

Moral Injury Events Scale- Civilian (MIES-C)

In this scale we will be asking you about events that might have conflicted with your morality or your sense of right and wrong. Please rate on a scale of 1-6.

	Strongly Disagree (1)	Moderately Disagree (2)	Slightly Disagree (3)	Slightly Agree (4)	Moderately Agree (5)	Strongly Agree (6)
1. I saw things that were morally wrong.						
2. I am troubled by having witnessed others' immoral acts						
3. I acted in ways that violated my own moral code or values						
4. I am troubled by having acted in ways that violated my own morals or values						
5. I violated my own morals by failing to do something that I felt I should have done						
6. I am troubled because I violated my morals by failing to do something that I felt I should have done						
7. I feel betrayed by specific people who I once trusted						
8. I am troubled by this betrayal by specific people						
9. I feel betrayed by the institutions that I am supposed to trust. (for example, police, church, schools, governmental workers)						
10. I am troubled by this betrayal by the institutions that I am supposed to trust.						

Scoring:

Total Score: Sum all items (1-10) together

Exposure Subscale: Sum 1, 3, 5, 7, 9

Distress Subscale: Sum 2, 4, 6, 8, 10

Citations:

Fani, N., Currier, J. M., Turner, M. D., Guelfo, A., Kloess, M., Jain, J., Mekawi, Y., Kuzyk, E., Hinrichs, R., Bradley, B., Powers, A., Stevens, J. S., Michopoulos, V., & Turner, J. A. (2021). Moral injury in civilians: associations with trauma exposure, PTSD, and suicide behavior. *European journal of psychotraumatology*, 12(1), 1965464.

<https://doi.org/10.1080/20008198.2021.1965464>

Lathan, E., Powers, A., Kottakis, A., Guelfo, A., Siegle, G., Turner, J., Turner, M.D., Yakkanti, V., Jain, J., Mekawi, Y., Teer, A.P., Currier, J.M., & Fani, N. (2022). Civilian moral injury: Associations with trauma type and high-frequency heart rate variability in two trauma-exposed community-based samples. *Psychological Medicine*, 1-10.

doi:10.1017/S003329172200215X