ALLIANCE & COALITION BUILDING

Helen H. Hsu, Psy.D.
Stanford University CAPS
APA Div. 45 President

Addressing Barriers & Building Bridges: Lotus Project Workshop
Who am I?

- Immigrant from Taiwan
- Working Class
- Alternative ed student
- Bi-lingual, Multicultural Family
- Past President, Asian American Psychological Association
- President, APA Div. 45
- Past committee member APA-SOGE
- APA Minority Fellowship Program
- Settler on unceded Ohlone lands
- Clinician, Activist, Advocate, Educator, Mentor, Collaborator
MASLOW'S HIERARCHY OF NEEDS (INFORMED BY BLACKFOOT NATION (ALTA))

Western Perspective
- Physiological needs
- Safety needs
- Belongingness and love needs
- Esteem needs
- Need to know and understand
- Aesthetic needs
- Self actualization
- Transcendence

First Nations Perspective
- Cultural perpetuity
- Community Actualization
- Expansive concept of time and multiple dimensions of reality
- Individual rights

Huiit, 2004; Blackstock, 2008; Wadsworth,
Workshop is Confidential, we entrust that individual and agency info is not shared without permission.

Active Engagement: Stay Curious and Participatory

Be Here Now.

Take space, Make Space

Radical Respectful Candor
Who teaches us the values for collaboration?

When have we seen it in practice?

Is it valued in our professions?

Dr. Julii Green and Dr. Sherry Wang
"While there can be highly-engaged intra-community conversations among separate East Asian, South Asian, Southeast Asian, West and Central Asian, and Pacific Islander / Pasifika communities, this dialogue rarely extends into commitments to fight and advocate for each other under a shared umbrella of solidarity."

--Lily Zheng
OUR AMERICAN STORY
FAMILY PORTRAITS OF RESILIENCE IN A YEAR OF VIOLENCE.

"GO BACK TO CHINA!"

"BUT I'M ON THE FRONTLINES RISKING MY LIFE TO SAVE YOURS.

""
Racial triangulation

Asian Americans simultaneously perpetrate and suffer from racial triangulation

Are victims and perpetrators of anti-Asian racism and anti-Blackness

At the intersection of the Model Minority Myth and AntiBlackness: From Asian American Traimgulation to Recommendations for Solidarity- Wang & Santos (2023)
Project examples

- Stanford Black Community Services Center and Asian American Activities Center co-sponsoring Mixed Heritage Group for Mental Health Awareness Month
- CODAPAR Grant: 8 different APA Divisions co-creating a yearlong Policy-relevant research webinar series under leadership of SPSSI.
Asian American Psychological Association BLM rally, 2016 Denver CO

Alliance Meeting, Association of Black Psychologists Convention
BIPOC Mental Health Month Project with Facebook and Ethnic Psychology Associations, 2021
“Too often we think the work of fighting oppression is just intellectual. The real work is personal, emotional, spiritual, and communal.”

— Dr. Bettina L. Love
Earning Trust
Repair Skills
Meeting of leaders from the Council of National Psychological Association’s for the Advancement of Ethnic Minority Interests prior to the Association of Black Psychologists’ conference in Oakland. The Saybrook student rep, Anthony, plus Drs. Richelle Concepcion, Fred Millan, Tiffany Townsend, Y. Evie Garcia, Linda James Myers, & Huberta Jackson-Lowman. Not shown (but taking the photo), Dr. Alberto Figueroa-Garcia.

- CNPAAEMI to Alliance to Coalition
- Changing leadership
- Varying priorities
- Ongoing Projects
- History-keeping
- Harm and Repair
- Equity, Resource allocation
HHS Multicultural Coalitions Guide

CREATE
CONNECT
COMMIT
CELEBRATE
### Project example

<table>
<thead>
<tr>
<th>CRDP</th>
<th>Action</th>
<th>Asks</th>
<th>Policies</th>
<th>Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td>CREATE</td>
<td>meet</td>
<td>workplan</td>
<td>contracts</td>
<td>grant</td>
</tr>
<tr>
<td>CONNECT</td>
<td>IRL</td>
<td>show up</td>
<td>presence</td>
<td>co create</td>
</tr>
<tr>
<td>COMMIT</td>
<td>repairs</td>
<td>align</td>
<td>support</td>
<td>share</td>
</tr>
</tbody>
</table>
Describe an experience you had that built trust or facilitated collaboration

Identify / describe an experience you had that co-created repair and understanding

...or not!
Reflect/Assess

What is your agency currently doing to build coalition & address impact of anti-Asian hate for your clients?

What do you and your organization need to improve your coalition building/maintenance?
Let’s examine either a current project underway, or one you are thinking or seeking.
Briefly identity the actions, asks, policies and resources needed
Discuss at the table what you need to prepare to create, connect and commit in collaboration.
## Grow Your Project

<table>
<thead>
<tr>
<th>Action</th>
<th>Asks</th>
<th>Policies</th>
<th>Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td>CREATE</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CONNECT</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>COMMIT</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Pace Ourselves

- This is lifelong, generational work
- Humility and Generousity go a long way
- Think Strategically.
- Evaluations must include community
- Keep records, history
- disaggregated data
- Celebrate!
THANK YOU