

Post-T-Day Reading at Kingston Gallery

a closing event for the November exhibitions

<https://www.kingstongallery.com/>

Sunday, November 30, 2025 at 2:00 pm

450 Harrison Ave, No. 43 | Boston, MA 02118
617-423-4113

Artists and writers find ways to process our experiences, to speak to the messy business of being human. Our art can help us with our struggles, reflect, learn, find balance, humor, and joy in these difficult times. This closing event, with readings by authors Helen Fremont, Lara Egger, Sahil Mehta and Tracy Winn celebrates their new work along with shows of Kingston artists Steven Bogart, Chantal Zakari and Judith Brassard Brown.

Readings from 2:00-2:45 followed by a reception.

About the Authors:

Lara Egger is the author of two full-length poetry collections, *Flop Era* (Pitt Poetry Series, University of Pittsburgh Press, 2025) and *How to Love Everyone and Almost Get Away with It* (Juniper Prize Winner, University of Massachusetts Press, 2021). An Australian native, Egger currently lives in Boston, where she co-owns a Spanish tapas bar.

Helen Fremont is the author of the national bestseller *After Long Silence*, which was named a “New and Noteworthy” book by *The New York Times*. Her second memoir, *The Escape Artist*, was selected as an “Editor’s Choice” by *The New York Times* and was named a “Best New Book” by *People Magazine*. Her new book, *Outside the Lines*, was recently published in October, 2025. Helen worked as a lawyer and public defender in Boston, where she now lives with her wife. You can find Helen online at HelenFremont.com.

Sahil Mehta was born and raised in India. He currently lives in Boston, MA, where he works in the hospitality industry. His work has appeared in *Foglifter Journal* (nominated for PEN/Robert J. Dau Short Story Prize for Emerging Writers), *Tint Journal* (special mention in the Pushcart Prize L anthology), *South 85 Journal* (2023 Julia Peterkin Flash Fiction Award, second runner-up), and other publications. His debut novel, *Love, Loss, and Lost Causes*, was published by Rebel Satori Press.

Tracy Winn is the author of *River in the House*, forthcoming in 2027 from Milkweed Editions, and *Mrs. Somebody Somebody*, SMU Press, 2009, and Random House, 2010 which was named a finalist for the John Gardner Prize, the Julia Ward Howe Award, and the Massachusetts Book Award. She won the Sherwood Anderson Foundation Prize, the Arch and Bruce Brown Foundation Award and grants from the Wallace Foundation and the Barbara Deming Memorial Fund. Her work has been nominated for Pushcart prizes and Best of the Net. She is also a recipient of fellowships from the Massachusetts Cultural Council, the Blue Mountain Center, the Vermont Studio Center, Millay, and MacDowell. In 2024, Tracy received the Clarkson Award from Vermont Woodlands for Wildlife for her dedicated support of the natural world. She lives in Concord.