



# Concurrent Breakout Sessions

SOCIETY FOR INTEGRATIVE ONCOLOGY®

## 19TH INTERNATIONAL CONFERENCE

Delivering  
Multidisciplinary  
Integrative  
Oncology  
Care Across  
Communities

 = Patient Advocate Program Track

### CONCURRENT SESSION 1

FRIDAY

OCTOBER 21, 2022

1:45pm - 3:00pm

#### Acupuncture

Room: Heritage 3/4/5

Moderator: *Rich Lee, MD*

- The Effects of Acupuncture on Quality of Life (QOL) in Cancer Patients Experiencing Xerostomia - *Jewel Ochoa*
- Effectiveness of EA or AA in breast cancer survivors with MSK pain - *Iris Zhi*
- Effects of Acupuncture Versus CBT-I on Fatigue in Cancer Survivors with Insomnia - *Ting Bao*
- Acupuncture for Sleep Disturbances among Cancer Survivors with Chronic Musculoskeletal Pain - *Mingxiao Yang*



#### IO Impact and Access

Room: Citrus

Moderator: *Lynda Balneaves, RN, PhD*

- Impact of a nurse-guided patient self-treatment program in integrative oncology care - *Bella Shulman*
- Health care service utilization among Norwegian cancer survivors who use T&CM - *Kiwumulo Nakandi*
- Integrative Cancer Care Approaches for Primary Brain Tumors - *Shannon Fogh*
- Assessing Patient Satisfaction and Impact of Treatment on Symptoms in Pediatric Integrative Oncology - *Branlyn DeRosa*

#### Herbals & Supplements

Room: Sunset

Moderator: *Channing Paller*

- Ginseng for symptomatic management of fatigue: a systematic review and meta-analysis - *Xiatong Li*
- PBI-05204, a supercritical CO2 extract of Nerium oleander, suppresses the stemness of glioblastoma - *Peiyong Yang*
- Integrative Traditional Chinese Medicine and Western Medicine Psychosomatic Rehabilitation Online - *Lingyun Sun*
- Association of the use of dietary supplements with all-cause and cause-specific mortality among patients diagnosed with cancer: a large prospective cohort study in the UK Biobank - *Chun Sing Lam*



#### Workshop 1:

Room: Heritage 1&2

Moderator: *Eleanor Walker, MD*

- The origins of ethnomedical traditions around the world

### CONCURRENT SESSION 2

FRIDAY

OCTOBER 21, 2022

3:30pm - 4:45pm

#### Yoga/Mind Body

Room: Heritage 3/4/5

Moderator: *Leigh Leibel*

- An Assessment of Mind-Body Interventions in Young, Middle and Older Adult Cancer Survivors - *Sarthak Singh*
- Mindfulness Group Visits for Diverse On-Treatment Patients - *Chloe Atreya*
- Randomized Controlled Trial of Hypnosis for Managing Chronic Pain in Cancer Survivors - *Linda Eaton*



#### Nutrition

Room: Citrus

Moderator: *John Camoriano, MD*

- Incorporating the Smoothie into Patient Protocols for Increased Delivery of Essential Nutrients - *Carol Lourie*
- Nutrition in the Integrative Oncology Settings- Questions and Challenges - *Moshe Frenkel*
- Associations between gut microbiota and health behaviors in cancer survivors - *Julie Deleemans*

#### IO Implementation

Room: Sunset

Moderator: *Judith Lacey, MBBS, FRACGP, FACHPM (FRACP)*

- Perceptions of and Access to Integrative Oncology among Black Patients with Cancer - *Chanda Williams*
- Integrative Medicine at Roswell Park Comprehensive Cancer Center - *Tessa Flores*
- Herbal Medicine in Integrative Cancer Care: Evaluation of a Pilot Herbal Dispensary Program at MSK - *Yen Nien Hou*
- Using a Quality Improvement Framework to Implement a Structured Exercise Program for Neuro-oncology - *Shannon Fogh*



#### Workshop 2:

Room: Heritage 1&2

- Cross-cultural insights exploring the emotional and spiritual continuum in cancer - *Eran Ben Ayre & Lorenzo Cohen*

### BEST OF SIO

SATURDAY

OCTOBER 22, 2022

11:00am - 12:00pm

Room: Heritage 1&2

- Effect of Acupuncture On Quality of Life in Breast Cancer Patients Undergoing Endocrine Therapy - *Weidong Lu*
- Delivery and Effectiveness of Music Therapy in Hematology and Oncology: A Retrospective Study - *Samuel Rodgers-Melnick*
- The 1st SIO Diversity & Inclusion Survey: Who Is At the Table? - *Jodi MacLeod*
- COMT Val158Met Genotype Affects Analgesic Response to Acupuncture among Cancer Survivors - *Minxiao Yang*

### CONCURRENT SESSION 3

SATURDAY

OCTOBER 22, 2022

3:30pm - 4:45pm



#### Yoga/Mind body Implementation with use of Technology/Internet

Room: Heritage 3/4/5

- Virtual Mind-Body Prehabilitation Program Evaluation for Patients Undergoing Thoracic Surgery - *Krupali Desai*
- Yoga Therapy in Cancer Care via Telehealth during the COVID-19 Pandemic - *Smitha Mallaiah*
- Virtual Reality Guided Mindfulness for Cancer Survivors - *Zen Gajtani*
- Building an online platform to engage patients during the COVID-19 pandemic and beyond - *Victoria Kennedy*

#### Unique issues in IO Clinical Research

Room: Citrus

Moderator: *Eugene Ahn, MD*

- An Analysis of Recruitment Strategies for an Integrative Oncology Clinical Trial - *Greta Wong*
- Clinical Trial Enrollment - *Lauren Piulson & Ting Bao*
- Exploring the effectiveness of a patient-tailored integrative oncology program on emotional distress - *Alon Reshef*
- Characteristics Associated with Interest and Use of Integrative Therapies in Breast Cancer Patients - *Jincong Freeman*

#### IO Education

Room: Sunset

Moderator: *Santosh Rao, MD, ABOIM*

- From skepticism to openness: Integrative oncology as a promoter of medical students' attitude change - *Noah Samuels*
- Reducing knowledge Gap in Integrative Medicine Among Breast Medical Oncological Professionals - *Christina Seluzicki*
- Integrative Hematology Oncology Education: A National Survey Based Analysis of Need - *Kristina Gowin*
- Com-passion Interventions in Integrative Oncology - *Ana Maria Lopez*

#### Workshop 3:

Room: Heritage 1&2

- Integrating Integrative Medical Training into Existing Hematology/Oncology Fellowships: Is it Time? - *John Camoriano*

SATURDAY  
OCTOBER 22, 2022  
6AM-8AM



## Challenges in integrative oncology medical education: International perspectives

### Moderators

Eran Ben-Arye<sup>1</sup>, Ashwin Mehta<sup>2</sup>, and Alejandro Salicrup<sup>3</sup>  
on behalf of the SIO Global Task force and the SIO Educational committee

### Abstract

In this 2-hour workshop, we aim to identify the needs and challenges of designing and conducting integrative oncology (IO)-related medical education initiatives across the Globe. The workshop will present innovative IO medical education accomplishments as well as challenges and dilemmas. During the meeting we will also discuss how to use SIO resources to facilitate IO training and foster outcomes research to evaluate the effectiveness of IO medical education in a global setting.

### Workshop program and presenters

The program includes six 15-minute presentations, each is led by two presenters, and one short presentation (6 min) including time for questions and a little break. The list of presentations include the following:

**1.** Cross-cultural challenges in translating a MOOC course on Traditional Herbal Medicine in Supportive Cancer Care: Insights from Germany and Brazil

#### Dr. Gunver Kienle

*University of Freiburg, Germany; and Dr. Ricardo Ghelman, SIO Ambassador to Brazil).*

**2.** Weaving an integrative oncology syllabus in Traditional Chinese Medicine medical education: From pre- to post-graduate and residency programs

#### Prof. Jianping Liu and Dr. Ming Yang

*Beijing University of Chinese Medicine and Pharmacology, China)*

**3.** Co-designing online integrative oncology training in Sweden: Multi-disciplinary collaboration of oncologist and pharmacist medical educators

#### Dr. Kathrin Wode and Dr. Johanna Hök

*Karolinska Institute, Sweden*

**4.** Short presentation: The Korean Society of Integrative Oncology (KSIO) and its board certified educational programs

#### Prof. Hwaseung Yoo

*Seoul Korean Medical Hospital of Daejeon University, South Korea)*

**5.** Enhancing palliative integrative oncology care with mindful touch: Impact of a manual and movement therapy training program for nurses and physicians from Europe and the Middle-East

#### Dr. Thomas Breitkreuz

*Paracelsus-Krankenhaus, Germany*

#### Dr. Orit Gressel

*Lin Medical Center, Israel)*

**6.** The Challenge of incorporating traditional medicine in evidence-based integrative oncology training: Lessons from India and Kenya

#### Rammanohar Puthiyedath

*Amrita Centre for Advanced Research in Ayurveda, India*

#### Philip Odiyo

*Faraja Cancer Support Trust, Kenya)*

**7.** Integrative Oncology training and education from a family medicine and supportive oncology perspective: Insights from Australia and the UK

#### Dr. Judith Lacey and Dr. Catherine Zollman

*SIO Ambassadors to Australia and the UK).*