

BREAKFAST



Most menu items available gluten free for free! Just ask!

☉ Until 11:30am

BREAKFAST

EGGS ON TOAST GF, V

sourdough | chutney | baby spinach | 15

OKONOMIYAKI VO

bacon | tonkatsu sauce | japanese mayo | egg | pickled chilli | spring onion | 20

FARMHOUSE GF, VO

cornbread | smoked ham | sausage | mushrooms | tomato | hash | eggs | chutney | 28

ROASTED MUSHROOM FLATBREAD V, VGO

beetroot hummus | spinach | feta | dukkah | seeds | balsamic | 22

OREO CHEESECAKE WAFFLE V

raspberry gel | vanilla ice cream | ganache | smashed oreo | 18

BOSTON BEANS GF, VO

pork belly | maple bacon | smoked tomato sauce | borlotti beans | egg | feta | cornbread | 20

BREAKY BURGER GFO, VGO

bacon | egg | hash | bbq sauce | spinach | milk bun | 17

REUBEN

rye | pastrami | sauerkraut | swiss cheese | thousand island | pickles | 18

BACON OR MUSHROOM BENNY GFO, VO

sourdough | eggs | spinach | hollandaise | 22

NOURISH BOWL GF, V, VGO

avocado | charred pumpkin | spinach | dukkah | egg | harissa | seeds | 18

Extras

EGG \$2.5

HOLLANDAISE \$3

TOMATO \$3

SPINACH \$3

HOUSEMADE HASH BROWN \$4

MUSHROOMS \$4

AVOCADO \$5

PORK SAUSAGE \$5

BACON \$5

FETA \$5

GROMMIES

12 & UNDER

KIDS WAFFLE V

maple | ice cream | floss | 14

BACON & EGG ROLL GFO, VO

with tomato sauce | 12

BACON & EGGS GFO, VO

sourdough | scramble | 12



v-vegetarian | vo-vegetarian option | gf-gluten free | gfo-gluten free option | vgo-vegan option

18% surcharge applies on public holidays

BEVERAGES



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☉ All day

COFFEE

BLACK | 4

WHITE | 4.5 | 5.5

ICED

long black | 4
latte | chai | 5
coffee | chocolate | 6
mocha | 6.5

ALTERNATIVE MILKS

oat | almond | soy | zymil | 0.8

SYRUPS

caramel | vanilla | hazelnut | chai | 0.6

EXTRAS

shot | 0.8
decaf | 0.5

SMOOTHIES

BANANA

banana | cacao nibs | honey | cinnamon | milk | 10

TROPICAL

mango | passionfruit | orange | chia seeds | goji berries | coconut cream | coconut water | 10

JUNGLE

açai | berries | passionfruit | pineapple | chia seeds | coconut water | 11

PEANUT CACAO

banana | dates | peanut butter | coconut | cacao | maca | cinnamon | coconut water | 11

GREEN

mango | passionfruit | pineapple | goji berries | kale | cucumber | chia seeds | coconut | maca | honey | mint | coconut water | 11

COLD

MILKSHAKES

chocolate | caramel | vanilla | strawberry | 7
make it a thickshake | 2

JUICES

orange | apple | pineapple | cranberry | 6

SOFT DRINKS

coke | lemonade | diet coke | ginger ale |
soda water | 4
bundaberg ginger beer | lemon lime bitters | 5

WATER

lentini sparkling 750ml | 8
coconut water | 6

KOMBUCHA

ginger & lemon myrtle | finger lime
& strawberry | 7.5

BEACH BAR NIGHTS

FROM 5PM

MONDAYS

MEXICAN MONDAY

mexican eats & \$15 margs

TUESDAYS

TRADIES TUESDAY

\$20 parmy w/ chips & salad &
stone & wood deals

WEDNESDAYS

PASTA NIGHT

\$20 house-made pastas

THURSDAYS

BOWLS CLUB

any of our bowls for \$20

FRIDAYS

BURGER NIGHT

\$15 craft burgers & your mates deals

SUNDAYS

SELTZER SUNDAY

FELLR seltzer buckets

18% surcharge applies on public holidays

LUNCH & DINNER



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🕒 from 11:45am

SHARE PLATES

CORNBREAD GF

confit garlic butter | bacon jam | 15

SEASONED FRIES GF, V, VGO

sea salt | aioli | 10

CALAMARI GF

kaffir lime togarashi | watercress | dill aioli | lemon | 19

CHICKEN WINGS GF

hot honey | pickles | sesame | 15

SECHUAN CARAMEL TOFU GF, V, VGO

candied nuts | pea tendrils | pickled chilli | fennel | 15

FISH TACOS (2) GFO

mahi mahi | tomatillo salsa | corn | pickled slaw | lime | 17

CHICKEN KATSU GF

tonkatsu sauce | pickled ginger | japanese mayo | sesame | spring onion | 16

HONEY BAKED BRIE GFO, V

sourdough | pickles | fruit | dukkah | candied fennel | berry gel | 24

GROMMIES

12 & UNDER, CHIPS CAN BE SWAPPED FOR SALAD

+ VANILLA ICE CREAM WITH TOPPING | 3

CHEESEBURGER | chips | 16 GFO

CHICKEN SCHNITZEL | chips | 15 GF

BATTERED FISH | chips | 14 GF

CRAFT BURGERS

TOASTED JAPANESE MILK BUN,
CRISPY FRIES & AIOLI
+ BACON | 3

BEACH BAR BEEF GFO

beef patty | bacon jam | swiss cheese | onion rings | bbq | dill aioli | 25

FRIED CHICKEN GFO

pickled slaw | bbq | cheese | pickles | aioli | 24

CLASSIC AMERICAN CHEESEBURGER GFO

beef patty | cheese | lettuce | tomato | mustard | aioli | tomato sauce | pickles | 24

CHARRED PUMPKIN & GOATS CHEESE GFO, V, VGO

pickled slaw | tomato chutney | dill aioli | 22

ARVO DELIGHT Cocktails

☑️ GOOD JUJU

blood orange gin | montenegro | orange | lime | prosecco | aquafaba | 22

☑️ MOJITO

white rum | lime | mint | soda | 20

☑️ ESPRESSO MARTINI

tim adams espresso | vodka | licor43 | Mozart | 21

☑️ MARGARITA

reposado tequila | triple sec | lime | salt | 20

☑️ APEROL SPRITZ

aperol | prosecco | soda | 18

join us for

HAPPY HOUR

3-5PM
MONDAY
TO FRIDAY

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OUR FAVOURITES

REUBEN

rye | pastrami | sauerkraut | swiss cheese | thousand island | pickles | fries | 24

CHARRED PUMPKIN SALAD v, vGO

pea tendrils | goats cheese | pomegranate | harissa | beetroot hummus | seeds | 22
+ chicken | 27

THAI CALAMARI SALAD GF

fried calamari | pea tendrils | onion | cucumber | candied peanuts | coconut peanut dressing | 26

SEARED MAHI MAHI GF

watermelon | radish | feta | watercress | fennel | dukkah | mango dressing | 26

PRAWN AGLIO E OLIO

QLD tiger prawns | black garlic | chilli | fennel | fettucine | parmesan | 32

FISH & CHIPS GFO

mushy peas | malt vinegar | dill aioli
+ battered reef fish | 26
+ seared mahi mahi | 28

BOWLS

JAPANESE CHICKEN CURRY GF

coconut rice | curry sauce | pea tendrils salad | pickled ginger | sesame | 26

CONFIT PORK BELLY GF

coconut rice | sechuan caramel | remoulade | candied peanuts | lime | 26

POKE BOWL GF, VO, VGO

coconut rice | pickled slaw | wakame | lotus chips | fresh salads | japanese mayo | ponzu
+ seared mahi mahi | 26
+ sechuan caramel tofu | 22

SATAY CHICKEN GFO

coconut rice | peanut sauce | candied peanuts | asian salad | roti | 28

DESSERT

OREO CHEESECAKE TART

dark chocolate shortcrust | ganache | smashed oreo | raspberry gel | 15

LIQUEUR AFFOGATO (18+) GF

vanilla ice cream | espresso | your choice of liqueur: bailey's | peanut butter whiskey | frangelico | kahlua | 14

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COCKTAILS



🕒 From 10:00am

NAUGHTY BUT NICE

☑️ GOOD JUJU

blood orange gin | montenegro | orange | lime | prosecco | aquafaba | 22

🍷 PINK SHERBET

gin | pavan | lemon | pink grapefruit | 22

🍷 APPLE PIE MARTINI

fireball | butterscotch | green apple | lime | 22

🍷 INTO THE FUTURE

vodka | watermelon | peach & plum bitters | lime | cranberry | 22

🍷 LEMON DROP CRUSTA

gin | limoncello | frangelico | lemon | 22

🍷 SUNSHINE PARFAIT MARTINI

sunshine & sons parfait gin | pineapple | passionfruit | mango | lime | 22

🍷 ELDERFLOWER SOUR

gin | elderflower | green apple | mint | lime | aquafaba | 22

MOCKTAILS

☑️ APPLE MOJITO

apple | lime | mint | soda | 12

🍷 PASSION, MANGO, COCO, DAIQUIRI

passionfruit | mango | pineapple | coconut cream | 14

☑️ BERRY BRAMBLE

berries | lemon | cranberry | soda | 12



🍷 MARGARITA

tequila | triple sec | lime | salt | 20

🍷 SPICY MARGARITA

tequila | triple sec | lime | jalapeño juice | chilli salt | 20

☑️ TOMMYS

añejo tequila | lime | agave | 24

☑️ ELECTRIC BLUE MARGARITA

coconut tequila | blue curaçao | lime | coconut water | 21

🍷 MANGO CHILLI MARGARITA

tequila | triple sec | mango | chilli | lime | 21

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CLASSIC

🍷 COSMOPOLITAN

vodka | triple sec | lime | cranberry | 19

☑️ MOJITO

white rum | lime | mint | soda | 20

🍷 ESPRESSO MARTINI

tim adams espresso | vodka | licor43 | mozzart | 21

🍷 PIÑA COLADA

rum | coconut | pineapple | lime | 21

🍷 FRENCH MARTINI

vodka | chambord | pineapple | 20

🍷 APEROL SPRITZ

aperol | prosecco | soda | 18

🍷 LYCHEE MARTINI

vodka | lychee liqueur | apple | lychee | 20

☑️ LONG ISLAND ICED TEA

tequila | vodka | white rum | gin | triple sec | lemon | cola | 21

🍷 SEX ON THE BEACH

vodka | peach | cranberry | orange | 19

🍷 PORNSTAR MARTINI

vanilla vodka | passionfruit | pineapple | lime | 20

☑️ MIDORI SPLICE

midori | coconut liqueur | pineapple | cream | 20

☑️ FRUIT TINGLE

vodka | blue curaçao | lime | grenadine | lemonade | 20

☑️ ITALIAN SURFER

vodka | amaretto | coconut | pineapple | cranberry | 22

BEER & WINE



☉ From 10:00am

BEER

JUST A WORD ABOUT OUR TAPS...

below is a list of our favourite beers on tap. we've got 8 in total, so pop up to the bar to see what's pouring. you can also check out our large selection in the fridge of cans and stubbies.

STONE & WOOD

Northern Rivers, NSW | 9.5 | 12.5

YOUR MATES LARRY

Sunshine Coast, QLD | 9.5 | 12.5

GLASS HOUSE BREWERY DRAUGHT

Sunshine Coast, QLD | 9.5 | 12.5

LITTLE DRAGON GINGER BEER

Northern Rivers, NSW | 10 | 14

SPARKLING

THREE VINEYARDS BRUT

Nagambie, VIC | 9 | 38

VALLATE PROSECCO

Central, VIC | 11.5 | 48

JANSZ SPARKLING ROSE

Pipers River, TAS | 12.5 | 70

JANSZ CUVÉE

Piper River, TAS | 70

POL ROGER CHAMPAGNE

Epernay, France | 130

ROSE

THE HIDDEN SEA ROSE

Limestone Coast, SA | 11 | 18 | 44

LA VIEILLE FERME ROSE

South Rhône, France | 12 | 20 | 50

join us for

HAPPY HOUR

3-5PM MONDAY TO FRIDAY

WHITE

PAULETT'S 'POLISH HILL RIVER' RIESLING

Clare Valley, SA | 50

RUNNING WITH BULLS ALBARINO

Barossa Valley, SA | 65

MCPHERSON 'PICKLES' SAUVIGNON BLANC

Nagambie Lakes, VIC | 9 | 14.5 | 38

BEACHWOOD SAUVIGNON BLANC

Marlborough, New Zealand | 12 | 19 | 48

LA VUE MOSCATO

Nagambie, VIC | 10 | 16 | 38

BANFI 'LE RIME' PINOT GRIGIO

Toscana, Italy | 11 | 18 | 46

PETAL & STEM PINOT GRIS

Marlborough, New Zealand | 10.5 | 17 | 44

MCPHERSON 'CATRIONAS' CHARDONNAY

Nagambie, VIC | 9 | 14.5 | 38

XANADU 'CIRCA 77' CHARDONNAY

Margaret River, WA | 12 | 20 | 49

GEOFF MERRILL 'RESERVE' CHARDONNAY

McLaren Vale, SA | 72

RED

THE HIDDEN SEA PINOT NOIR

Limestone Coast, SA | 11 | 18 | 44

THE HEDONIST SANGIOVESE

McLaren Vale, SA | 58

RUNNING WITH BULLS GRENACHE

Barossa Valley, SA | 12 | 18 | 55

MCPHERSON 'THREE VINEYARDS' SHIRAZ

Nagambie, VIC | 9 | 14.5 | 38

PAISLEY BOOMBOX SHIRAZ

Barossa Valley, SA | 50

STEP BY STEP CABERNET SAUVIGNON

Langhorne Creek, SA | 50

YARRAN MERLOT

Riverina, NSW | 10 | 16 | 40

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