

MANDARA SPA

NORWEGIAN CRUISE LINE

PRICE LIST

*Our most well-loved services are indicated with the ♣ symbol.
Inquire about our Thermal Suite and special offers at spa reception.*

Onboard credit accepted at Mandara Spa.

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FACE		Swedish Massage	
♣ ELEMIS BIOTEC ANTI-AGING FACIALS 50 MIN		100 min	599
BIOTEC Line Eraser	229	75 min	449
BIOTEC Firm-a-Lift	229	50 min	349
BIOTEC Skin Resurfacer	229		
BIOTEC Super Charger for Men	229	BODY	
ELEMIS TOUCH FACIALS 50 MIN		♣ Aroma Spa Seaweed Massage	
♣ Pro-Collagen Age Defy	199	100 min	299
♣ Dynamic Resurfacing Precision Peel	199	75 min	249
Superfood Pro-Radiance	179	♣ Intensely Cleansing Salt Scrub	
High Performance Skin Energizer for Men	149	75 min	249
		50 min	199
ESSENTIAL FACIAL 25 MIN		♣ Ionithermie Cellulite Reduction Treatment	
Glow In-a-Flash	149	Course of 3	399
		50 min	199
MEDI-SPA*		MASSAGE	
TruSculpt® Body Contouring*		♣ BIOTEC Face and Body Ritual	
Thermage® Skin Tightening Treatments*		100 min	299
Restylane® Dermal Filler Treatments		♣ Couture Touch Face and	
DYSPORT® Cosmetic Wrinkle Treatments		Body Treatment 100 min	299
<i>Priced by consultation</i>		♣ Hot Mineral Body Boost	
		75 min	229
SPECIALTY TREATMENT EXPERIENCES*		♣ Poultice Powered Muscle Release	
Ocean Spa Wave Massage		75 min	229
100 min	299	♣ R3 Pain Management Therapy	
75 min	249	100 min	299
Zero Gravity Wellness Massage		♣ Restorative Salt Stone Massage*	
75 min	229	75 min	249
		♣ Coconut or Thai Herbal Poultice Massage*	
COUPLES		100 min	299
BODY		75 min	249
♣ Aroma Spa Seaweed Massage		♣ Aroma Stone Therapy	
100 min	599	100 min	299
75 min	499	75 min	229
♣ Intensely Cleansing Salt Scrub		50 min	199
75 min	499	♣ Bamboo Massage	
50 min	399	100 min	299
		75 min	229
MASSAGE		50 min	199
Select from Aroma Stone Therapy,		Deep Tissue Muscle Massage	
Bamboo or Deep Tissue		100 min	299
100 min	599	75 min	229
75 min	499	50 min	199
50 min	399		

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Swedish Massage	
100 min	299
75 min	219
50 min	179
Reflexology	
50 min	149

TRADITIONAL CHINESE ACUPUNCTURE

↔ Acupuncture Session 50 min	199
Neck and Shoulder Cupping add-on	39
Cellulite Cupping add-on	39
Eastern Nutritional Consultation add-on	39
Anti-Aging Acupuncture Facial add-on	39
Herbal Consultation	20

IV THERAPY LOUNGE*

IV THERAPIES

↔ bSkinny	299
↔ bRevived	199
↔ bRepaired	159

NUTRIENT IV

bCharged add-on	99
bFortified add-on	99

NUTRIENT INJECTABLES

bEnegized	39
bOptimal	39
bLean	39

PULSE FITNESS CENTER

↔ Personal Training	
3 sessions	249
60 min	99
↔ InBody570® Composition Analysis* 60 min	99
Body Composition Analysis 30 min	39
Nutritional Consultation 60 min	99
Body Sculpt Boot Camp	
3 sessions	109
30 min	69

GROUP FITNESS CLASSES 45 MIN

Select Class Pass 5-7 days	69
Select Class Pass 3 classes	39
Single Group Fitness Class	20

Please visit the spa for a full listing of our fitness offerings.

SALON

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HAIR

Keratin Complex® Express Blowout	from 169
Shampoo and Blowout Bundle of 3	149
Red Carpet Blowout	from 89
Up Do Style with Blowout	from 69
Shampoo and Blowout	from 59

↔ Keratin Complex® Express Blowout with Cut	from 199
Cut and Style with Blowout	from 99
Kérastase® Fusio-Dose™ Instant Hair Treatment	29
Kérastase® Elixir Ultime	
24-Carat Indulgent Ritual	49
Kérastase® 123 Hair Ritual	19
Highlight or Lowlights	from 149
Permanent Color	from 99
Semi-Permanent	from 79
Colorful Hair	from 49
Partial Highlights	from 29

NAILS

Fire & Ice Manicure 45 min	79
Exotic Hand Ritual 45 min	69
Traditional Manicure 30 min	59
Fire & Ice Pedicure 60 min	89
Sole Delight Pedicure 60 min	79
Traditional Pedicure 45 min	69
Repolish	29
Nail Fix per nail	15
Add on to any nail service	
Shellac® add-on	25
Paraffin Wax add-on	19

PAIRINGS

↔ Fire & Ice Manicure and Pedicure 105 min	159
Exotic Hand Ritual and Sole Delight 105 min	139
Traditional Manicure and Pedicure 75 min	119
Shellac® Add-On for Hands and Feet	40

SMILE

GO SMILE™ BLU™ PRO Teeth Whitening Treatment*	
Couples	358
45 min	199
GO SMILE™ Teeth Whitening Treatment*	
Couples	299
30 min	179

WAXING

Please inquire at the spa reception for a full list of waxing services.

BARBER

↔ Pro-Collagen Grooming Treatment with Shave and Men's Cut	149
Pro-Collagen Grooming Treatment with Shave	129
Express Shave	79
Men's Cut and Style Dry	59
Beard Trim and Tidy Up	25

**Available on select vessels.*

All prices are in US dollars. A 20% service charge will be added to your bill at checkout.