**You+Life=Art**  
Genie Kell

**Suggested Supplies:** Choose any materials or tools with which you want to experiment and to practice using in different non-traditional ways. Because this class focuses on your life and your powers of expression...when it comes to materials/techniques: ANYTHING AND EVERYTHING GOES! Your challenge is to see all objects and materials as potential art-making supplies to incorporated into your art and to serve your SELF-expression. Especially, look for objects that carry strong symbolism for you because they relate to your life experiences. Since your life has been rich in varied experiences, you will want to reflect that richness by choosing varied, surprising materials with which to work.

- sketchbook/journal & pen.
- color: acrylics, watercolors, oil, pastels, colored papers, drawing materials (to the basic colors such as Cadmium Red, Medium, Cadmium Yellow Medium, French Ultramarine Blue—you might add an Orange, Green and Purple of your choice, plus any other colors you choose. If you choose oil paints, be sure to bring some Stand Oil to extend the paint and to use odorless paint thinner for cleaning your brushes.
- supports: choose 3 for each week—any combo of paper, stretched canvas or canvas board of any size.
- brushes: any kind to match your chosen medium—inexpensive packets of brushes are good for variety.
- drawing tools: because you may want to include drawing or calligraphy in your work, you may choose from a varied to pencils, pens, felt-tip pens, charcoal, conte crayons, etc.
- old paintings, photos, magazine, or newspaper clippings, wrapping papers, etc., whatever has meaning for you.
- found objects or personal objects: no tool or medium is off-limits.
- odds & ends: paper towels, 2 large water containers, disposable palettes or freezer paper or paper plates or butcher tray for oils or acrylics, several small plastic mixing containers, large carry-all bag and if you use watercolors, be sure to have a large, plastic palette such as the Robert E. Wood wc palette.

**Suppliers:**
- * Family Hobby Center, 155 10th St. No, Naples, FL 34102, 239-261-8545
- * Jerry’s Artarama, , www.Jerry’sArtarama, locations throughout USA, 800-827-8478
- * Cheap Joe’s Art Stuff, NC, 888-304-0892 or www.cheapjoes.com
- * Dick Blick Art Supplies, locations throughout USA, 800-828-4548 or on-line www.dickblick.com

**Questions?** Call or email Genie Kell at 239-592-5028 or paintingit7@gmail.com