



The Holidays are coming-
are you ready?

BUILD YOUR SPIRITUAL FITNESS WITH OUR 3 DAY WORKOUT SERIES



Sunday, Sept. 7, 2025 - 3:30 pm -5 pm EST
Sunday, Oct. 5, 2025- 3:30 pm -5 pm EST
Sunday, Nov. 2, 2025- 3:30 pm -5 pm EST

ZOOM Meeting ID: 327 177 518
Passcode: 470809

Presented by Wake up to Recovery AFG

All are welcome
Guest Al-Anon speakers