

J-22 Certification Check List

Name: _____

Phone: _____

Email: _____

Date: _____

Instructor: _____

Certified: Yes / No To _____ knots of wind

Properly don a life jacket

Demo close quarters maneuvering:

Knots: Stopper

Start, stop, speed control, luffing,

Bowline

steering, tacking, jibing, backing jib

Cleat hitch

backing main, get out of irons

Square knot

Demo sail around predetermined closed course,
including maneuvering around obstacles

Clove hitch

Identify aids to navigation and explain their use

Recognize/forecast local weather conditions

Nuns, Cans, Bells, Gongs,

Demo proper boarding technique

Day markers, Regulatory Markers

Pre-sail check list:

Flotation integrity

Explain navigational rules: right of way encounters

Safety equipment

with various types of boats, boating etiquette.

Crew instructions/duties

Demo proper sail trim, power-up, depower,

Demo proper rigging of:

Proper jib lead position,

Sails

Demo proper use of telltales

Halyards

Mainsail

Sheets

Jib

Blocks

Demo proper use of Windex

Winches

Demo heave-to maneuver

Demo use of sail controls:

Demo sailing "by-the-lee" conditions permitting,

Halyards

explain inherent dangers

Sheets

Demo how to reef mainsail

Cunningham

Demo how to depower mainsail

Outhaul

Properly demo one of the overboard rescue methods

Traveler

Demo procedure for use of approved distress signal

Winches

Demo return to mooring procedure

Demo skipper/crew technique for leaving mooring

Demo secure mooring procedure

Demo chart reading skill

Demo proper post sail gear stowage and securing

Demo proper use of hand bearing compass

Describe proper anchoring procedure