## Serving the land, community, and our own health

Reclamation of land practices; equitable distribution of high quality organic food, community connection, and reciprocal relationship are keys to resilience. Growing our own food, participating in our own healthcare, being safe on the land together, and educating our people is a source of dignity.

Applying regenerative practices as our ancestors did to improve the soils and play our part in the healing of our ecosystems, some of our priorities are: reclamation of culture, ancestral ways, healthy visibility, food access, land restoration, resistance to food segregation, and the reclamation of food as medicine.

Additional Priorities include:

- Improved mental health & reduced isolation
- Recognizing and Being a part of something bigger than ourselves
- Building connection between and beyond human-to-human interaction; by prioritizing care with and of the earth, along with climate resiliency.











## Intergenerational participation

The garden spaces encourage the inclusion of all ages and support the uniting of black people from various sectors to build community and repair intergenerational trauma.

- Reduces isolation
- ☐ Increases streams of support
- Opportunities to address lifestyle challenges that impact health

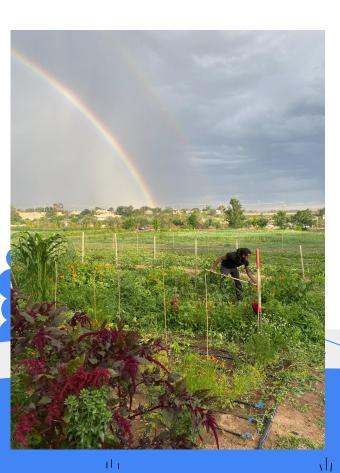












## Why we care?

The act of us coming together and building love, care, and respect for each other and the land together is something that holds value. There is a familial aspect that many do not get because of the smaller black population in New Mexico and this initiative is a way to fill that gap. It is a space cultivated with an intention for safety that allows us to learn about the legacy and history of our ancestors in relation to land stewardship. The space also allows the opportunity to expand our access to healthy, fresh organic produce; an opportunity many of us may not have not been able to participate in before due to a history of oppression and the presence of food segregation in modern America..

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