



INDIVISIBLE  
ARTS

x



DA VINCI  
RISE HIGH

CREATIVEWISDOMTOOLSPROGRAM™

For your consideration this **GI♥INGTUESDAY...**

-at-



**RICHSTONE**  
*family center*

Indivisible Arts and Da Vinci RISE High at Richstone Family Center are changing lives in the local South Bay foster care community by teaching Creativity, Consciousness, and Connection through the Creative Wisdom Tools program.

The program has transformed the students with **immediate, impactful, and inspired results** - while equipping them with **creativity, consciousness, and coping tools for life**.



We are fundraising to make this program available all year.



# TESTIMONIALS

“Out of everything in my life that I have tried to reach a state of peace in my mind, from medication to hospitalization, **never have I found a more impactful and life changing experience than the powerful tools I have learned under the teachings of Rafael and his Mission.** These lessons and tools of mindfulness have changed my life in ways that I cannot describe, **from a life of suffering to a life of Hope,** I truly believe that these Tools are reaching the people they need to reach here at Rise and inspiring those who are to be inspired.”

- Gabriel, RISE student

Photo by Armand Taylor, RISE student featured on the front cover.

# TESTIMONIALS

---



Students are impacted by the Indivisible Arts program in a holistic and transformative way, and I have witnessed the authentic and life changing impact it has had on students I've worked with for years and those who come to RISE with deep traumas to heal from. Rafael is an incredible partner who cares deeply and extends his time far beyond the program hours to work collaboratively with teachers to integrate Arts with curriculum and projects students are working on. The potential and power of this work is something I'm grateful for everyday. - **Naomi Lara, Da Vinci RISE Principal**

---

“Indivisible arts has made an undeniable impact in our student community. Students vocally feel empowered to creatively express themselves and emboldened to create their learning experiences.” - **Mario Sazo, Da Vinci RISE Teacher**



It feels like my safest place, and I think it can feel like everyone's safest place. It's where my art and soul are most supported. The Creative Wisdom Tools have made me feel really in tune with my own frequency - my own thoughts and energy. And it's made me more sensitive to the energy around me - in a good way.” - **Esme, RISE Student**

---



# ABOUT THE PROGRAM

The Creative Wisdom Program for Da Vinci RISE Students consists of 2-hour classes, featuring:

- 1 hour of **Creative Wisdom Tools** - emotional intelligence teachings in a classroom setting (for which students receive high school credits) featuring the tools of: Awareness, Acceptance, Intention, Gratitude, Compassion, Forgiveness, Connection
- 1 hour of **Creative Studio Time**, where students get to explore their relationship to creativity and express their emotions through a range of creative media featuring acrylics, spraypainting, macrophotography, music and more.



## Equipping our Youth with Resiliency Tools

Through our Creative Wisdom toolkit, we give our students the resilience and tools to meet life on life's terms. We define success through our students utilizing these emotional intelligence tools in their daily lives, and are dedicated to 100% retention of these tools - which results in a noticeable shift in their behavior and consciousness after only a few sessions.

## Creativity: The Language of the Soul

The Creative Studio Time is a vital aspect of the program as it gives students the opportunity to process trauma, emotions and life experiences in a safe, constructive, and transformative manner. This studio time is led by professional artists, photographers, and musicians that work one-on-one with the students.

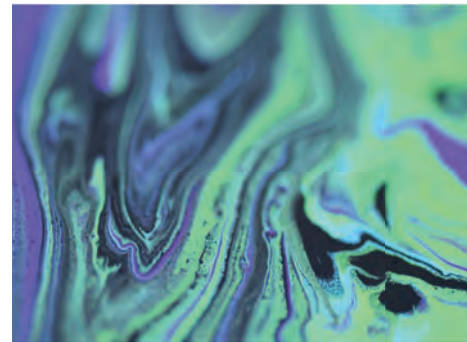


Photo by Armand Taylor

# WHAT WE'RE FUNDRAISING FOR

90% of Americans feel like we are currently in a Mental Health Crisis (October 2022 ). And it's hitting the youth of Gen-Z, who have grown up addicted to technology and devices, the hardest. **Since the pandemic began, depression and anxiety have doubled in youth globally** (Racine, et al 2021). The lack of effective youth mental health interventions contributes to this mass decline in their mental health, especially in disadvantaged communities where mental health interventions aren't affordable.

Through emotional intelligence and creativity, we give these kids practical tools that help them meet life on life's terms in the ever-changing world we live in. Our current grant from Elevate Youth, a program of the California Department of Health Care Services and the Center at Sierra Health Foundation, makes this vital program available for only 8 weeks per semester...

The Creative Wisdom Tools Program is our comprehensive and holistic solution to the mental health crisis.





**We're fundraising to make this program available YEAR-ROUND to students at Da Vinci RISE High.**



Please join us in our mission of changing the world, by turning on the lights of consciousness, creativity, and connection – one student at a time.

### Sponsoring The Program

Annual Cost of Program, at 24 students/class:  
**\$70,175**

Half a year, at 24 students/class:  
**\$35,087**

Cost of one session, including 24 students:  
**\$1,847**

### Sponsoring A Student

Cost for 1 student to attend a full year (38 classes):  
**\$2,926**

Cost for 1 student to attend half a year (19 classes):  
**\$1,463**

Cost of each student per session:  
**\$77**

# THE NEXT GENERATION OF CULTURE IS BEING BORN IN THE SOUTHBAY, AND YOU CAN BE A PART OF IT.

As a volunteer-based, 501(c)(3) non-profit, we rely on grants, donors, and brand partners to help us keep our programs growing so that we can help more and more students with each passing season.



INDIVISIBLE  
ARTS



DA VINCI  
RISE HIGH



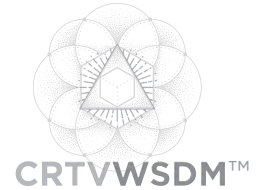
RICHSTONE  
— family center —



THANK YOU

## CONTACT

Aidan Morgan  
Director of Development  
Indivisible Arts  
aidan@indivisiblearts.org  
831.601.8137  
www.indivisiblearts.org



## Please make donation checks to:

Indivisible Arts  
618 Cypress Ave,  
Hermosa Beach, CA 90254

Indivisible Arts EIN:  
81-3461706

Scan this QR Code to Donate  
or visit [www.indivisiblearts.org/donate](http://www.indivisiblearts.org/donate)





# APPENDIX

We are on the precipice of mental health crisis and we know that **creativity, consciousness, connection** and **community** are critical parts of the holistic solution.

### The Current State of Mental Health in the U.S.

- **65 million people** in US are diagnosed with a mental health condition - Project Healthy Minds (PHM)
- 47,511 suicide deaths in 2019, **one American every 11 minutes** - CDC, 2020
- Serious mental illness costs in the United States amount to **\$193.2 billion** in lost earnings per year - CDC, 2021
- Anxiety disorders affect **40 million adults in the U.S. (18.1%** of the population) making it the most common mental illness. (Anxiety & Depression Association of America)

### Mental Health and Gen Z (ages 7-23)

- **86%** say mental health is as or more important than physical health - PHM
- **96%** of them report dealing with anxiety today - PHM
- **46%** report experiencing anxiety frequently or all the time - PHM
- Suicide is the **2nd leading cause of death** among people aged 15-34 - CDC, 2021

### Mental Health and Addiction

- Drug overdose deaths reached a **record high of 93,331** in 2020 - CDC Wonder 2020, (NVSS)
- In 2012, more than 255 million opioid prescriptions were dispensed a rate of 81.3 prescriptions per 100 Americans (CDC, 2021)

### Mental Health Addiction and Screens

- We tap, swipe, and click on our phones **2,617 times per day** (King Online University - 2019).
- The average smartphone owner unlocks their phone **150 times** a day (Internet Trends - 2019).
- **87%** of Millennials say their smartphone never leaves their side (Zogby - 2019).
- **60%** of college students say they are addicted to their phones (Baylor - 2019).
- Screen time spiked to over **13 hours/day** during COVID-19 (Eyesafe Nielsen, 2020)
- Children (11-14) spend about **9 hours** a day in front of a screen using entertainment media (CDC, 2021)





# INDIVISIBLEARTS

**INDIVISIBLE ARTS** is a South Bay 501(c)(3) nonprofit dedicated to cultivating creativity, consciousness, and connection through the arts. We are on the precipice of mental health crisis and we know that art, consciousness, connection and community are critical parts of the holistic solution. Whether students love designing skate decks or apparel, or doing photoshoots with professional dSLR cameras and strobe lights, our youth program brings art and imagination to life in a way that builds creative confidence, self-esteem, resilience, and conscious awareness. We are committed to deeply imparting these universal concepts as practical daily tools - as indispensable building blocks for living, coping, and thriving.



*Our Vision is to Create a Better Reality.*

Not by guaranteeing we can transform the outside world of a student, but by transforming their *inside world*. Through our Creative Wisdom toolkit, we give our students the resilience and tools to *meet life on life's terms*. We define success through our clients retaining and utilizing the tools in their daily life - successfully resulting in students who are:

**SPIRITUALLY AWARE + PHYSICALLY BALANCED + MENTALLY SHARP + EMOTIONALLY CALM.**



**THE CREATIVE WISDOM TOOLS PROGRAM HAS 7 TOOLS**

It isn't enough to just teach what these words mean. We are committed to deeply imparting these universal concepts as PRACTICAL DAILY TOOLS - as indispensable building blocks for living, coping, and thriving. We are dedicated to 100% retention and usage of these tools by our students - and that results in a noticeable shift in their behavior and consciousness after only a few sessions.

ACCEPTANCE  
 AWARENESS  
 INTENTION  
 FORGIVENESS  
 COMPASSION  
 GRATITUDE  
 CONNECTION





Da Vinci RISE High seeks to create a highly responsive, holistic, and integrated model that meets the unique needs of youth navigating foster care, housing instability, probation, and/or other circumstances that have caused disruptions in their academic journeys. Through the facilitation of a flex-scheduling, credit recovery model, students are given the voice and choice necessary to pursue their academic goals while honoring the additional responsibilities they have in their lives.

RISE collaborates closely with a network of youth development agencies, educators, municipalities and social-support centers to break through systemic silos and create a truly student centered ecosystem.





**Richstone Family Center** was incorporated as a nonprofit social services agency in 1974. In 1977, the State of California awarded Richstone a grant as one of the first of six child abuse treatment and prevention programs in the state. With this grant, Richstone was established as a comprehensive agency providing services to approximately 70 families a year. In 1980, Richstone was recognized as a neighborhood family center by the Los Angeles County Inter-agency Council on Child Abuse and Neglect).

Today, Richstone continues to be one of the most progressive centers for trauma-focused treatment and the prevention of child abuse in Los Angeles County. We are the first Southern California recipient of a Blue Ribbon

Affiliate designation from Parents as Teachers.







Opened in 2009, **Da Vinci Schools** is known for its innovative approach to project-based, real-world learning, connecting to industry, and bridging the gap between K-12, college and career. Da Vinci students are prepared for college, career and life simultaneously through a project-based, real world curriculum. This curriculum is shaped by industry and higher education partnerships to ensure students have access to a broad range of choices when they leave Da Vinci.

Da Vinci's educational approach emphasizes caring relationships, real-world problem solving, learning by doing, and cultivating a growth mindset -- all in an inclusive learning environment that prioritizes educational equity for all students.

