“Zibby Owens’s BOOKENDS is a candid and charming memoir about the ups and downs of midlife through the lens of reading and books. Zibby, one of the most beloved book influencers in America, shares how books can help us through tough times. An inspiring and hopeful read.”
— Arianna Huffington, Founder & CEO, Thrive Global

“I knew Zibby was an ardent supporter of authors, but I didn’t realize she was such a fantastic writer herself. Insightful, helpful, authentic and unifying, the tone of this beautifully-written memorable memoir is just so Zibby. A great choice for every busy mom.”
— Kristin Hannah, #1 New York Times bestselling author of The Four Winds

Dear Reader, Editor, Producer –

Zibby Owens is a woman with many titles: award-winning podcast host, entrepreneur, publisher, author, reader, mother. She has become one of the publishing industry’s biggest champions for authors and an established media darling in the publishing world. But every story has its first page. In BOOKENDS (July 1, 2022 | Little A Books): A Memoir of Love, Loss, and Literature, Zibby Owens finally tells her deeply personal journey of the authors, books, and experiences that inspired her to become today’s most important book messenger and how she rewrote her own story.

Like so many of us, Zibby has lived her life through books. Whenever she thinks of major life events — happy, challenging, horrific, hilarious or heartbreaking — there’s always a book that went along with it. Perhaps this is why Zibby has dedicated her life to trying to deliver the right books to the right people at the right time. For her, there’s nothing more powerful or essential.

BOOKENDS is Zibby’s intimate life story as told through the books she was reading at the time of pivotal moments, the effects they had on her, and what they taught her through each word on the page. Readers will discover her infectious energy, tasteful authenticity, and smart, steadfast support of authors and make them consider how they too can share the healing that books bring in our own lives. There is something inherently special and intimate about passing on books — how it connects individuals and communities on a deeply personal and emotional level. And as readers and storytellers, we are all book messengers at heart and in practice, just like Zibby.

An honest and moving story about relationships, love, food issues, the writing life, finding one’s true calling, and most of all, books, BOOKENDS will inspire and uplift anyone who flips through its pages.

I hope you will consider covering this inspiring memoir this summer. I will be in touch soon to discuss opportunities.

All the best,
Kristin Lunghamer | Little A Publicity Lead
Zibby Owens is the creator and host of the award-winning podcast Moms Don’t Have Time to Read Books. Zibby, named “NYC’s Most Powerful Book-fluencer” by New York magazine’s Vulture, conducts warm, inquisitive conversations with authors, making her daily show a top literary podcast as selected by Oprah.com in 2019 and 2020. Zibby is the cofounder and CEO of Zibby Books, a publishing home for fiction and memoir. She’s also the CEO of Moms Don’t Have Time To, a media company that includes the Zibby Awards, the Zcast podcast network, publications like Moms Don’t Have Time to Write on Medium, and two anthologies: Moms Don’t Have Time To and Moms Don’t Have Time to Have Kids. A regular contributor to Good Morning America and Katie Couric Media, Zibby has also contributed to the Washington Post, Real Simple, Parents, Marie Claire, Slate, and many other publications. She has appeared on Good Morning America, CBS This Morning, the BBC, and other news outlets. Her first children's book, Princess Charming, will soon be followed by a second. A graduate of Yale University and Harvard Business School, Zibby currently lives in New York with her husband and four children. She always has a book nearby. For more information, visit www.zibbyowens.com and follow her on Instagram @zibbyowens. Just don’t ask her how she does it all; she has no clue.

Advance Praise for BOOKENDS by Zibby Owens

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— Kristin Hannah, #1 New York Times bestselling author of The Four Winds

“Zibby Owens has always been a terrific interviewer of authors, but it wasn’t until I read her book that I realized how deep her passion for literature truly runs. Her story is a valentine to falling in love with the written word, and for a writer – and readers – that’s the sweetest kind of tale.”
— Mitch Albom, New York Times bestselling author of The Stranger in the Lifeboat

“A tender, intelligent coming-of-age tale, by turns poignant and hilarious, BOOKENDS gripped me from the first sentence. This is the kind of book you hide in the bathroom to finish, ignoring the cries of your kids and the ringing phone. But it’s also a serious meditation on the dangerous constraints of contemporary motherhood and the nature of privilege. I dare you to read it and not fall in love with Zibby!”
— Joanna Rakoff, author of international bestselling memoir My Salinger Year

“Zibby Owens has such an infectious enthusiasm—for life, for love, for her friends and family, but above all else for books—her prose glows with it. Thus BOOKENDS acts on two levels: it is both a personal journey from mute child to gregarious author, who spends her days talking to and about

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Publicity Contacts: Tess Day, Publicist | tess@zibbyowens.com, 919-619-3318
Kristin Lunghamer, Little A Publicity Lead | krislung@amazon.com, 646-435-9923
writers, as well as a virtual bookshelf, the kind you sometimes find in a summer rental, groaning with well-loved spines.”

— Deborah Copaken, New York Times bestselling author of Ladyparts and Shutterbabe

"BOOKENDS is a testament to the healing power of literature, love, and above all, allegiance to one's true self. Zibby Owens guides us, like a comforting friend, through her journey of loss and reinvention, reminding us, in the end, of our endless capacity for love."

— Claire Bidwell Smith, author of The Rules of Inheritance

“Lucky for us, Zibby Owens — a relentless cheerleader for authors known and unknown — has paid homage to books and the role reading has played in her endlessly fascinating life by writing her own.”

— Katie Couric, New York Times bestselling author of Going There and Founder of Katie Couric Media