin diving into a process of adjusting our politics, beliefs, religions and power structures accordingly. The cycles suggest that we need to adjust and everything tells me that this is possible so try not to give up.



The Dragon Roars in 2024

Lunar New Year / Aquarius New Moon
- Feb 9th/10th

This is the beginning of the year of the Dragon. The Dragon is one of the most magical, powerful mythical creatures. This symbol stands out as being very significant for the world story and a sign that something quite big wants to happen in 2024.

The dragon is a symbol of wealth and power

This will be a powerful year. When I think of the Dragon, I imagine a creature protecting and hoarding its treasures. There's the sense that we are going to see a big battle of the ultra wealthy trying to hoard and protect their wealth in 2024. This could increase the wealth divide even more but remember, Pluto is beginning a deep purification of this dynamic. It will be interesting to see how this story plays out.

This is going to be a year of huge wins and huge losses for many people. We may see ultra powerful people and corporations falling and rising. There may be new money and new wealth. It's definitely going to be an interesting dynamic to observe.

However, the Dragon is a very spiritual creature and 2024 holds the potential to be a year where you can awaken to your spiritual power and the true wealth that comes increasing your spiritual awareness.

This is a year that could see many people having incredible realisations and awakening experiences. Allowing yourself to awaken is a powerful move as we are moving over a threshold and to adapt, adjust and evolve, you need to open your mind to new ways of being a human and 2024 is a time where so much is being activated!



April sets the stage for something big!

We enter into April smack bang in the middle of the first eclipse season of 2024. This first eclipse season is heavily focused on moving us forwards. The lunar eclipse in Libra on March 24th/25th will be focused on healing toxic relationship dynamics and the injustice that results. Then the solar eclipse in Aries on April 8th/9th is going to push us to heal our deepest wounds that hold us back from expressing our true life force so that we can evolve!

We then have a powerful Aries new moon on April 8th/9th, which is the first new moon of the astrological year. The astrological year begins when the Sun enters Aries on March 19th/20th. This is when everything is really moving forwards as all planets are now direct and everything is charging up. Life will feel like it's on fast forward plus we are building up towards the expansive Jupiter-Uranus conjunction in Taurus!

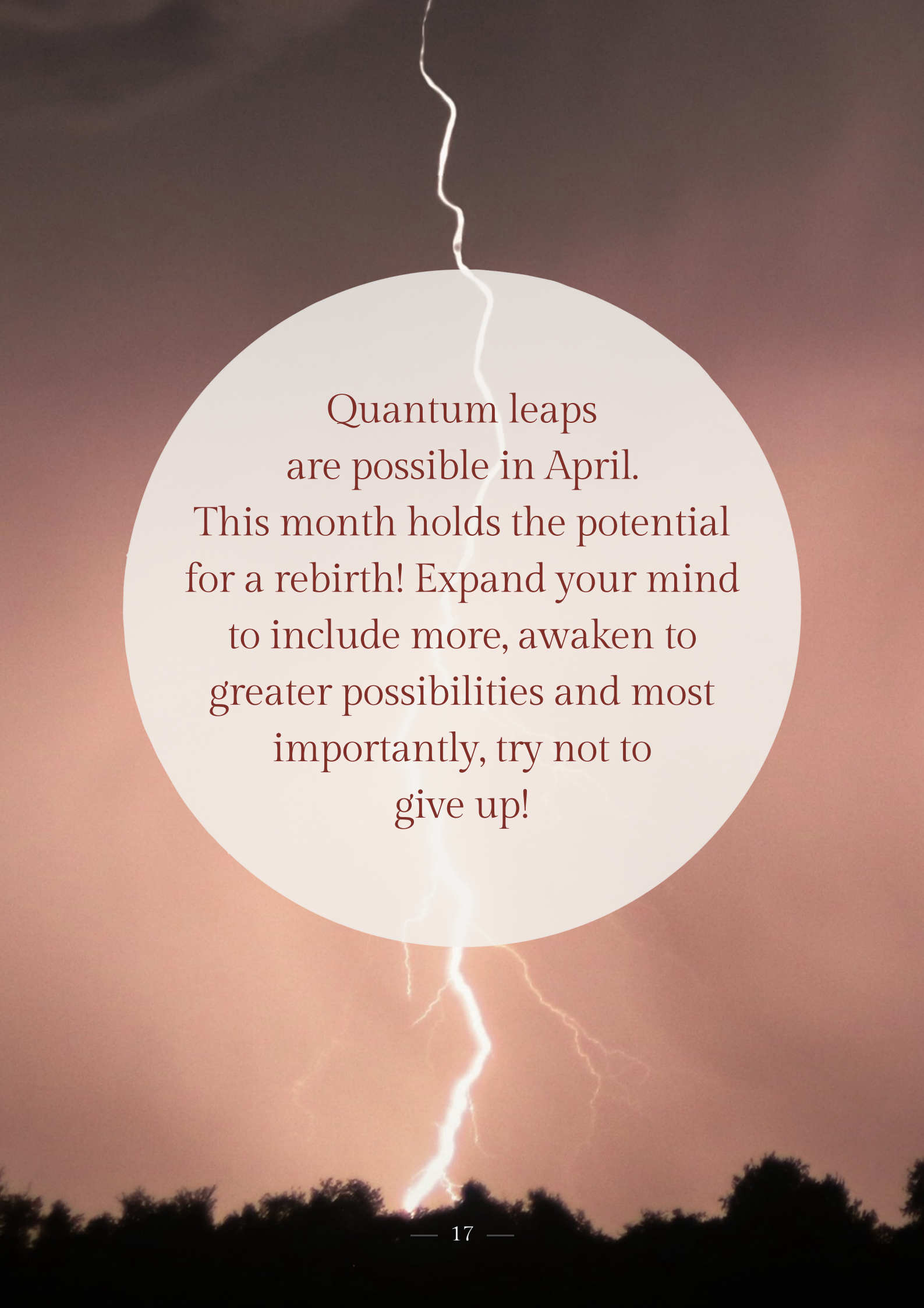
April is a month of expansion!

This is because on April 20th/21st there will be a Uranus-Jupiter conjunction in Taurus! When these two power planets meet, something incredible and unprecedented wants to happen.

April is a time to tune into the energies of Uranus and Jupiter. Uranus represents the higher cosmic mind and our ability to tap into a wider, more cosmic view of everything and Jupiter expands everything it comes into contact with. This combination is inviting you to open your mind to the possibility that all of what is happening is part of the natural flow of the universe!

Jupiter reminds us to keep the faith and Uranus is only focused on moving us forwards into new paradigms! This cycle is a huge deal and is happening at a time when you may be feeling overwhelmed with all of the breaking down and your tired of the world feeling like a demolition site.

This signature has the potential to bring innovative solutions and maybe even some good news and hope about the future of the Earth and the human race!



Quantum leaps
are possible in April.
This month holds the potential
for a rebirth! Expand your mind
to include more, awaken to
greater possibilities and most
importantly, try not to
give up!

Jupiter-Uranus conjunction in Taurus.

MARCH - MAY

This combination of Jupiter and Uranus holds the potential for unexpected breakthroughs that are expansive, giving a powerful sense of freedom! A new sense of aliveness wants to emerge and it appears that we are all going to be grateful for this big energy shift. This may be a state of mind or literally a shift in your life. Either way, this activation sets the stage for a powerful shift in the way we think about life on Earth.

A way to navigate this time is to accept that life as we know it is changing - don't fight it. There is so much freedom in this acceptance. It may feel radical but it will liberate you. Say a cosmic yes to everything and get into contact with new dimensions, levels and realms.

This conjunction is happening in Taurus. Taurus rules over our resources and there may be some innovations that happen this year that leave us all feeling that we may just make it through all of the wild changes on Earth.

This could be a time where there is a collective shift towards actually solving the problems on a global scale and that great things are still possible.

However, watch for "get rich quick" schemes, spiritual leaders that promise you a way through without effort and anything that seems too good to be true especially around March, April and May.

The astrological potential in this configuration is so expansive and if you can open your mind to embrace all of what is happening, you may find that you are actually excited about what is coming.

The second half of 2024

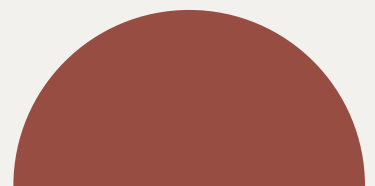
Integration time

As you can see, the first half of 2024 is a time of healing the self, expanding your mind and letting the old fall away. There is so much going on that it can all feel too much and it would be wise to have a strategy of how you want to navigate the beginning of 2024.

At the collective level, the second half of 2024 appears to have a strong focus on how we distribute and manage resources as Mars will be activating Jupiter and Uranus. This may manifest as a result of the negative consequences of war, climate change and the cost of living crisis and how this impacts all of us in one way or another. There is a sorting out energy and hopefully, there are big solutions that are awakened in April to help us with this.

However, the astrology of the second half of 2024 appears to be less activating at the personal level which can allow a space for integration. Big things will still be happening, but it will be in the realms of what we already know and there may be some space for you to integrate all that was coming up earlier in the year.

The eclipses will be the biggest trigger points in the second half of 2024. However, they are poised to move us forwards so taking care of the past and integrating all that came up in the early part of 2023 will support you to move with the new cycles and paradigms that are emerging!



Let's Look at the Eclipses for 2024



We have two eclipses happening in Libra in 2024 which indicates that all relationship dynamics will be going through a process of initiation. As the world changes, so too will the way we relate to each other.

With the other two eclipses of 2024 happening in Aries (individuality) and Pisces (oneness), it seems that relationships at every level - from the relationship to self all the way up to the relationships between nations - will go through a powerful transformation in 2024!

Relationships at every level of society will be ending but also, new relationship agreements and contracts will be initiating.

LUNAR ECLIPSE IN LIBRA

- March 24th/25th

Allowing deep relationship transformation - If you are ready to end toxic and unhealthy relationships in your life, work with this eclipse to release the old stories! This is a time to open and expand our minds to what else is possible when it comes to the way that we enter into relationships, the contracts we create and our expectations of what a relationship should be.

LUNAR ECLIPSE IN PISCES

- September 17th/18th

Spiritual healing - This is the first eclipse on the Pisces/Virgo axis. This will be a taste of something very new coming in that will be focused on true spiritual healing. This eclipse will be sandwiched by Saturn and Neptune and will be giving us a glimpse of the future especially in the realms of religion and spirituality. However, the old guard may be trying to tighten its grip at this eclipse.

SOLAR ECLIPSE IN ARIES

- April 8th/9th

Self healing - April appears to be a month of great changes and this Solar Eclipse is so potent. You may find yourself having big realisations at this time. At the collective level, this is a time of great transformations and activations and because this eclipse is conjunct Chiron, there is a strong drive towards healing our relationship to our self expression and individuality.

SOLAR ECLIPSE IN LIBRA

- October 1st/2nd

New relationships forming - This is an eclipse that is going to be supporting us in bringing in new relationship patterns. As the old traditions unravel, so too will our old relationship myths and stories and this eclipse will be a time to begin experiencing the evolved version. This will be a time to write new relationship contracts that are based in reality and not fantasy!

Mercury Retrogrades 2024.

New possibilities

As I shared previously, the year begins with Mercury turning direct in Sagittarius which supports the energy boost at the beginning of 2024. Mercury Retrograde is a time where we remember how important it is to pull back and get on top of things. It's great to re-organise areas of your life, to repair things, rebrand and redo. Or, just generally take a break from communication.

Sometimes the most productive thing you can do is nothing and the Mercury retrogrades for this year are potent moments for you to turn inwards and reset something dynamic in your life. They want to weave together and build on each other in 2024. Embrace the energy of the retrogrades as they are helping you to make space in your life for a new vision, new plans and totally new ways of thinking!

What's interesting about the Mercury retrogrades this year is that they will all be hitting fire signs. Fire signs are innovative, dynamic and about the bigger vision and this year, we will continually be asked to expand our minds to include more possibilities. Each Mercury Retrograde in 2024 will encourage you to approach your problems from a different angle.

Mercury will be retrograde 3 more times in 2024:



April 1st/2nd to
April 25th in Aries

New ways to express yourself.
New ways of leading.



August 4th/5th to
August 28th/29th in Virgo and Leo

New ways of loving and honouring
the sacred.



November 25th/26th to
December 15th/16th in Sagittarius

New ways of thinking about the
future.



Be prepared for all of it in 2024!

As you can see, 2024 is complex and the world may feel like it's ending at times, but this is not a bad thing as the old needs to die to make way for the new to grow. Remember, accepting this and accepting that life is complex is the key to mastering 2024!

There is so much potential for expansion, innovation and evolution this year and if you can let go of resistance and if you can let go of trying to control the uncontrollable you will definitely evolve and expand in 2024!

The ability to adapt and increase one's capacity for change is a valuable skill in times of uncertainty and 2024 is a time to master this.

If you keep looking externally for answers in 2024, I'm afraid you will become even more confused

We are dealing with multiple truths being broadcast through social media and if you try to take sides on anything, you can lose perspective. This is not the year to blindly take sides, if you do you might miss out on experiencing something incredible!

But if you do happen to get lost in the hall of mirrors of mistruths and the distortion of facts at any point, just step out of the noise, turn within and dial back into the North Node in Aries. Realign with your personal sense of reality and agency and continue to trust and listen to your inner wisdom.

Cultivating your inner independence and connecting deeply with your inner authority is the best way to not be tricked and manipulated in 2024.

At the end of 2024, take time to celebrate your victories and appreciate just how far you have come since 2020. Maybe you will experience a quantum leap in 2024 - celebrate this! We haven't had much to celebrate for many years and this year brings great opportunities for breakthroughs and maybe even cause for celebration.

A sneak peak at 2025 and beyond

2024 ends with the North Node edging closer to Neptune in Pisces setting the stage for the following year as this will be a key area of activation in 2025. Big healing will be happening in 2025.

There will be powerful activations happening in Aries. Aries is the first sign of the astrology wheel and is where life begins and things start over. 2025 will be ushering in new paradigms and the potential for deep healing. 2024 is part of this cycle so don't give up as the rest of the 2020's are set to move us all into radically new ways of being human!

And remember, you were born at the right time!



You have all the tools that you need internally to make sense of the times we are living through. However, if you're really struggling, find the helpers. Look for the ones who are calm and grounded and are willing to support you. With Jupiter (the Guru) being activated by Uranus (the great awakener), there will be many great teachers being activated with the intention of helping us all through these times.

Maybe you are one of the teachers? If so, open your heart and show up to help the ones that are really struggling at this time. Pluto in Aquarius is reminding us that we are all in this together and as we help the ones that we can, we actually make the world a better place for ourselves.

Key dates



This year changes will continue happening, it won't slow down. But if you know what's coming, you can prepare for what's ahead. Pop these dates in your diary:

January 1st

Mercury turns direct in Sagittarius.

January 27th

Uranus stations to turn direct in Taurus which means all planets are direct!

February 9th/10th

Lunar New Year /Aquarius New Moon - The year of the Dragon begins!

March 24th/25th

Full moon lunar eclipse in Libra.

April 1st/2nd

Mercury retrograde in Aries.

April 8th/9th

New moon solar eclipse in Aries. (This is also Astrological New Year!).

April 20th/21st

Jupiter conjunct Uranus in Taurus!

August 4th/5th to

August 28th/29th

Mercury retrograde in Virgo & Leo

September 1st to November 19th

Pluto in Capricorn

September 17th/18th

Full moon lunar eclipse in Pisces.

October 1st/2nd

New moon solar eclipse in Libra.

October 14th/15th

Solar eclipse in Libra.

November 25th/26th to

December 15th/16th

Mercury retrograde in Sagittarius.

How I work

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Soul Sessions are 90-minute coaching sessions with me that work with astrology and tarot as divination tools. The sessions are designed to help you make sense of your life and the current patterns that are playing out. Please reach out if you are struggling and would like support.

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I'd love you to get in touch with me if you have any questions or feedback on this 2024 forecast.

I can't wait to hear from you!

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