

CREATE A NATURE WALL



Places We Love

OUR CONNECTION WITH NATURE

We all have a place, or many places, in nature that make us feel good. They may help our brain be more clear or calm, help our mood, or help our body move in different ways. These are some of the many gifts of nature.

This activity helps students become more aware of the effect nature has on our emotions, and create a strong visual display that reminds both them, and staff at school, of the importance of nature in our lives. It also helps students practice and learn words related to nature and our feelings



YOUR FAVOURITE PLACE

Ask students to draw themselves in their favorite place in nature. There is a list of ideas below.

YOUR FEELINGS

Ask students to choose three positive words to describe how you feel when you are there. There is a list below.



NATURE PLACES

Cabin, River, Pond, Beach, Mountain, Trail, Stream, Playground, Garden, Campground, Boat, Canoe. Woods, Camp fire, Hunting, Swimming, Riding, Hiking, Exploring, Quad bike, Skidoo, Forest, Farm.

EMOTIONS

Calm, Relaxed, Excited, Free, Energetic, Happy, Content, Safe, Brave, Thankful, Curious, Peaceful, Confident, Amazing, Silly, Sleepy, Blessed, Pleased. Wonderful, Playful, Joy.

DISPLAY

Display the student work on a prominent wall where all students can see the connections between our emotions and our time in nature