

THE GAME
MEANT IS
TO BE FUN

IA. ATH.
CLUB

COCKTAILS

FROZEN

- THE FROZEN ONE** . . . 11.95
gold rum, spiced rum, pineapple, cream of coconut
- PINK CADILLAC MARGARITA** . . . 11.95
casamigos anejo, grand marnier, pama, house sour, lime
- HOUSE FROZEN** . . . 9.95
flavor of the week
- FROZÉ** . . . 8.95
flavor of the season



HOUSE SPECIALTIES

- Bloody Mary** vodka, zing zang, pepperoncini, pickled okra 7.95
- Pom Cosmo** citron, lime, triple sec, pama 8.95
- Raspberry Hurricane** silver rum, dark rum, o.j., passionfruit,
lime, chambord 8.95
- Reno Sour** rye, house sour, o.j., bitters, red wine float. 9.95
- Painkiller** dark rum, pineapple, o.j., cream of coconut, nutmeg. 9.95
- Redheaded Stranger** d.e. grapefruit vodka, aperol,
ruby grapefruit juice, lime 8.95
- Old Fashioned** black walnut 10.95
- Bronze Lion** revelton gin, pama, st. germain, lemonade. 8.95

MULES

- Bad News Bees** 8.95
Iowa honey vodka, mango, lime, ginger beer
- Malice in the Chalice** 8.95
citrus vodka, amaretto, lime, cran, ginger beer
- Larry Bird's Underwear** 9.95
bourbon, sour apple, lime, granny smith, ginger beer
- Stanley Coupe** 8.95
orange vodka, basil bitters, lime, o.j., ginger beer





DRAFT LIST

Scan the QR code below to see our seasonal beer selection!

Big Grove Easy Eddy	7.00/13.00
Blue Moon	6.00/11.00
Bud Light	5.00/9.95
Budweiser.	5.00/9.95
Busch Light	5.00/9.95
Coors Light	5.00/9.95
Michelob Ultra.	5.00/9.95
Miller Lite	5.00/9.95

BEER BOTTLES & CANS

Bell's Two Hearted	5.50	Pabst Blue Ribbon	4.95
Busch Light	4.95	Coors Banquet.	4.95
Bud Light	4.95	Coors Light	4.95
Bud Heavy	4.95	Hamm's	4.95
Miller Lite	4.95	Corona Premier	4.95
Miller High Life	4.95	Corona Extra.	4.95
Old Style	3.95	Founder's All Day IPA	4.95

DRAFT LIST



20+ BEERS ON DRAFT!
SERVED IN A PINT OR A
1 LITER MUG

IOWAATHLETIC.COM/DRAFT-BEER



WINE

Pinot Noir.	7.95	Pinot Grigio	7.95
Cabernet	8.95	Chardonnay	7.95
Merlot	7.95	Sauvignon Blanc	8.95
Rose	7.95	Prosecco.	7.95

APPETIZERS

Chips & Salsa 8.95
roasted tomato and arbol salsa

Chips & Queso 10.95

Loaded Fries . . . 11.95
nacho cheese, pickled jalapenos, bacon, chives

Fried Pickles *served with buttermilk ranch dressing* 10.95
deep fried crinkle cut dill pickles, breaded in cornmeal, panko, paprika

Grand Slam Nachos *sub impossible meat or grilled chicken 2.50* 16.75
house made queso, seasoned beef, pico de gallo, avocado salsa, crema, cilantro

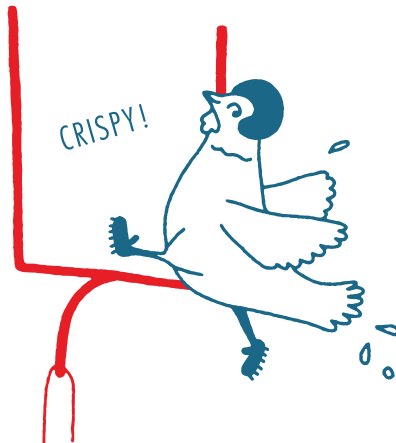
Spicy Shrimp 13.95
brussels sprouts, kale, broccoli, red cabbage, carrot, nuoc cham, fried peanuts,
fresh cucumber, shallot, cilantro, basil, mint, umami aioli

Harissa Roasted Cauliflower 11.95
spiced mango chutney, charred red onion, yogurt, tahini sauce, israeli pickled vegetables,
fresh mint

Spinach Artichoke Dip 13.95
freshly baked pita, parmesan cheese, lemon zest, chives

Buffalo Chicken Dip 13.25
classic fan favorite served with tortilla chips!

Beer Nuts
4.95
a perfect blend
of salty, sweet
and spicy



CHICKEN WINGS

Bone-In, Boneless, or Cauliflower
served with blue cheese or ranch dressing

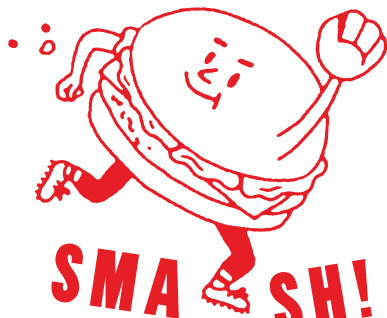
1/2 Order . . . 10.95 Full Order . . . 16.95

Classic Buffalo Honey BBQ Nashville Hot
Korean Ssam Jang

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness

SALADS & SOUP

- Athletic Club Cobb**12.95
house romaine blend, grilled chicken, hard boiled egg, bacon, avocado, tomato, roasted red pepper, onion, cucumber, honey mustard vinaigrette
- Smoked Blue Cheese Wedge**12.95
iceberg, bacon, red onion, cherry tomato, smoked blue cheese dressing, chives, croutons
- Salmon Caesar** 14.25
house romaine blend, croutons, parmesan, sunflower seeds, cherry tomatoes
- Kale Salad** 13.25
kale greens, brown rice, avocado, cucumber, edamame, furikake, toasted almonds, ginger & soy vinaigrette



SMA SH! BURGERS

*Served with crinkle cut fries. Substitute a side salad for 2.00
Substitute cup/bowl of soup for .50/1.00. Substitute impossible patty for 1.50
Gluten free buns and vegan cheese available!*

- The Americana**15.50
club sauce, American cheese, lettuce, tomato, red onion, dill pickle, brioche bun
- The Southerner**14.25
pepper jack cheese, bacon, southern chow chow, tomato, Nashville hot aioli, brioche bun
- El Diablo**14.95
pickled jalapeno, 4 alarm cheese, fried onion, serrano cowboy candy, lettuce, chipotle aioli, brioche bun
- Big Island**14.25
grilled pineapple, Canadian bacon, bacon, Swiss, lettuce, furikake, umami aioli, teriyaki, brioche bun
- Mushroom & Swiss**14.25
griddled mushrooms, red onion jam, Swiss, Russian dressing, brioche bun
- Vegan Burger**14.25
two smash impossible patties, spicy chutney, hummus, vegan cheese, kale slaw
- Frisco Melt**15.25
two smash patties, American & Swiss cheese, frisco dressing, sourdough

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SANDWICHES & BASKETS

Served with crinkle cut fries. Substitute a side salad for 2.00
 Substitute cup / bowl of soup for .50/1.00



THE IOWA ATHLETIC "CLUB"
 13.95
 Nueskies smoked turkey & ham, bacon, tomato, red onion,
 lettuce, roasted garlic aioli, sourdough

Crispy Chicken Sandwich with choice of club sauce or Nashville hot13.95
 southern cabbage chow chow, brioche bun, american cheese

Carnitas Torta12.95
 avocado, pico, guajillo sauce, crema, shredded lettuce, sourdough hoagie, sided with chile
 braising jus for dipping

Philly Cheesesteak15.95
 sirloin steak, sauteed peppers and onions, pepper jack cheese, sourdough hoagie roll

Chicken Fried Pork Tenderloin12.95
 shaved red onion, dill pickle, club sauce, brioche bun

Mediterranean Hummus Sandwich12.95
 fried eggplant, hard boiled egg, creamy hummus, Israeli pickled vegetables, spiced mango
 chutney, served on freshly baked pita bread

WRAPS

Quesadilla Crunch Wrap with choice of beef, chicken, or impossible12.95
 homemade queso, crema, shredded lettuce, pico, tostada, flour tortilla, served with chips and
 salsa

Buffalo Chicken13.95
 house romaine blend, cheddar cheese, tomatoes, ranch, red onion, boneless wings, tossed in
 our house buffalo sauce!

Mac 'n Cheese . . . 11.95
 gouda, cheddar, havarti, bread crumb, chives

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TAVERN STYLE PIZZA

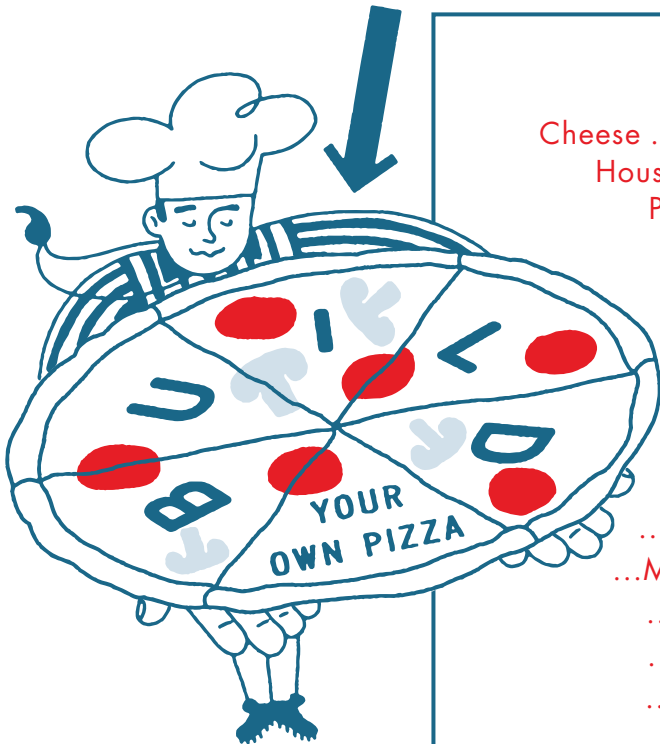
We're sorry, but no substitutions can be made to the specialty pizzas — see below to build a pizza of your very own!

HOME PLATE SPECIALTIES



THE ALL STAR IAC's Supreme pizza!	16.25	23.25
TACO san marzano, ground beef or veggie only	15.75	23.25
CHICKEN BACON RANCH white bbq, chicken, onion, tomato	14.75	21.95
HAWAIIAN you know the drill — ham, pineapple, green onion	14.75	21.95
CARNITAS cilantro, pickled onion, salsa verde, guajillo sauce, corn	14.75	21.95
BUFFALO CHICKEN grilled chicken, celery, ranch	14.75	21.95

Sub 10" cauliflower crust for 2.00. Vegan cheese and impossible meat available



DESIGNATED HITTERS SMALL . LARGE

Cheese	10.55 . 17.25
House Made Sausage	12.00 . 19.70
Pepperoni	12.00 . 19.70
Meat Lover's	13.00 . 22.75
Veggie Heaven	12.00 . 19.00

PINCH HITTERS

Fixin's to add to Small - 1.25/Large pies - 1.75

- ...Red Onion...Poblano...Corn...Sauerkraut...
- ...Mushroom...Pickled Red Onion...Black Olive...
- ...Tomato...Fried Onions...Banana Peppers...
- ...Pineapple...Artichoke...Pickled Jalapeno...
- ...Bacon...Ground Beef...Canadian Bacon...

SOFT SERVE

Vanilla, Chocolate ... or a Twist!
Add Chocolate Drizzle or Sprinkles

Large . . . 4.95



Cast Iron Cookie
Chocolate chip cookie topped
with soft serve ice cream
9.95

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