<table>
<thead>
<tr>
<th></th>
<th>Description</th>
<th>Entrees + Side(s)</th>
<th>Calories (cal)</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>BOWL</td>
<td>1 Entree + Side(s)</td>
<td></td>
<td>240-1010</td>
<td>8.40</td>
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<tr>
<td>PLATE</td>
<td>2 Entrees + Side(s)</td>
<td></td>
<td>390-1500</td>
<td>9.90</td>
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<tr>
<td>BIGGER PLATE</td>
<td>3 Entrees + Side(s)</td>
<td></td>
<td>540-1990</td>
<td>11.40</td>
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<tr>
<td>FAMILY MEAL</td>
<td>2 Lrg. Sides + 3 Lrg. Entrees</td>
<td></td>
<td>240-1990</td>
<td>43.00</td>
</tr>
</tbody>
</table>

Serves 4-5
Premium Upcharge +3.75

NEW CHILI CRISP SHRIMP
# Choose Entrees

## Favorites
- The Original Orange Chicken* 490 cal
- Beijing Beef* 470 cal

## Premium +1.25
- Honey Walnut Shrimp 360 cal

## Wok Smart
300 Calories or less and at least 8g of protein
- Broccoli Beef 150 cal
- Kung Pao Chicken 290 cal
- Grilled Asian Chicken 300 cal

## A la Carte
- Small 5.20  Medium 8.50  Large 11.20
- Premium A la Carte: Small 6.45  Medium 11.00  Large 14.95

# Choose Sides

## Vegetables
- Super Greens 90 cal

## Noodles
- Chow Mein 510 cal

## Rice
- Fried Rice 520 cal
- White Rice 380 cal
- Brown Rice 420 cal

## A la Carte
- Medium 4.40  Large 5.40
APPETIZERS 2.00

DRINKS
Fountain 0-570 cal 2.10 2.30 2.50

BOTTLES
Water 2.30 2.70 3.00
Juice 2.30
Drinks 2.40

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information available upon request.