The articles below were used to develop FACT’s Nutritional Benefits of Pasture Raised Food handouts. Skip to: beef cattle, bison, dairy cows, laying hens, meat birds, pigs, and sheep & goats.

**Beef cattle**


A list of scientific articles related to beef quality and nutritional content:


**Bison**


**Dairy cows**


Barca, J., Carriquiry, M., Olazabal, L., Fajardo, M., Chilbroste, P., & Meikle, A. (2017). Milk fatty acid profile from cows fed with mixed rations and different access time to pastureland


**Laying Hens**


**Meat birds**


Stadig, L. M., Rodenburg, T. B., Reubens, B., Aerts, J., Duquenne, B., & Tuyttens, F. A. (2016). Effects of free-range access on production parameters and meat quality, composition and


**Pigs**


vitamin D nutritional quality of pork. *PLOS ONE*, 12(11), e0187877.  
https://doi.org/10.1371/journal.pone.0187877

https://doi.org/10.2527/jas.2013-7398

https://doi.org/10.1111/jpn.12799

https://doi.org/10.1017/s175173111500066x

https://doi.org/10.5897/ijnam2018.0232

https://doi.org/10.2527/jas.2015-0203

https://doi.org/10.1016/j.jprot.2019.103437

https://doi.org/10.2527/jas.2014-8422

https://doi.org/10.1186/s12866-019-1556-x

https://doi.org/10.1016/j.foodchem.2012.11.085


**Sheep and goats**


organic and conventional meat: a systematic literature review and meta-analysis. *British Journal of Nutrition, 115*(6), 994–1011. [https://doi.org/10.1017/s0007114515005073](https://doi.org/10.1017/s0007114515005073)


