

## **YOU AND YOUR CHILD ARE INVITED TO PARTICIPATE IN A RESEARCH STUDY!**

### **Study of Mental Health And Relatinships (SMART)**

#### **What is the research about?**

- The goal of the research is to understand more about ways to support 9- to 16-year-old youth receiving mental health care.
- The findings may help improve services for other young people like your child.

#### **What would be expected of me and my child?**

- About half the youth in the study will be randomly selected to participate in a program called Great Life Mentoring (GLM). GLM pairs youth with trained adult volunteers who spend time with them doing informal, mostly social and recreational activities. More information about GLM can be found on their website: [greatlifementoring.com](http://greatlifementoring.com).

#### **Will I be compensated for participation?**

- You and your child will each receive a \$25 gift card each time you complete questionnaires. If your child is selected to be in the group that does not participate in GLM (control group), you also would receive a \$50 gift card at the start of the study and a \$50 gift card each year of your study participation.

#### **Do I have to participate in the research?**

- Participation in this research is entirely voluntary. Whether you and your child participate will not affect the current mental health services they are receiving.

#### **What should I do to learn more about the research?**

- Please provide your contact information at this link: <https://tinyurl.com/SMARTparentcontact> or use your phone camera to access the **QR code** on the right.
- The researchers will contact you to provide additional details about the study and to gather some information to determine if your child is eligible to participate in the research. Assuming your child is eligible for the research, you and your child can then decide whether you'd like to participate. For additional questions, you may directly contact Dr. David DuBois: [dldubois@uic.edu](mailto:dldubois@uic.edu).

