Vantage Point from a Community Based Organization

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Barriers during the Pandemic

- **Data** – Not reflective of AANHPI community as a whole
- **Language** – Unable to reach ethnic communities with written or spoken language
- **Accommodations** – Most AANHPI households consist of multiple generations
- **Technology** – Negative impact on health, mental health, schooling
Attitudes and Stigma with Mental Health

- Generational differences with seeking help
- Seeing a need for more mental health access for youth
- Culturally appropriate care
- Funding and costs
- Intergenerational trauma
Barriers to Mental Health Care

- Disaggregation of Data – AANHPI
- Language Access
- Funding
- Resources
- Model Minority Myth
- Cultural Competency

Resources

Funding

Disaggregation of Data – AANHPI

Language Access

Cultural Competency

Model Minority Myth
Collaboration