




## PRICE LIST





Enhance your spa experience with one of our signature Vitality<sup>SM</sup> treatments when you see this symbol: 

Onboard credit accepted at Vitality Spa.



[FreestyleTravelers.com](http://FreestyleTravelers.com)

### FACE

#### ELEMIS Anti-Aging Facials | 50 min

 BIOTEC Line Eraser .....	229
 BIOTEC Firm-a-Lift .....	229
 BIOTEC Skin Resurfacer .....	229
 BIOTEC Super Charger for Men .....	229

#### ELEMIS Touch Facials | 50 min

 Pro-Collagen Age Defy .....	199
 Dynamic Resurfacing Precision Peel .....	199
Superfood Pro-Radiance .....	179
High Performance Skin Energizer for Men .....	179

#### Grown Alchemist Facial | 25 min

Grown Alchemist Mini Lab .....	149
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### MEDI-SPA

CoolSculpting® Non-Surgical Fat Reduction .....	
Thermage® Skin Tightening Treatments .....	
Restylane® Dermal Filler Treatments .....	
DYSPORT® Cosmetic Wrinkle Treatments .....	

*Priced by consultation.*

### COUPLES

#### BODY

Aroma Spa Seaweed Massage	
100 min .....	599
75 min .....	499
Intensely Cleansing Salt Scrub	
75 min .....	499
50 min .....	399

#### MASSAGE






*Each guest can select from Aroma Stone Therapy, Bamboo or Deep Tissue.*

100 min .....	599
75 min .....	499
50 min .....	399
Swedish Massage	
100 min .....	599
75 min .....	449
50 min .....	349

### BODY

 Thousand Flower Detox Wrap*	
100 min .....	299
75 min .....	249
 Aroma Spa Seaweed Massage	
100 min .....	299
75 min .....	249
 Intensely Cleansing Salt Scrub	
75 min .....	249
50 min .....	199
 Ionithermie Cellulite Reduction Treatment	
3 sessions .....	399
50 min .....	199

### MASSAGE

 BIOTEC Face Treatment and Body Ritual	
100 min .....	299
 Couture Touch Face and Body Treatment	
100 min .....	299
50 min .....	199
 Thai Herbal Poultice Massage	
100 min .....	299
75 min .....	249
 Aroma Stone Therapy	
100 min .....	299
75 min .....	229
50 min .....	199
 Bamboo Massage	
100 min .....	299
75 min .....	229
50 min .....	199
Deep Tissue Muscle Massage	
100 min .....	299
75 min .....	229
50 min .....	199
Swedish Massage	
100 min .....	299
75 min .....	219
50 min .....	179

## ACUPUNCTURE

☯ Acupuncture Session 50 min	199
Neck and Shoulder Cupping add-on	39
Cellulite Cupping add-on	39
Eastern Nutritional Consultation add-on	39
Anti-Aging Acupuncture Facial add-on	39
Herbal Consultation	20

## IV THERAPY LOUNGE

### IV Therapies

☯ bSkinny	299
☯ bRevived	199
☯ bRepaired	159

### Nutrient IV

bCharged add-on	99
bFortified add-on	99

### Nutrient Injectables

bEnergized	39
bOptimal	39
bLean	39

## FITNESS

Personal Training	
3 sessions	249
60 min	99
InBody570® Composition Analysis*60 min	99
Body Composition Analysis* 30 min	39

### Group Fitness Classes | 45 min

Select Class Pass 5-7 days	69
Select Class Pass 3 classes	39
Single Group Fitness Class	20

## SALON

### HAIR

Color and Style Consultation	<i>Complimentary</i>
Keratin Complex® Express Blowout	<i>from 169</i>
Shampoo and Blowout Bundle of 3	149
Red Carpet Blowout	<i>from 89</i>
Up Do	<i>from 69</i>
Shampoo and Blowout	<i>from 59</i>
☯ Keratin Complex® Express Blowout w/Cut	<i>from 199</i>
Cut and Style with Blowout	<i>from 89</i>
Kèrastase® Elixir Ultime 24-Carat Indulgent Ritual	59
Kèrastase® Fusio-Dose™ Instant Treatment	29
Kèrastase® 123 Hair Ritual	19
Highlight or Lowlights	<i>from 149</i>
Permanent Color	<i>from 99</i>
Semi-Permanent	<i>from 79</i>
Colorful Hair	<i>from 49</i>

## NAILS

Fire & Ice Manicure 45 min	79
Exotic Hand Ritual Manicure 45 min	69
Traditional Manicure 30 min	59

Fire & Ice Pedicure 60 min	89
Sole Delight Pedicure 60 min	79
Traditional Pedicure 45 min	69

Repolish	29
Nail Fix per nail	15
Shellac® add-on	20
Paraffin Wax add-on	19

## NAIL PAIRINGS

☯ Fire & Ice Manicure and Pedicure 105 min	159
Exotic Hand Ritual Manicure and Sole Delight Pedicure 105 min	139
Traditional Manicure and Pedicure 75 min	119
Shellac® add-on for hands and feet	40

## SMILE

GO SMILE™ BLU™ PRO Teeth Whitening Treatment	
Couples	358
Single	199

## BEAUTY BAR

### Nouveau® Brows and Lashes\*

Deluxe Brow 45 min	69
Express Brow 30 min	29
LVL Enhance 60 min	99
Express 45 min	59
Strip 5 min	29

## WAXING

Full Leg	85
Brazilian Bikini or Back	75
Full Arm or Lower Leg	55
Basic Bikini, Half Back, Chest, or Half Arm	45
Underarms or Stomach	35
Ear, Lip, Chin, or Cheeks	25

## BARBER SHOP

☯ Grown Alchemist Hydra Restore Grooming Facial with Shave and Men's Cut	149
☯ Grown Alchemist Hydra Restore Grooming Facial with Shave 55 min	129
Grown Alchemist Express Shave 30 min	79
Men's Cut and Style Dry	59
Beard and Neck Trim	25



**Vitality**<sup>SM</sup>

ROYAL CARIBBEAN INTERNATIONAL

**RELAX + RECHARGE**

**FreestyleTravelers.com**



## THERMAL WELLNESS

Steam and sauna grottos will help cleanse the body, release impurities, relax tension, and calm the senses.

Daily or cruise length passes are available.

## FACE

### BIOTEC Facials

Renew, revitalize, and regenerate skin cells with BIOTEC technology to target age spots, pigmentation, wrinkles, sun damage, enlarged pores, dehydration, and all skin conditions.

- BIOTEC Face Treatment and Body Ritual | 100 min
- BIOTEC Line Eraser | 50 min
- BIOTEC Firm-a-Lift | 50 min
- BIOTEC Skin Resurfacer | 50 min
- BIOTEC Super Charger for Men | 50 min

## MEDI-SPA

### CoolSculpting® Non-Surgical Fat Reduction\*

Reduce unwanted fat and sculpt your body without any surgery or downtime. This non-invasive therapy uses controlled cooling technology to contour the tummy, love handles, and chin.

### Thermage® Skin Tightening Treatments\*

Tighten and contour the skin in just one treatment. This non-invasive treatment uses radio frequency to improve the appearance of loose or sagging skin on the face and body.

### Restylane® Facial Dermal Filler Treatments

Non-invasive fillers smooth away wrinkles (like those smile lines), plump up your lips, and restore lost volume in your face. Results are instant and last up to six months.

### DYSPORT® Wrinkle Treatments

Minimize wrinkles between the brows, on the forehead, and around the eyes for a refreshed, youthful appearance. Smoother skin is visible within days and last three to four months.

All treatments are priced by consultation. Medi-Spa services are administered by a licensed medical physician. Consultations are complimentary.

## BODY

### Aroma Spa Seaweed Massage

This marine-algae wrap detoxifies the body, helping reduce fluid retention and cellulite. Includes a 25-minute half-body or 50-minute full-body massage. 100 min | 75 min

### Intensely Cleansing Salt Scrub | *Lime and Ginger or Frangipani*

The extraordinary cleansing power of salt goes to work releasing toxins in this exfoliation treatment. The fragranced salt of choice will gently slough away dead skin cells. 75 min | 50 min

### Ionithermie Cellulite Reduction Program

This detoxification treatment will reduce the appearance of cellulite, firm and tone the skin, cleanse the body, and promote substantial inch loss in just one session. 50 min



# 3X THE WELLNESS

Amp up your spa experience by selecting three of these signature treatments indicated by this symbol:



**10% OFF**  
your 1st signature treatment

**20% OFF**  
your 2nd signature treatment

**30% OFF**  
your 3rd signature treatment

**SAVE UP TO \$195!**



Treatments may not be shared among multiple persons. All treatments must be booked and paid for in advance. Offer subject to availability and may not be combined with other discounts, including value pricing.

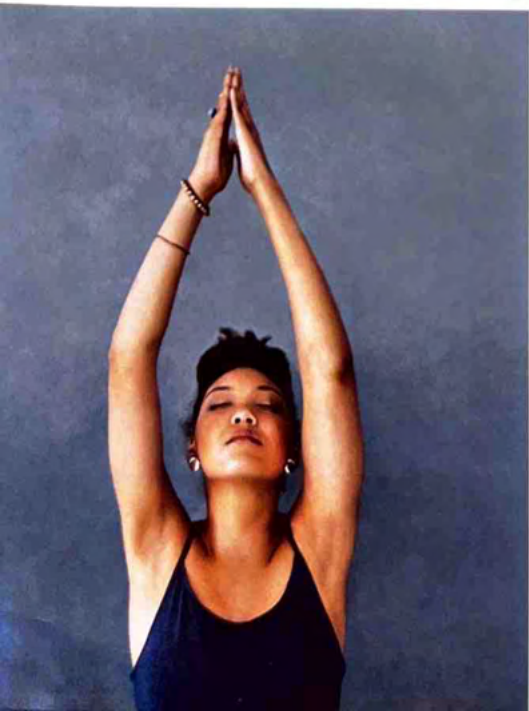
# SUITE-NESS!

## Couples Massage\*

Kindred spirits. Relax together.  
Enjoy any soulful massage  
in our suite reserved for two.

100 min | 75 min | 50 min

*Each guest can select from Aroma Stone  
Therapy, Bamboo or Deep Tissue.*



## MASSAGE

### **Couture Touch Face and Body Treatment**

Condition your skin and muscles with this all-embracing hands-on experience - our ELEMIS Pro-Collagen Age Defy facial with a 50-minute Swedish Massage. 100 min | 75 min | 50 min

### **Thai Herbal Poultice Massage**

Utilizes scented and heated herbal poultices that are applied to the body at pressure points to release tension. 100 min | 75 min | 50 min

### **Aroma Stone Therapy**

Hot stones are worked to deeply relax the body, getting into areas of tension while improving range of motion and helping the recovery of strained muscles. 100 min | 75 min | 50 min

### **Bamboo Massage**

Warm, therapeutic bamboo shoots and fragrant oils slide, roll, and deeply massage your muscles into pure bliss. 100 min | 75 min | 50 min

## HOLISTIC WELL-BEING

### **Acupuncture**

Our acupuncturist is certified to treat an extensive list of symptoms and conditions including, but not limited to, pain management, seasickness, weight gain, insomnia, and anxiety. 50 min

## IV THERAPY LOUNGE

### **The new hydration station.**

Experience the biostation, IV therapies to boost your wellness. Select from our super-powered formulas that contain vitamins and minerals essential to your vitality.



## FITNESS

### **InBody570\* Body Composition Analysis\***

Reveals your muscle mass, body fat mass, visceral fat, metabolism, inflammation, and fluid retention levels to allow you to take control of your health. 60 min

### **Nutritional Consultation**

Address tiredness, fatigue, weight, and other concerns with a personalized diet and exercise assessment to achieve a healthier lifestyle and reach wellness goals. 60 min

### **Personal Training**

It's all about you. Find out what exercises work best for your body. Our fitness professionals will design a workout suited for your specific needs. 60 min

### **Unlimited Class Pass**

Begin your vacation invigorated by signing up. Work your core, burn serious calories, and condition your body. Our class list and schedule allow you to build in workouts at your leisure.

Please visit the spa for a full schedule of complimentary classes available during your cruise.

**FreestyleTravelers.com**

## MEN'S SERVICES

### **ELEMIS High Performance Skin Energizer**

The hard-working facial for aging, stressed, dehydrated skin, and tired eyes. An energizing treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. 50 min

### **Grown Alchemist Hydra Restore Grooming Facial with Shave**

An Express Shave with the added benefits of a hot towel facial for cleansed and moisturized skin as well as a luxurious scalp, hand, and arm massage for enhanced relaxation. 55 min

## SALON SERVICES

### **Keratin Complex® Express Blowout with Cut**

Say goodbye to frizz in just one hour. This specially formulated, revitalizing treatment for the hair eliminates frizz and lasts up to six weeks. 45 min

### **Kérastase® Elixir Ultime 24-Carat Indulgent Ritual**

Nourish, protect, illuminate, and instantly restore hair with a highly concentrated treatment to leave hair silky, weightless, and beautifully fragrant. Includes a scalp massage. 25 min

### **Fire & Ice Manicure and Pedicure**

Using therapeutic cooling gels and massage with a heated stone, your skin will be smoother, and your nails will be nourished and polished to perfection. Manicure 45 min | Pedicure 60 min

Enhance your manicure and pedicure with Shellac™ polish for 14-day chip-free nails.

### **GO SMILE™ Teeth Whitening**

Lighten your teeth up to six shades in minutes with this safe and effective treatment. Couples' treatments available. 30 min

## VITAL INFO

### **Our Promise to You**

We are committed to inspiring your wellness journey while delivering uncompromising indulgence and the finest expression of service. Your comfort and enjoyment are important to us. If we have not fulfilled our promise to you, we will remedy your experience.

### **Value Price**

During your cruise the spa will offer value prices for certain services at specified times, allowing you to experience luxury therapies at a valued price. Check your daily program for details.

### **Nurture Your Experience**

We recommend you arrive 15 minutes prior to your treatment so you can focus your mind on relaxation. To ensure you do not forget any personal items of value, we suggest leaving them in the safety deposit box in your stateroom.

### **Cancellation Policy**

Please provide 24 hours' notice before canceling your appointments or your onboard account may be charged with 50% of your treatment cost.

### **Minimum Age**

Guests must be at least 18 years of age to receive treatments or utilize spa facilities unless participating in the kid and teen spa program. Salon services are available to guests of all ages. Fitness facilities are available to minor guests when accompanied by an adult. Please see restrictions posted outside the Fitness Center.

### **Product Return Policy**

Refunds are offered for all unopened products when accompanied by a receipt and returned by the end of the cruise. Unopened products without receipts can be exchanged for either services or products.

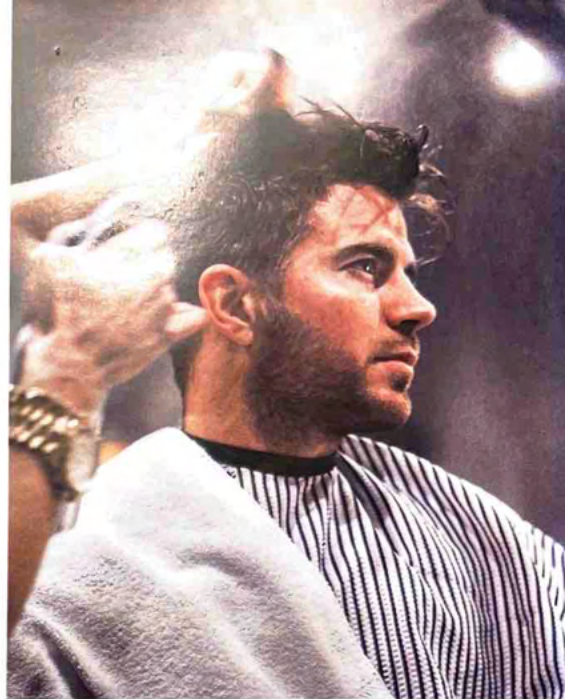
### **TIMETOSPA at Home**

Relaxation is achieved through daily practice. Your therapist will be happy to recommend a home care regimen to continue your treatment at home. For more information on our services or products, visit [timetospa.com](http://timetospa.com) or call 1-800-423-5293 to order.

### **Post Cruise Customer Service**

If you have queries that arise after your cruise, please call 1-855- 848-3059 or email our Customer Care at [customer-care@onespaworld.com](mailto:customer-care@onespaworld.com).

\*Occasionally, for reasons beyond our control, your treatment selection may not be available. For your convenience, an 18% gratuity charge will automatically be added to your spa and salon services.



## INSTANT HAIR TREATMENT

### **Kérastase® Fusio-Dose™**

Powerful boosters deliver custom-designed results.

Dry hair is nourished, damaged hair is strengthened, color treated hair is restored, and mature hair is re-densified.

