



Spa Treatment Menu

Treatments to embrace everyone, with lavish balms and dazzling scents, warm blankets and cushions, you can be sure Manor House will put wellness back into your lifestyle with a wonderful selection of all natural therapies.

All our indulgent spa treatments are 60minutes in duration plus a 1hr reservation in the relax lounge following.

£85.00 (Mon/Thurs) £90.00 (Fri/Sun) £95.00 (Sat)

Please note our treatments may vary dependant on their benefits so you may be lay face down or on your side throughout your treatment, please speak to a therapist if this is not suitable so we can adapt your treatment. .



Manor House Signature

SIGNATURE TRIBE517 PURE SALT GRAIN MASSAGE

Optimum skin health and nourishment, together with muscle relaxation. This combined full body massage and healing body scrub uses a thick luscious body cream with pink and marine healing salts blended with oils of Palmarosa. The perfect two in one spa experience

SIGNATURE MANOR HOUSE x TEMPLE SPA MASSAGE

Inhale the delicious aroma of green mandarin as warm, silky LIGHT RELIEF superfood oil is drizzled over the body, enriching your skin with nourishing hemp seed oil and soothing CBD. Allow your therapist to guide the warmed Akwaterra pods to areas of tightness, smoothing, kneading and melting away any tension, bringing you into a state of deep relaxation. Goodness for skin and soul!

Special body

TRIBE 517 | BEAUTIFUL HERO

For the warrior in you
Well being touch of warmth to comfort your soul, treat your skin and lift your spirits. For those with sensitivity, fragile condition, and living with or recuperating from disease, Cancer and sickness.
Using a whipped delight of fragrance free natural butters.

TRIBE 517 | MAMA LOVE

Tender Loving Care for the second and third trimesters of pregnancy and beyond. A cocooning soothing massage encouraging sleep and relaxation, with warm blankets, pillows and a natural whipped blend of butters.

TEMPLE SPA x MANOR HOUSE YUMMY MUMMY

Pregnancy is a most wonderful time that requires treatments specifically designed for you. This signature treatment incorporates instant relief for tired, overworked legs and feet and a revitalising facial topped off with a wake up scalp massage. You never know, your little bambino might enjoy the sense of calm too!

Duration: 60minutes

Price: £85.00 (Mon/Thurs) £90.00 (Fri/Sun) £95.00 (Sat)



Massage

Duration: 60minutes

Price: £85.00 (Mon/Thurs) £90.00 (Fri/Sun) £95.00 (Sat)

TRIBE 517 | SOUND ASLEEP MASSAGE

Surrender to the sensation of having your body gently realigned and perfectly put back together again with a body massage like no other, float into deep relaxation while you are supported lying face down encouraging gravity to enhance the experience. With warm Heal & Health oil of orange and fennel.

TRIBE 517 | HYPNOTIC BACK & SOLE

Rebalancing Back Massage and Foot pressure point massage with reflex inspired touch. Using our Hypnotic Sleep Balm with black pepper & petitgrain to help induce deep sleep and relaxation.

TRIBE 517 | SOOTHING BACK, FACE & SCALP MASSAGE

Enjoy all the benefits of the Actif8 facial and scalp massage combined with our glorious and celebrated back massage. The 517 facial balms together with the warm Heal & Health oil bring dazzling fragrances and supreme application to make this a pleasure unsurpassed.

TEMPLE SPA | DRIFT AWAY BODY MASSAGE

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender & Patchouli, is guaranteed to have you drifting away. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melt away...zzzzzz!!

***NEW* TRIBE517 x MANOR HOUSE 'TIME FOR TWO' COUPLES TREATMENT**

Warming Back Massage with Akwaterra Ceramic Pods with Time Remedy Balm encapsulated in Vanilla & Rose, followed by a neck, décolleté, face and scalp massage, finishing with the signature love link ribbon for a moment of gratitude.



Face

Duration: 60minutes

Price: £85.00 (Mon/Thurs) £90.00 (Fri/Sun) £95.00 (Sat)

TRIBE 517 | WARMING HONEY FACIAL

The active massage facial to refine and relax promoting skin health naturally, with our indulgent and exceptional youth or softening Elixirs to enhance & enrich your complexion and muscle tone, customised to address your skin concerns with our elite ACTIF8 skin work out massage and warming honey mask.

TEMPLE SPA | MY KINDA SKIN

Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes a tailored face & décolleté massage plus a relaxing scalp massage. You will feel amazing and your skin will look so, so good.

TEMPLE SPA | GO GUY - THE MALE EXECUTIVE TREATMENT

A facial to revive your skin, soothe aching neck muscles and smooth away stress. Includes a deep brush cleanse plus exfoliating mask and an energising or relaxing massage. For the finale, a hot stone massage to the neck and shoulders.

TEMPLE SPA | ALL ABOUT THE GLOW - VITAMIN C RADIANCE WORKOUT

This advanced, skin transforming facial turns up your glow with instant and visible results for firmer feeling & brighter, healthy-looking skin. Your complexion is transformed thanks to intelligent active ingredients boosted by vitamin c and our glycolic acid complexes. Add our unique skin-lifting massage techniques and the results are even better skin.

We like to call it the facial gym power hour!

TEMPLE SPA | CHAMPAGNE & TRUFFLES DELUXE TREATMENT - THE CREME DE LA CREME!

A luxury facial that combines our Award-Winning truffle skincare with our specialist lifting massage techniques that together iron out deep lines and wrinkles, help to strengthen muscle tone and reduce puffiness. You'll have something to celebrate.