



## PART 1: GET THEM READY!

### WIN

To parent our teenagers with intentionality as we prepare them for adulthood

### CONNECT

What's one word or emotion that best describes your experience with parenting a teenager?

### LEARN

Before watching the video, take a few moments to pray. Here's a simple prayer you can use:

*Heavenly Father, thank you for the teenagers you've entrusted to us. Guide us as we navigate the unique gifts and challenges in this season to prepare our teens for their future. Amen.*

After praying, watch the video (22 minutes).

### APPLY

1. When you think about your own teenage years, how did your parents prepare you for adulthood? What changes did you notice in how they parented you as you moved through high school?
2. Where have you seen overconfidence in your teenager? Where have you seen them feeling overwhelmed?
3. Tim shared that parents today need to be *timely and timeless*. What are the ways you're acknowledging the unique challenges your teenager faces in our culture today? What are the timeless values you want to instill?
4. Getting our teenagers outside of their comfort zone provides unique growth opportunities. Three examples would be (1) doing something scary, (2) meeting someone influential, and (3) going someplace different. Which of these have you already done, and which would you like to do? Talk about ideas together.
5. Tim suggests that parents should strive to provide equal doses of autonomy and responsibility to our teenagers. How well are you doing this? What shifts would you like to make?





## PUTTING IT INTO PRACTICE

Each session will include a “Putting It into Practice” section with practical ways you can apply what you’ve learned. Tim talked about how we, as parents, tend to risk too little, rescue too quickly, and rave too easily. What’s one parenting shift you’d like to make this week? Share your plan and check in with each other at your next meeting.

## PRAY

Spend time praying together to end your group time. Thank God that he chose you to parent each of your kids in the season you’re currently in. Surrender to him any pressure you feel to be the perfect parent. Thank God for his great love for your kids and for you. Ask for his direction as you complete this study.

## ADDITIONAL RESOURCE

*Artificial Maturity: Helping Kids Meet the Challenge of Becoming Authentic Adults* by Tim Elmore

