



THE PATCHWORK OF PARENTHOOD

An Evening of Stories

Saturday, May 13th, 2023

7pm

One Longfellow Square
Portland, ME



Presented by:



MAINE STATE 
BREASTFEEDING
COALITION

The logo for the Maine State Breastfeeding Coalition is contained within a white rectangular box. It features the text "MAINE STATE" in a bold, dark font, followed by a stylized graphic of two overlapping teardrop shapes. Below this, the words "BREASTFEEDING" and "COALITION" are stacked in a bold, dark font.



Our Work: Strategic Objectives

CONNECT

Deepen community engagement in the Maine State Breastfeeding Coalition by providing opportunities for connection, networking, and partnerships among a diverse range of champions.

SUPPORT / EDUCATE

Provide and promote breast/chestfeeding educational opportunities and resources.

Optimize workplaces in Maine and empower employers to create supportive cultures for breast/chestfeeding employees.

ADVOCATE

Promote legislation that will allow more families to achieve their breast milk feeding goals through access to paid family & medical leave, workplace support, lactation care, postpartum health care, donor breast milk, and other systems and policies that facilitate breast/chestfeeding.

SUSTAIN

Ensure the long-term sustainability and efficacy of the Maine State Breastfeeding Coalition.

Our patron partnership program and individual donations help us execute and expand this important work.



Program

Welcome

Kara Kaikini, MSBC Executive Director
Sophie Saltonstall, Event MC

Stories

Paula Norcott
Taylor Kanzler
Rebecca Brouillette

Intermission

Dialmarie Silva
Emily Wright
Nicole Galietta

Closing, raffle & thank you.



Thank you to our sponsors!



*Thank you, Acelleron, for matching up to
\$250 in individual donations tonight!*

MaineHealth

The Barbara Bush
Children's Hospital
At Maine Medical Center



LET'S GO!

Working together so our communities are the healthiest in America.



Meet the storytellers:

Paula Norcott

Paula Norcott is mom to five fantastic humans, ages 8-28. She likes to joke she has tried every parenting style. None of her children sleep in her bed, poop in their pants, or breastfeed anymore. So basically she is winning. She was lucky enough to marry her BFF from high school, and even still likes him after 30 years together! They grew up on the South Shore of Massachusetts (beware, the accent slips out sometimes) and moved to Maine 15 years ago to let their kids play in the woods. She is never going back. She is indoorsy, loves knitting, houseplants and her bed. You can find her on IG at [paula.j.norcott.ibclc](https://www.instagram.com/paula.j.norcott.ibclc)

Taylor Kanzler

Taylor is a high school English and Spanish teacher who lives in Yarmouth with her husband and two children. A native of the White Mountains, she enjoys hiking, skiing, and fresh-water paddling. Taylor spent most of her early teaching career living abroad, working in international schools, and she still retains a penchant for travel and adventure. Through motherhood, Taylor has become part of the Down syndrome community and is a passionate advocate for children living with disability and their families.



Dr. Rebecca Brouillette

Dr. Rebecca Brouillette is a practicing chiropractor in Biddeford, Maine and is passionate about caring for the perinatal and pediatric community. She is a self-proclaimed neurology-nerd and loves to help facilitate the body's innate healing potential with chiropractic care. Her personal postpartum journey was profoundly changed under the care of an incredible IBCLC, so much so that she is now working toward her certification. She can't wait to be that same resource for her practice members. When not in the office, she can be found spending time with her husband Stephen, their 2 year old son Rowan, and their beloved pets. She loves the ocean, and will take a drive to Fortunes Rocks or any other local beach whenever possible!

Dialmarie Silva

I am a single mother of a 6 year old boy and twin newborns! I am in college for my bachelors of social work, it has always been a goal of mine to share my story to empower and encourage mothers all over. I am originally from Florida and I love the sunshine but also the snow. I have 2 other diplomas in graphic design and social media management/marketing. I love being at home with my kids journaling and meditation! I'm very strict with self love and self awareness! "Your mindset determines your reality."



Emily Wright

Emily Wright is an almost 40 year old Mama, Auntie, Wife, Sister, Daughter who works as Registered Nurse for her day job and enjoys spending time with my family, my husband and 4 year old son, in the woods around our home, traveling to new places, and discovering the magic in everyday ordinary things.

Nicole Juntura

Nicole is a wife, mom, and brand new entrepreneur, among other cool (??) things. She started her own food truck/micro bakery, Plot Twist Pretzels, after rage quitting her oft-illustrious, occasionally regrettable decade-long career in healthcare administration—in part because it felt impossible during and after her first pregnancy (the other part was Sheila in accounting. Just kidding, Sheila). She is currently exclusively breastfeeding her six-month-old and is therefore very cranky and touched out all the time and hasn't slept since 2019 and no she can't hang out. She is probably crying somewhere right now. Send coffee and good vibes.

Sophie Saltonstall, Event MC

Sophie is a mother of two little ones, a farmer, a wife, and a sore loser when it comes to board games such as Settlers of Catan. She studied sustainability in school and was even arrested 3 times as a climate activist. She did get a masters from Harvard, but more importantly, her wallpaper choice in the bathroom gets lots of compliments.

Thank you to our sponsors!

Midwife-Led Birth Center

A HOMELIKE SETTING
OFFERING
WATER BIRTH,
FAMILY-SIZED BED,
& PLENTY OF ROOM
TO BIRTH HOWEVER
YOU DESIRE.



94 RICHARDSON ST
BATH ME





COMMUNITY impact

"I insisted that I breastfeed my daughter but faced numerous challenges in getting the breast milk to her from prison. I reached out to the Maine State Breastfeeding Coalition and The Opportunity Alliance and to my surprise they set up a range of volunteers willing to transport my breastmilk over an hour away to my daughter 2 times per week.

As soon as I was reunited with my daughter almost 5 months later, we were able to get her to latch and our bond has never been stronger."



~ K. Johnson
Incarcerated Maine Resident

"I appreciate MSBC for offering opportunities to connect with other breastfeeding advocates and champions throughout the state. MSBC also provides timely education topics, updates on what other programs are offering for in person and remote support groups, education and social media posts. MSBC is a great resource for LC's, childbirth educators and doulas, or anyone who supports a birthing parent and family in their breastfeeding journey."

~Jennifer Viger,
LDTR IBCLC
WIC Breastfeeding
Coordinator



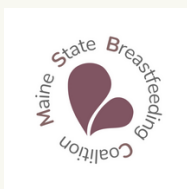
~Verna Pierre
Family Visitor
MaineFamilies

"MSBC has been a great place to hear others who support and encourage breast/chest feeding in our communities in Maine. The variety of speakers and topics at the meetings has been so helpful as a Family Visitor and CLC in homes after hospital deliveries. MSBC brings in up-to-date current information, resources, policies, procedures, and conversation to carry on social service practice in homes in one to one direct visits with Moms breastfeeding/chestfeeding. Thank you MSBC!"

Thank you to our sponsors!



REMedy
Pediatric Sleep Coaching



Thank you to everyone who made this event possible!

- One Longfellow Square!
- Sophie Saltonstall (MC)
- Lynn Shattuck (writing support)
- MSBC Event Planning Committee:
 - Nina Emlen, Miriam Markowicz, Amanda Powell, Kara Kaikini, Petrichor Kneeland-Campbell
- Brooke Barron (raffle organizer)
- Grace Cook (social media & graphic design)
- Rachel Criswell
- Sally and Chris Barron (flower donation)
- Kathryn Kirby (violin)
- Kelly Sink (photographer)
- Winslow Robinson (videographer)



Let's stay in touch!

Visit our website for **breast and chest feeding resources** and to learn more about **volunteer and board opportunities**.

Thank you for considering **a donation** to help us continue supporting families in Maine. Learn more about how your **support helps new parents**.

If you'd like to become a sponsor or strategic partner, please **reach out to Kara**.



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