

Comprehensive Mental Health and Addiction Services

**Who we  
help**

F/ACT is a specialized team that includes case managers, therapists, a nurse and a psychiatric care provider. The people who receive services on the F/ACT team are adults who have been diagnosed with a severe mental illness, such as schizophrenia, schizoaffective disorder or bipolar I disorder. Due to the severity of symptoms that some of these individuals experience, they may have difficulty maintaining housing and meeting basic needs, such as having food and clothing. Some individuals have little to no natural supports and building trusting, meaningful relationships with others can be a challenge. Another barrier for some individuals is finding the most effective medications and maintaining compliance with prescribed medications over time.

These individuals are typically referred to the F/ACT team by a case manager. This happens if there are multiple psychiatric hospitalizations, incarcerations or periods of homelessness that are linked to the individual's symptoms. In addition, an individual who has been found Not Guilty by Reason of Insanity or Incompetent to Stand Trial may be linked with F/ACT services prior to discharge into the community.

**How we  
help**

The F/ACT team provides intensive community-based mental health treatment services to the individuals on the team. The F/ACT team works with each individual to ensure they are able to meet their basic needs. This includes safe and comfortable housing, ensuring the individual has sufficient food and clothing items, and has access to medications that assist in their stability.

The F/ACT team also assists the individuals served by the team by providing community-based counseling in a setting of their choice. There is a designated psychiatric care provider for the team that prescribes and manages the medication needs of the individuals served. The F/ACT team services are considered "time unlimited", meaning that these services remain available to the individuals for an extended period of time to support and maintain their treatment progress.

**For more  
information**

For more information about this program, please contact:

Behavioral Healthcare Partners of Central Ohio, Inc.  
65 Messimer Drive  
Newark, OH 43055  
Phone: 740.522.8477 or toll-free 1.877.593.6330  
[www.bhccpartners.org](http://www.bhccpartners.org)

*BHP is a private not-for-profit behavioral healthcare organization helping people since 1955. We are a contract agency of Mental Health and Recovery for Licking and Knox Counties and a partner agency of the United Way of Knox County and the United Way of Licking County.*