Conference Program Outline



	THURSDAY				FRIDAY		SATURDAY	
	October 20				October 21		October 22	
:00					Wellness Session		Wellness Session	SIO
15					Qi Gong		Tai Chi	Internationa
30					Kathleen Brezina		Debbie Elam L.Ac. Sunset	Congress
45					Sunset		Suriset	Moderators: Eran Ben-Ar
00					Exhibits & Posters Open - Orangedale			MD
15	Braakfact				, ,		Breakfast Roundtables MD, MPH	
	Breakfast ▶ Laguna Lawn & Heritage Patio				Meetings Breakfast and Committee	©	Laguna Lawn & Heritage	
30	r Laguna Lawin α Hentage Patio				▶ Laguna Lawn & Heritage Patio		Heritage Patio	
15								
00	223	Pre- Conference	Pre- Conference	<u> </u>	Keynote 2: The Power of Human Potential: Consciousness Research Through a	=	Keynote 4: Integrative On Training: An International	
15	Workshop 1	Workshop 2	Workshop 3		Mind-body Lens Lorenzo Cohen, PhD		Claudia Witt. MD. MBA	1 cropective
BO	Yoga Therapy	Implementation	Supporting		Moderator: Santosh Rao, MD, ABOIM		Moderator: Eran Ben-Ayre	e, MD
15	Across the	Science: New	Our Youngest	h: a	▶ Heritage 1&2		▶ Heritage 1&2	
00		Methods to Identify and	Patients Psych and Somatic	1IC				
5	Creating a Safe,	Address Barriers	Distress:		Plenary 2: Mind-Body Medicine		Plenary 3: Pain Guidelines 8	& Implementati
30	Evidence- Informed	to Integrative	Psychiatric & Pediatric		Linda Larkey, MA, PhD	-	Moderator: Jun J. Mao, MD,	
	Practice	Oncology Health Heritage 2	Medical Dance		Kavita Mishra, MD MPH		Heather Greenlee, ND, PhD,	
5	▶ Heritage 1	r remaye 2	▶ Heritage 3/4/	5	Niyati Tamaskar		Jun J. Mao, MD, MSCE Ting Bao, MD, MS	
00					Moderator: Ana Maria Lopez, MPH, MD		Judith Lacey, MD	
15					▶ Heritage 1&2		▶ Heritage 1&2	
30					Coffee Break - Exhibits & Posters Open			
45					• Orangedale			
00	Sign up an	nd pre-payment is	required		SIO Annual Meeting		Best of SIO	
15	Sign up an	ia pre-payment is	required.		Linda Carlson, PhD, RPsych, SIO President	Ŧ	▶ Heritage 1&2	
	Durate E 199	D			Santosh Rao, MD, SIO President Elect			
30	Break - Exhibits & Posters Open				Heritage 1&2			
45	▶ Orangedale							
00	Patient Advocate & New Attendee Welcome Event			©	Keynote Luncheon The Burnout Pandemic – Proven Insider Tips to go the Distance		Keynote Luncheon Linda Rapson, MD, CAFCI	
15	Boxed lunch provided ▶ Sunset							
30								
45					Edward Creagan, MD Moderator: Denise Millstine, MD		2021 Dr. Rogers Prize Wind	
0	Opening Welcome Pemerke				Heritage 1&2		Moderator: Linda Carlson, PhD, RPsych Heritage 1&2	
	Opening Welcome Remarks Linda Carlson, PhD, RPsych, SIO President Santosh Rao, MD, ABOIM, SIO Pres. Elect & Conf. Co-Chair Denise Millstine, MD, Conference Co-Chair							
5								
0								
15	Keynote 1: Why Precision Nutrition? The Impact of				Concurrent Session 1		Plenary 4: Implementation and Policy	
00	Gene by Western Diet Interactions on Inflammation, Cancer, and Ancestry Based Health Disparities Floyd "Ski" Chilton, PhD Moderator: Krisstina Gowin, DO				Prock Exhibite & Posters Open		Eleanor Walker, MD Shelley Fuld Nasso, MPP Joette Walters, RN Moderator: Ana Maria Lopez, MD, MPH, MACP Heritage 1&2	
5								
80								
5	▶ Heritage 1&2							
	<u> </u>							
0	Break - Exhibits & Posters Open				Break - Exhibits & Posters Open		Break - Exhibits & Posters Open	
5	▶ Orangedale				▶ Orangedale	▶ Orangedale		
80	Plenary 1: Functional Medicine and			=	Concurrent Session 2		Concurrent Session 3	
5		Integrative Oncology						
0	Brian Lawenda, MD Kris Smith, MD							
5	Moderator: John Ca	amoriano, MD						
0	▶ Heritage 1&2							
							Olasiaa Provint	
5				0			Closing Remarks	
0	Poster Reception			<u> </u>	Buses depart for SIO Sunset Soiree at Talies West	sin		
5	Hors d'oeuvres provided				west			
О	Orangedale				SIO Sunset Soiree at Taliesin West			
5					Taliesin West is famous architecture Frank			
0					Llyod Wright's desert laboratory nestled in the desert foothills in Scottsdale, Arizona.	1		
5					Attendees will be bused to and from The			
					Scott Hotel to Taliesin West to enjoy live			
0					music, heavy appetizers, and time to connect. Sign-up is required and space is			
5					available on a first-come, first-served basis			
0	A Tribute to SIO founder, Barrie Cassileth, PhD Join us as we celebrate the legacy of SIO's late founding president, Dr. Barrie Cassileth, and learn more about SIO's past and future impact on the field of evidence-informed integrative oncology.							
5								
0								
5								
	▶ Heritage 1&2							
0	This tribute is co-sponsored by SIO and MSKCC							
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Concurrent **Breakout** Sessions





= Patient Advocate Program Track

CONCURRENT **SESSION 1**

FRIDAY OCTOBER 21, 2022

1:45pm - 3:00pm

Acupuncture

Room: Heritage 3/4/5 Moderator: Rich Lee, MD

- The Effects of Acupuncture on Quality of Life (QOL) in Cancer Patients Experiencing Xerostomia Jewel Ochoa
- Effectiveness of EA or AA in breast cancer survivors with MSK pain Iris Zhi
- Effects of Acupuncture Versus CBT-I on Fatigue in Cancer Survivors with Insomnia *Ting Bao*
- Acupuncture for Sleep Disturbances among Cancer Survivors with Chronic Musculoskeletal Pain Mingxiao Yang

IO Impact and Access

Room: Citrus

Moderator: Lynda Balneaves, RN, PhD

- Impact of a nurse-guided patient self-treatment program in integrative oncology care Bella Shulman
 Health care service utilization among Norwegian cancer survivors who use T&CM Kiwumulo Nakandi
 Integrative Cancer Care Approaches for Patients with Primary Brain Tumors Shannon Fogh
- Assessing Patient Satisfaction and Impact of Treatment on Symptoms in Pediatric Integrative Oncology Branlyn DeRosa

Herbals & Supplements

Room: Sunse

Moderator: Channing Paller

- Ginseng for symptomatic management of fatigue: a systematic review and meta-analysis Xiatong Li
- PBI-05204, a supercritical CO2 extract of Nerium oleander, suppresses the stemness of glioblastoma Peiying Yang
- Integrative Traditional Chinese Medicine and Western Medicine Psychosomatic Rehabilitation Online Lingyun Sun
- Association of the use of dietary supplements with all-cause and cause-specific mortality among patients diagnosed with cancer: a large prospective cohort study in the UK Biobank Chun Sing Lam

Workshop 1:

Room: Heritage 1&2

Moderator: Eleanor Walker, MD

• The origins of ethnomedical traditions around the world

CONCURRENT **SESSION 2**

FRIDAY OCTOBER 21, 2022

3:30pm - 4:45pm

Yoga/Mind Body

Room: Heritage 3/4/5

Moderator: Leigh Leibel

- An Assessment of Mind-Body Interventions in Young, Middle and Older Adult Cancer Survivors Sarthak Singh
 Mindfulness Group Visits for Diverse On-Treatment Patients Chloe Atreya
- Randomized Controlled Trial of Hypnosis for Managing Chronic Pain in Cancer Survivors Linda Eaton

Room: Citrus

Moderator: John Camoriano, MD

- Incorporating the Smoothie into Patient Protocols for Increased Delivery of Essential Nutrients Carol Lourie
- Nutrition in the Integrative Oncology Settings- Questions and Challenges Moshe Frenkel
- Associations between gut microbiota and health behaviors in cancer survivors Julie Deleemans

IO Implementation

Moderator: Judith Lacey, MBBS, FRACGP, FAChPM (FRACP)

- Perceptions of and Access to Integrative Oncology among Black Patients with Cancer Chanda Williams
- Integrative Medicine at Roswell Park Comprehensive Cancer Center Tessa Flores
- Herbal Medicine in Integrative Cancer Care: Evaluation of a Pilot Herbal Dispensary Program at MSK Yen Nien Hou
- Using a Quality Improvement Framework to Implement a Structured Exercise Program for Neuro-oncology Shannon Fogh

Workshop 2:

Room: Heritage 1&2

· Cross-cultural insights exploring the emotional and spiritual continuum in cancer - Eran Ben Ayre & Lorenzo Cohen

BEST OF SIO

SATURDAY **OCTOBER 22, 2022**

11:00am - 12:00pm

- Effect of Acupuncture On Quality of Life in Breast Cancer Patients Undergoing Endocrine Therapy Weidong Lu
- Delivery and Effectiveness of Music Therapy in Hematology and Oncology: A Retrospective Study Samuel Rodgers-Melnick
- The 1st SIO Diversity & Inclusion Survey: Who Is At the Table? Jodi MacLeod
- COMT Val158Met Genotype Affects Analgesic Response to Acupuncture among Cancer Survivors Minxiao Yang

CONCURRENT **SESSION 3**

SATURDAY OCTOBER 22, 2022

3:30pm - 4:45pm

Yoga/Mind body Implementation with use of Technology/Internet

Room: Heritage 3/4/5

- Virtual Mind-Body Prehabilitation Program Evaluation for Patients Undergoing Thoracic Surgery Krupali Desai
- Yoga Therapy in Cancer Care via Telehealth during the COVID-19 Pandemic Smitha Mallaiah
- Virtual Reality Guided Mindfulness for Cancer Survivors Zen Gajtani
- Building an online platform to engage patients during the COVID-19 pandemic and beyond Victoria Kennedy

Unique issues in IO Clinical Research

Room: Citrus

Moderator: Eugene Ahn, MD

- An Analysis of Recruitment Strategies for an Integrative Oncology Clinical Trial Greta Wong
- Clinical Trial Enrollment Lauren Piulson & Ting Bao
- Exploring the effectiveness of a patient-tailored integrative oncology program on emotional distress Alon Reshef
- Characteristics Associated with Interest and Use of Integrative Therapies in Breast Cancer Patients *Jincong Freeman*

IO Education

Room: Sunset

Moderator: Santosh Rao, MD, ABOIM

- From skepticism to openness: Integrative oncology as a promoter of medical students' attitude change- Noah Samuels
- Reducing knowledge Gap in Integrative Medicine Among Breast Medical Oncological Professionals Christina Seluzicki
- Integrative Hematology Oncology Education: A National Survey Based Analysis of Need Krisstina Gowin
- Com-passion Interventions in Integrative Oncology Ana Maria Lopez

Workshop 3:

• Integrating Integrative Medical Training into Existing Hematology/Oncology Fellowships: Is it Time? - John Camoriano

SIO 19th International Congress



SATURDAY OCTOBER 22, 2022 6AM-8AM

Challenges in integrative oncology medical education: International perspectives

Moderators

Eran Ben-Arye¹, Ashwin Mehta², and Alejandro Salicrup³ on behalf of the SIO Global Task force and the SIO Educational committee

Abstract

In this 2-hour workshop, we aim to identify the needs and challenges of designing and conducting integrative oncology (IO)-related medical education initiatives across the Globe. The workshop will present innovative IO medical education accomplishments as well as challenges and dilemmas. During the meeting we will also discuss how to use SIO resources to facilitate IO training and foster outcomes research to evaluate the effectiveness of IO medical education in a global setting.

Workshop program and presenters

The program includes six 15-minutes presentations, each is led by two presenters, and one short presentation (6 min) including time for questions and a little break. The list of presentations include the following:

1. Cross-cultural challenges in translating a MOOC course on Traditional Herbal Medicine in Supportive Cancer Care: Insights from Germany and Brazil

Dr. Gunver Kienle

University of Freiburg, Germany; and Dr. Ricardo Ghelman, SIO Ambassador to Brazil).

2. Weaving an integrative oncology syllabus in Traditional Chinese Medicine medical education: From pre- to post-graduate and residency programs

Prof. Jianping Liu and Dr. Ming Yang

Beijing University of Chinese Medicine and Pharmacology, China)

3. Co-designing online integrative oncology training in Sweden: Multi-disciplinary collaboration of oncologist and pharmacist medical educators

Dr. Kathrin Wode and Dr. Johanna Hök

Karolinska Institute, Sweden

4. Short presentation: The Korean Society of Integrative Oncology (KSIO) and its board certified educational programs

Prof. Hwaseung Yoo

Seoul Korean Medical Hospital of Daejeon University, South Korea)

5. Enhancing palliative integrative oncology care with mindful touch: Impact of a manual and movement therapy training program for nurses and physicians from Europe and the Middle-East

Dr. Thomas Breitkreuz

Paracelsus-Krankenhaus, Germany

Dr. Orit Gressel

Lin Medical Center, Israel)

6. The Challenge of incorporating traditional medicine in evidence-based integrative oncology training: Lessons from India and Kenya

Rammanohar Puthiyedath

Amrita Centre for Advanced Research in Ayurveda, India

Philip Odiyo

Faraja Cancer Support Trust, Kenya)

7. Integrative Oncology training and education from a family medicine and supportive oncology perspective: Insights from Australia and the UK

Dr. Judith Lacey and Dr. Catherine Zollman

SIO Ambassadors to Australia and the UK).