

isla & co.

WTF IS AUSTRALIAN
FOOD ANYWAY?

Enjoy a small slice of Australia without
the 20 hour flight



You can't drink all day
if you don't start in the morning...

~~COCKTAILS~~

EARLY BIRDIES

COCKYS



Bloody Mary 13

vodka, our spectacular house-made bloody mary mix
here's to last night's mistakes, & to today's new ones



Espresso Martini 15

vodka, Mr. Black Coffee Liqueur,
fresh espresso
if you know, you know



East Side Spritz 15

gin, aloe, lemon, cucumber, sparkling wine
a little spritz in your step



Isla Mimosa 12

oj, orange liqueur, sparkling wine
name a better way to get your vitamins



Basil Gimlet

spiced pineapple, lime, basil infused vodka
go ahead, you deserve it

15



All cocktails available all day

COCKTAILS

NIGHT OWLS



Cheeky Negroni

13

mezcal, campari, sweet vermouth, cynar
the name says it all



Smoke Show 15

mezcal, passionfruit, lime, habanero
smoke & spice & everything nice



Life Of A Kosher Lobster 13

bourbon, amaro, raspberry, grapefruit,
bay leaf
As kosher as lobster

Margot Robbie 15

tequila, pamplemousse, toasted sesame,
lemon, honey

Vibrant, daring, and irresistibly charming

Isla Old Fashioned

rye, demerara, bitters, lemon oils

a timeless classic with a twist

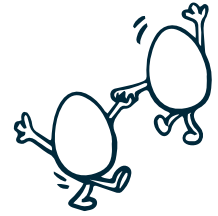


BRUNCH (UNTIL 4PM)

Smashed Avocado Toast (vg, gfo) 16

multigrain toast, smashed avocado, marinated feta, pickled onion, heirloom tomatoes, salsa verde, toasted seeds

ADD bacon 4, poached egg 3, smoked salmon 8, hash browns 5, garlic mushies 6



Kimchi Sambal Scramble (vg, gfo) 19

multigrain toast, soft scramble, kimchi, marinated feta, chili crunch, scallions

ADD bacon 4, avocado 4, smoked salmon 8, hash browns 5

Mushroom Toast (vg, gfo) 20

multigrain toast, sauteed mushrooms, garlic, baby kale, chimichurri whipped ricotta, poached egg, parmesan

ADD bacon 4, avocado 4, smoked salmon 8, hash browns 5

Breakfast Roll (gfo) 17

toasted brioche bun, scrambled egg, smoked bacon, cheddar cheese, hash brown, special sauce, french fries

ADD avocado 4, sambal (hot) sauce .5

Breakfast Burrito 18

flour tortilla, scrambled egg, smoked bacon, crunchy hashbrown, cheddar cheese, chimichurri, french fries

Mini "Big" Brekkie (gfo) 14

multigrain toast, smoked bacon, spiced beans, fried egg, hash brown

Make it an actual "big brekkie" (two pcs of bacon, fried eggs and hash browns) +4

SIDES

Toast / GF Toast 3

+ Seasonal Jam 3

+ Vegemite 3

Avocado 4

Poached/Fried Egg 4

Bacon (2 PC) 4

Chicken Salt Fries & Aioli 7

Salmon Lox 8

Garlic Mushies 6

Spiced Beans 4



Pulled Pork Hash (gfo) 20

multigrain toast, sautéed potato hash, pulled pork, poached eggs, hollandaise, fried parsley, chili threads

ADD avocado 4, bacon 4

Strawberry Cheesecake Waffles 18

toasted sugar waffle, spiced apple, strawberry cheesecake, cinnamon crumble, fresh strawberries

FOR THE TABLE (ALL DAY)

Kangaroo Tucker (gf) 19

traditional australian rubbed kangaroo skewers, herb tahini, cucumber salad, pickled onions, chili crunch, cilantro

Kung Pao Fried Cauliflower 15

crispy sweet spicy battered cauliflower, chili, cilantro, fried shallots, aioli

Thai Spiced Squid (gf) 17

crispy thai spiced squid, chili, lemon cheek, cilantro, miso ranch



Spicy Chicken Wings (gf) 16

isla's famous sweet sticky chili glazed wings, cilantro, scallion, chili, miso ranch

Truffle Fries (gf) (vg) 9

french fries, truffle oil, green parmesan, fried parsley, aioli

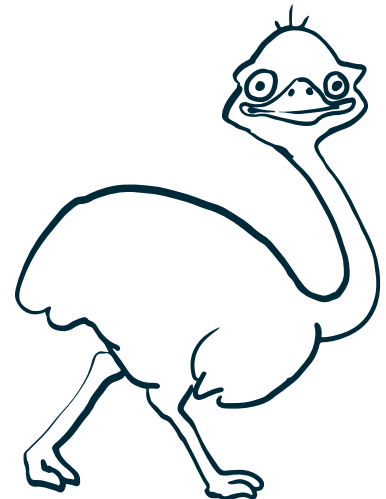
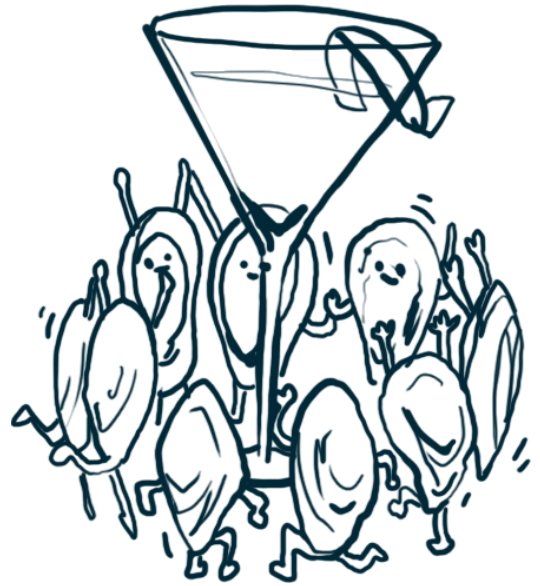
Don't forget to tag us
@islaandco and @islaandco.wpb

Hummus Plate (vg, gfo) 15

toasted multigrain, marinated feta, pickled onions, green olives, chimichurri, toasted multigrain

Sausage Rolls 16

thai spiced pork mince, puff pastry, sweet chili sauce



BOWLS & SANDOS

(ALL DAY)

Sandwiches...
or burgers

Isla's Power Bowl (gf) (vg) 18

quinoa, sauteed mushrooms, avocado roasted yams, grilled broccolini, marinated feta, cilantro, sambal emulsion, toasted seeds

ADD grilled chicken 6, shrimp 8

Green Caesar Salad (gf) (vg) 17

baby gem lettuce, crispy parmesan wafer, caesar dressing, green parmesan, fried parsley, fried onions

ADD avocado 4, bacon 4, grilled chicken 6

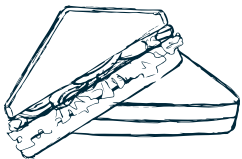
Lemon Broccoli Orecchiette (vg) 17

lemon pesto, capers, garlic crumb, fried parsley

prawns ...in AUSTRALIA we call em prawns

Spicy Shrimp Vodka Rigatoni 23

pomodoro sauce, double cream, calabrian chilies, toasted garlic crumbs, fried herbs



Different
ways to say
"sandwich" in
Australian:

- * sammy
- * sando
- * sanga
- * sandy

The "OG" Burger* (gfo) 21

toasted brioche bun, beef patty, double cheese, miso onions, smoked bacon, pickles, special sauce, french fries

Isla's Cheeseburger* (gfo) 18

toasted brioche bun, beef patty, double cheese, pickled onions, deli pickles, ketchup, mustard, french fries

Crispy Chicken Sando 19

toasted brioche bun, crunchy breaded chicken breast, sticky chili glaze, gem lettuce, pickles, miso ranch, french fries

Fried Fish Sando (gfo) 22

toasted brioche bun, battered atlantic cod, tartar sauce, gem lettuce, pickles, french fries

(AFTER 5PM)



Green Thai Curry (v) (gf) 24

roasted seasonal vege, white rice, green coconut curry base, cilantro, lime, fried shallots

ADD grilled chicken 6

Fish And Chips (gf) 26

battered atlantic cod, dressed herbs, french fries, citrus tartar, lemon cheek

Best-selling meal at every
single pub in Australia

Aussie Chicken Parma 25

parmesan herb crumbed chicken cutlet, pomodoro sauce, cheddar cheese, french fries, herb salad

Steak Frites (gf) 26

marinated steak, french fries, mixed greens, béarnaise sauce, chimichurri

Did you know: 98% of Aussies live with-in an hour of the ocean so you can guarantee almost everyone has a local fish and chip shop

SWEETS

(AVAILABLE ALL DAY)

Sticky Date Pudding 14

salted caramel sauce, whipped chantilly cream, salted pretzel praline

Biscof Tiramisu 14

biscoff tiramisu, tim-tam crumble, raspberries, petals

Affogato 12

Vanilla ice cream, house espresso, salted pretzel praline

ADD tim tam 2




Strawberry Cheesecake 14

strawberry mousse, whipped cream, cinnamon crumble, berry puree, gold leaf



WINE

SPARKLING

Days of Youth “The Diver” Brut Rose, Pinot Noir, Chardonnay  12 | 48
 Napa Valley, California
 Light and fresh, honey suckle on the nose, juicy strawberry on the tongue... this juice slaps

Days of Youth “The Diver” Brut 14 | 56
 Napa Valley, California
 Crisp, small, vigorous bubbles, pair it with the octopus or just wet your whistle.


A party without alcohol is just a meeting.
 Don't make it a meeting

WHITE

Henri Bourgeois “Petit Bourgeois”, Sauvignon Blanc 16 | 64
 Loire Valley, France
 light and crisp, balanced with citrus notes and a dry finish

Badenhorst Secateurs Chenin Blanc  12 | 48
 Western Cape, South Africa
 soft and dry, balanced with citrus and honeycomb

Ovum, Big Salt, White Blend   12 | 48
 Southern Oregon, USA
 a beautiful blend of pineapple and almost beach-like texture, flowers on the nose, great with oysters

Delinquente Wine Co. Vermentino Screaming Betty  14 | 56
 Vermentino Riverland, South Australia
 aromas of crisp pear and juicy citrus, textural and tropical yet dry with nice minerals

natural  organic  crushable 

RED

Lioco. Pinot Noir 18 | 72
Mendocino County, California

juicy ripe red fruits, medium body, soft and round on the lips

Bodega Santa Julia "El Burro" Malbec   12 | 48
Mendoza, Argentina

an easy drinking dark fruit bomb, subtle spice with flavor that lingers on the palette.

Donna Laura Ali Sangiovese, Cabernet Sauvignon 16 | 64
Toscana, Italy

gorgeous sour cherry, oak and earth with a juicy fresh finish

Land of Saints GSM Grenache, Syrah, Mourvedre [chilled] 14 | 56
Santa Barbara County, California

juicy on the palate with notes of blackberry, peppercorn, and bright red fruits

(no good story started with someone eating a salad.)

ROSÉ

Slo Down Wines "Send Nudes" Rosé Pinot Noir 14 | 56
Sonoma Coast, California

wild berries, and fresh-cut watermelon flutter the pallet, a subtlety finish of white grapefruit.

ORANGE

Field Recordings, Skins Chenin Blanc Blend   16 | 64
Central Coast, California

full of fruity flavors without being sweet, nice minerality adding depth and brightness

Natural  Organic  crushable 

BEERS

No, we do NOT and will not be serving Fosters

Coopers Pale Ale 8
Adelaide Australia

We've tried almost every beer in Australia, and Coopers Pale Ale is the best



Twisted Trunk IPGA American Pale Ale 6
[DRAFT] Palm Beach Gardens, Florida

Narragansett Lager 6
[DRAFT] Providence, Rhode Island

Steam Horse West Palm Lager 8
[DRAFT] West Palm Beach, Florida

La Rubia Blonde Ale 8
Wynwood, Florida

Golden Road Mango Cart Wheat Ale 8
[DRAFT] Los Angeles, California

AUSSIE TRIVIA:

Former Australian Prime Minister Bob Hawke held the Guinness world record for finishing a yard glass (2.5 pints) in 11 seconds - that's what we call a politician

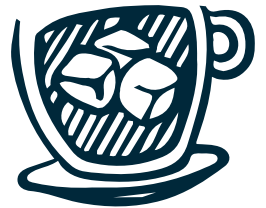
You can't buy happiness but you can buy COFFEE and that's pretty close

COFFEE



AUSSIE ICED

Batch (12 OZ)	3.50
Espresso / Americano	4.00
Iced Coffee	4.00
Macchiato	3.75
Cortado	4.50
Flat White / Cappucino	4.75
Latte	5.25
Mocha	5.50
Nutella Mocha	6.00
Hot Chocolate	5.00
Aussie Iced Coffee	7.50



ICED COFFEE



MACCHIATO

ADD ONS

Iced	0.50
Almond or Oat Milk	0.75
Extra Shot	2.00
Tim Tam	2.00

GIVE YOUR COFFEE A LITTLE PERSONALITY
ADD MR. BLACK
COFFEE LIQUEUR \$8



Make it a Tim Tam Slam for \$2

You've earned a Cuppa!



TEA

English Breakfast	4.00
Sencha Green	4.00
Chamomile	4.00
Earl Grey	4.00
Lemongrass	4.00
Peppermint	4.00
Iced Black, Iced Berry	4.00



WELLNESS

Lemongrass	5.50
Peppermint	5.50
Iced Black, Iced Berry	5.50

Melbourne, the self-proclaimed coffee capital of the world* has more coffee shops per person than any other city on the planet.

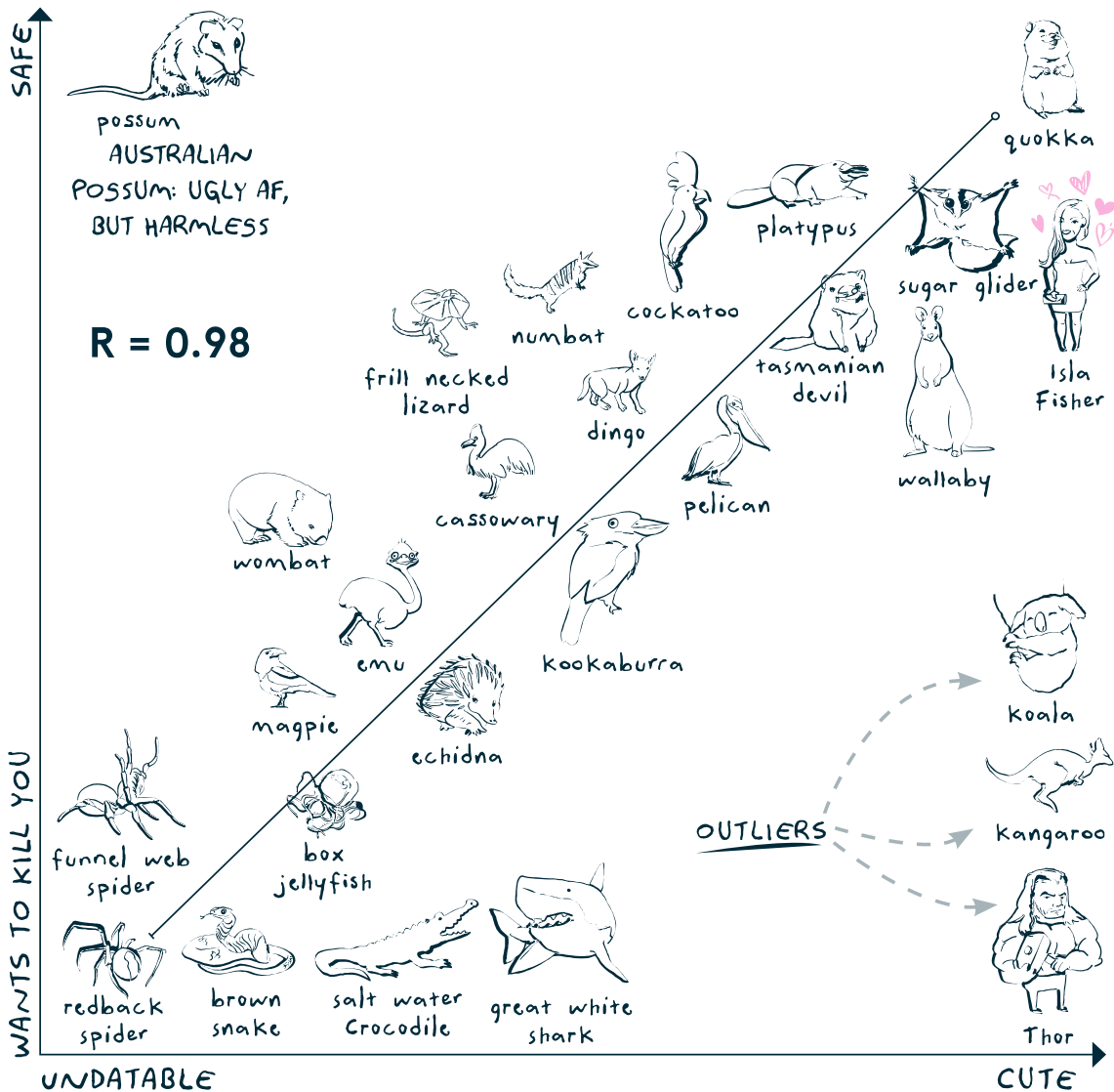


*ALSO KNOWN AS
THE COFFEE SNOB CAPITAL OF THE WORLD

WHAT'S IN A NAME?

ISLA IS PRONOUNCED "EYE-LA" AND WHILE MANY PEOPLE MAY BE FAMILIAR WITH AUSTRALIAN ACTRESS, ISLA FISHER, MOST PEOPLE DON'T REALIZE HOW MANY LITTLE ISLA'S ARE ACTUALLY RUNNING AROUND AUSTRALIA. ISLA IS THE MOST POPULAR GIRLS NAME BACK HOME WITH 1,539 ISLA'S BORN IN 2021 FOLLOWED BY 1,508 CHARLOTTE'S. ISLA IS ALSO SHORT FOR ISLAND, A SUBTLE NOD TO AUSTRALIA BEING THE WORLD'S LARGEST ISLAND...

ISLA & CO GUIDE TO AUSTRALIAN ANIMALS



There is a high linear correlation between Australian animals cuteness and how safe they are. Beware of outliers Kangaroos, Koalas and Chris Hemsworth. Very Cute, but deadly!

INTERESTED IN A PRIVATE EVENT?

whatever your special occasion, we're here to help.

Reach out liv@parchedhq.com for a custom quote



Chuck us a follow on our socials to keep up with all
the happenings:

Instagram @islaandco

Tik Tok @isla.and.co

isla & co.

Head Chef - Scott Chalmers
General Manager - Josh Williams



PRICES DO NOT INCLUDE SALES TAX

GF = gluten free VG = Vegetarian
a lot of our meals can be made vegan!

*** Items marked with an asterisk *** May be served raw or undercooked; consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

20% gratuity is automatically added for groups of 6 or more.

