

Transforming Early Childhood Education LLC

Workshop Catalog



Early Childhood Professional Development Should Be...

At Transforming Early Childhood Education LLC, we believe early childhood professional development should be laughter-filled. It should also be engaging, collaborative, hands-on, and meaningful. If we want to do better for our students, we need to take the time to reflect upon and grow our teaching practices.

Early childhood programs and organizations can choose from our extensive catalog of workshops covering various early childhood topics. Each workshop is research-based and geared towards the adult learner, weaving hands-on experiences, discussion, lecture, and small group work. The catalog is updated often to add additional workshops.

Please note that onsite workshop sessions need to be at least 2 hours long. If you are interested in a topic listed as 1 or 1.5 hours in length, additional content can be added to extend the session.

Behavior Guidance Series

Workshop Length	Age Group	Title and Description
1 hour	Toddler-Preschool	<p>Ages and Stages: Equilibrium and Disequilibrium Research by the Gesell Institute of Human Development has shown that children’s growth is not always an even ride from less to more mature. Participants will gain the skills needed to support children through their behavioral changes in this session.</p>
1 hour	Toddler-Preschool	<p>Appropriate Expectations: Attention Seeking I often hear adults say, “They just want attention!” I will usually answer, “What’s wrong with wanting attention?” It is important to remember that children aren’t looking for negative or positive attention. They are looking for predictable attention. During this workshop session, participants will develop strategies for providing predictable attention to the children in their care.</p>
1 hour	Toddler-Preschool	<p>Appropriate Expectations: Behavior Management vs Behavior Guidance What is the difference between behavior management and behavior guidance? During this one-hour workshop, participants will examine various ways to guide young children as they move through different developmental stages.</p>
1 hour	Toddler-Preschool	<p>Appropriate Expectations: In Charge of vs Responsible For During this one-hour workshop, we discuss moving from the lens of “in charge of children” to “responsible for children.”</p>
1 hour	Toddler-Preschool	<p>Appropriate Expectations: Rethinking “Challenging” Behaviors During this one-hour workshop, we will examine our expectations, interactions, planning, and learning environments to understand the needs of young children.</p>

Behavior Guidance Series

Workshop Length	Age Group	Title and Description
1 hour	Toddler-Preschool	<p>Appropriate Expectations: Rough and Tumble Play While research-based evidence provides the benefits of rough and tumble play, it can be one of the most challenging types of play to support as an early childhood professional. In this workshop, we will dig into the benefits of rough-and-tumble play and how we can support it in our programs.</p>
1 hour	Toddler-Preschool	<p>Appropriate Expectations: Sharing vs Turn-Taking What is the difference between Sharing and Turn-Taking? Which is appropriate for young children? How can we use what we know about child development to help guide our interactions with young children?</p>
1 hour	Toddler-Preschool	<p>It's all about POWER: Giving Children Voices and Choices We will focus on tools and strategies to encourage independence, autonomy, and problem-solving in the early childhood classroom during this one-hour workshop.</p>
1 hour	Toddler-Preschool	<p>No Magic Needed: Essential Elements of Successful Transitions Did you know that transitions are not just the time in between activities? Transitions are any time a child is asked to change their attention from one task to the next (anytime an adult places a demand upon a child). During this workshop session, participants will gain tools for supporting young children.</p>
2 hours	Toddler-Preschool	<p>Refocusing the Lens of Power Struggles How often do you hear parents and caregivers use the phrase “power struggle” when discussing a complicated interaction with a child? What if we refocused the power struggle lens to understand what the child is trying to tell us? During this workshop, we will examine how to meet the needs of young children, especially when we are having difficulty understanding the why’s.</p>

Behavior Guidance Series

Workshop Length	Age Group	Title and Description
2 hours	Toddler- Preschool	Refocusing the Lens of Purposeful Misbehavior Imagine a world where we don't always view young children through the lens of purposeful misbehavior. In this workshop will examine how understanding brain development, impulse control, emotions and secure attachments can help us refocus our lens to meeting the needs of young children.

Creating Connections Series

Workshop Length	Age Group	Title and Description
2 hours	Preschool	<p>A Safe Space: Creating a Classroom Community Our preschool classrooms should be a safe space for all students to learn and grow. Learn how to use morning meetings, circle time, and collaborative learning as opportunities to create a classroom community.</p>
1 hour	Infant-Preschool	<p>Appropriate Expectations- Communicating with Children and Families Do you feel comfortable communicating with children and families? Do you struggle with your tone and what to say? During this one-hour workshop, we will focus on the fundamentals of communication.</p>
1 hour	Infant-Preschool	<p>Appropriate Expectations: Difficult Conversations with Parents/Guardians Having an open line of communication between school and home is essential when building relationships. Avoiding difficult conversations harms this relationship, and it also does a disservice to the young children in our care. In this workshop, participants will gain the skills necessary to have difficult conversations.</p>
1 hour	Infant-Preschool	<p>Building a Classroom Community: Birthday Traditions When a child feels celebrated, they also feel loved; this creates a sense of belonging within their classroom community. During this workshop, we will develop meaningful birthday traditions where the birthday child is the focus.</p>
2 hours	Infant-Preschool	<p>Community Connections: Acts of Service It is essential to create meaningful connections in the early childhood classroom. Those connections should also extend outside the four walls of the classroom to the larger school community and the broader community that surrounds the school. In this workshop, we will discuss developing and implementing community service projects.</p>
1.5 hours	Infant-Preschool	<p>From Definition to Application: Attachment & Connection In this series, we will dig deeper into commonly used terms in early childhood education. Participants will develop tools for building connections and secure attachments with the children in their care.</p>

Creating Connections Series

Workshop Length	Age Group	Title and Description
1 hour	Infant-Preschool	<p>It is a BIG Deal: Holding Space for the Feelings of Young Children</p> <p>How do we hold space for the feelings of young children? How can we avoid dismissing their needs, wants, and emotions? During this session, we learn how to respond to the needs of the children in our care.</p>
1 hour	Infant-Preschool	<p>Nurturing Relationships: Arrival and Departure</p> <p>Our primary responsibility as caregivers is to build connections with the children in our care. Nurturing those relationships takes time, patience, and understanding. During this session, we will develop strategies to enhance our relationships during arrival and departure.</p>
1 hour	Infant-Preschool	<p>Nurturing Relationships: Co-Regulation</p> <p>Our primary responsibility as caregivers is to build connections with the children in our care. Nurturing those relationships takes time, patience, and understanding. During this session, we will gain insight into the tools needed to be a co-regulator in the early year's classroom.</p>
1 hour	Infant-Preschool	<p>Nurturing Relationships: Diaper Changes & Toilet Learning</p> <p>Our primary responsibility as caregivers is to build connections with the children in our care. Nurturing those relationships takes time, patience, and understanding. In this workshop, we will discuss the importance of seeing diaper changes and toilet learning as opportunities to foster language, build a sense of consent, enhance autonomy & agency and develop a relationship built on trust.</p>
1 hour	Infant-Preschool	<p>Nurturing Relationships: Meal Time</p> <p>Our primary responsibility as caregivers is to build connections with the children in our care. Nurturing those relationships takes time, patience, and understanding. During this session, we will discuss how to be present and encourage independence during meal time.</p>

Creating Connections Series

Workshop Length	Age Group	Title and Description
1 hour	Infant-Preschool	<p>Nurturing Relationships: Rest Time Our primary responsibility as caregivers is to build connections with the children in our care. Nurturing those relationships takes time, patience, and understanding. Rest time is often a frustrating time of day for both children and adults. During this workshop, we will develop routines that will create a sense of calm and relaxation during this critical time of the day.</p>
1 hour	Infant-Preschool	<p>Nurturing Relationships: Serve and Return Imagine a game of ping pong. The ball bounces from one side to the other as players serve and return. Did you know that this term is also used to describe a specific type of interaction between children and their caregivers? In this workshop, participants will develop the tools they need to build nurturing relationships, shape brain architecture, and foster language development.</p>
2 hours	Infant-Preschool	<p>Strengthening Family- School Relationships How do you create connections with families in your program? Do all your families feel welcome and valued? This workshop will allow participants to reflect upon their relationships with families and how they can create a welcoming school environment.</p>
2 hours	Infant-Preschool	<p>Supporting New Parents Being a parent is one of the toughest and sometimes loneliest jobs. No one hands you a magical guide that ensures the perfect childhood from birth-adulthood. As early childhood educators, we can be the best resource for new parents. We can help them get through the bumps in the road and celebrate the milestones. In this workshop, teachers will learn how to support parents through the exciting parenthood journey.</p>
2 hours	Toddler-Preschool	<p>The More We Come Together Intentional Circle Time and Morning Meeting The primary focus of circle time/morning meeting is to create a space where children feel like a member of the classroom community. Intentional whole group times value a child-centered approach to learning. During this workshop participants will explore an intentional approach to guiding group meeting times.</p>

Educator Support Series

Workshop Length	Age Group	Title and Description
1 hour	Adults	Communication Skills: How to Communicate with your Program Leader Communication plays an essential role in our daily lives as early childhood professionals. Just the thought of communicating with your program leader (especially in toxic situations) can be enough to produce stress and anxiety. However, with some preparation and practice, you can be on your way to confident and effective communication. During this workshop, participants will gain the skills needed to communicate clearly and effectively.
1 hour	Adults	Communication Skills: Writing Emails to Parents/Guardians Emailing your students' families can be an efficient way to keep in touch. This is especially true when you have good news to share. What happens when we have complex information to share? Emails can leave plenty of room for misinterpretation. During this workshop, participants will practice the skills of email communication.
1 hour	Adults	Communication Skills: Writing Observations Writing an early childhood student observation must capture all aspects of the child's daily learning. This process is not easy in our fast-paced learning environments. During this workshop, participants will gain tools and strategies for writing individual child observations.
1 hour	Adults	Creating Positive Workplace Communication: A Focus on Gossip Although gossip can seem ordinary in our early childhood programs, we should never underestimate its damaging effects on educator relationships. This workshop will examine how to support communication and stop gossip.
1 hour	Adults	Developing Professional Portfolios Teacher portfolios document achievements and classroom experiences. These portfolios visually communicate a teacher's experience in a professional and organized manner. This workshop will explore the basics of developing and maintaining professional portfolios.

Educator Support Series

Workshop Length	Age Group	Title and Description
1 hour	Adults	Developing Student Portfolios Portfolios are a great way to demonstrate a child's progress over time in your early childhood classroom. They can be used to document each child's progress from the beginning to the end of the school year. This workshop will explore various ways to develop and maintain a student portfolio system.
2 hours	Adults	Growth Mindset for Teachers Our mindsets are what guide our actions, reactions, and behaviors. This is particularly true when it comes to gaining knowledge and learning new skills. A fixed mindset equals fixed intelligence. People in this mindset will say they have no way to improve themselves. A growth mindset equals intelligence that can be developed. People with this mindset tend to work harder because they know they can improve. In this workshop, teachers will learn strategies to move past their fixed mindset to grow personally and professionally.
2 hours	Adults	Many Hands Make Light Work- Teamwork for Teachers A professional culture requires teachers who are willing to share, support and explore together. This is only possible when teachers are working as part of a team. This active workshop will allow teachers to work together and connect on personal and professional levels.
1 hour	Adults	Social Emotional Learning for Educators: Relationships Skills Did you know we first need to assess our skills to support children's social- emotional learning? Relationship skills are the building blocks of co-teaching and teamwork. During this workshop, we will focus on ways to communicate effectively, constructively resolve conflicts, and support our peers.

Educator Support Series

Workshop Length	Age Group	Title and Description
1 hour	Adults	Social Emotional Learning for Educators: Responsible Decisions Did you know we first need to assess our skills to support children's social- emotional learning? When we make constructive and respectful choices, we practice responsible decision-making. During this session, participants will develop tools for analyzing situations, assuming responsibility, respecting others, and problem-solving.
1 hour	Adults	Social Emotional Learning for Educators: Self-Awareness Did you know we first need to assess our skills to support children's social- emotional learning? Self-awareness allows us to recognize how our emotions, thoughts, and values are reflected in our behaviors. In this workshop, participants will examine their ability to be self-aware.
1 hour	Adults	Social Emotional Learning for Educators: Self-Management Did you know we first need to assess our skills to support children's social- emotional learning? Self-management allows us to regulate our emotions, thoughts, and behaviors. In this workshop, participants will examine their self-management abilities.
1 hour	Adults	Social Emotional Learning for Educators: Social Awareness Did you know we first need to assess our skills to support children's social- emotional learning? Social awareness is the key to understanding and empathizing with others. During this workshop, participants will develop tools to grow their ability to be socially aware.
2 hours	Adults	Teacher Self-Care Happy teachers have happy students and happy families. As teachers, we can't be in the classroom in our most total capacity to teach/care for our kids if we are not in our most total capacity ourselves. In this workshop, participants will explore ways to reduce/ manage classroom stress, build a healthy school climate, and engage in mindfulness techniques.

Educator Support Series

Workshop Length	Age Group	Title and Description
1 hour	Adults	<p>Teacher Self-Care: Taking Care of Your Nervous System</p> <p>It is important to remember that self-care is a daily practices and not a one time event. During this workshop session participants will learn how to support their nervous systems through self-regulation.</p>
2 hour	Adults	<p>The Anxious Teacher: Anxiety as a Super Power</p> <p>For as long as I can remember, I have repeatedly experienced anxious thoughts- perseverating on the same ideas. I was diagnosed with generalized anxiety disorder as an adult. In this workshop session, I will share the tools and strategies I use in and out of the classroom that help me view my anxiety as a strength.</p>
1 hour	Adults	<p>The Co-Teaching Playbook: Communication</p> <p>Co-teaching in early childhood programs is different than the k-12 classroom. There are few resources available for this type of teaching relationship. In this workshop, we will focus on communication. This skill is essential to a solid co-teaching partnership. This session is part of a series where we will discuss how to navigate, build, and strengthen our co-teaching partnerships.</p>
1 hour	Adults	<p>The Co-Teaching Playbook: Giving and Receiving Feedback</p> <p>Feedback provides recipients with insight or suggestions that contribute to desired outcomes. Effective feedback is supportive, encouraging, and specific. Learning how to receive feedback is just as important as giving feedback to continue your growth. It is a skill that you can develop with practice. During this workshop, participants will practice giving and receiving effective feedback.</p>
1 hour	Adults	<p>The Co-Teaching Playbook: Roles and Responsibilities</p> <p>Establishing our roles and responsibilities helps us build our co-teaching relationships. During this workshop, participants will develop roles and responsibilities for their classroom learning environments.</p>

Educator Support Series

Workshop Length	Age Group	Title and Description
1 hour	Adults	The Early Childhood Professional: Early Childhood Education as a Profession What is a profession? What does it mean to see yourself as a professional? What are your responsibilities as an early childhood professional? In this session, participants will gain insight into the profession of early childhood education.
1 hour	Adults	The Early Childhood Professional: Setting Boundaries with Families Establishing and holding boundaries is an essential part of our work as early childhood professionals. In this session participants will develop tools for setting boundaries with the families in their programs.
1 hour	Adults	The Playful Teacher: Embracing True Fun Our early childhood classrooms should be filled with play, laughter and true fun. Let's embrace our playful side and bring true fun back to our learning environments!
1 hour	Adults	The TA Toolbox: Tips and Strategies for Teaching Assistants The early childhood teaching assistant's duties are to support the lead teacher. Following directions and sharing feedback with the lead teacher are essential components in this role. In this workshop, participants will examine the elements of being effective in their professional roles.
2 hours	Adults	Transforming your Teaching Practices: From Sage on the Stage to Guide on the Side As early childhood educators, we need to be flexible and open to change. When we see ourselves as co-learners, we show value for the process of learning. We need to create a classroom community where our students feel free to share their thoughts and ideas freely. In this workshop, participants will learn to reflect upon and refocus their roles as guides in the learning process.

Environments for Learning Series

Workshop Length	Age Group	Title and Description
1 hour	Toddler- Preschool	Environments for Learning Blocks and Building Are you looking for ways to enhance your classroom's blocks and building area? In this workshop, we will discuss the importance of blocks and how to design an inviting space.
1 hour	Toddler- Preschool	Environments for Learning: Dramatic Play We will examine ways to design a dramatic play space that promotes social- emotional learning during this one-hour workshop.
1 hour	Preschool	Environments for Learning: Language and Literacy Are you looking for ways to enhance your classroom's Language and Literacy area? This workshop will discuss the importance of supporting emergent reading and writing.
1 hour	Toddler- Preschool	Environments for Learning: The Art Studio We will discuss why it is essential to have a studio space where children can create independently during this one-hour workshop. We will also discuss designing a studio for children of all ages.
1 hour	Toddler- Preschool	Inspired by Montessori Practical Life Are you looking for ways to embrace Montessori practices in your non-Montessori classroom? Montessori practical life allows children to embrace independence while creating a sense of being and belonging. During this session, participants will explore ways to add practical life opportunities to their program.
2 hours	Infant- Preschool	It Feels Like Home: Creating Environments for Learning Our learning environments should be a natural extension of the home. Our spaces should respond to and reflect the individual students and their teachers while feeling warm and welcoming. You will learn ways to design your environment for connection and learning during this workshop.

Geography Series

Workshop Length	Age Group	Title and Description
1 hour	Toddler- Preschool	Geography in the Outdoor Classroom During this one-hour workshop, early childhood educators will explore how to help young children gain a sense of self and connect to the world around them in the outdoor classroom.
2 hours	Preschool	More than Maps: Exploring Geography Young children LOVE maps! How can we grow this love of maps into knowledge about the world around them? During this workshop participants will explore the connections that children make to the world around them using human geography. They will also explore connections made to geography around the globe.

Home to School Connections Series

Workshop Length	Age Group	Title and Description
1 hour	Adults	<p>Home to School Connections: Behavior Guidance In our roles as early childhood professionals, we are responsible for caring for children and their families. Developing a connection between home and school is critical to nurturing young children. During this workshop session, participants will learn behavior guidance techniques. This information will aid them in designing partnering with parents workshops for their programs.</p>
1 hour	Adults	<p>Home to School Connections: Early Math In our roles as early childhood professionals, we are responsible for caring for children and their families. Developing a connection between home and school is critical to nurturing young children. During this workshop session, participants will learn the basics of early math. This information will aid them in designing partnering with parents workshops for their programs.</p>
1 hour	Adults	<p>Home to School Connections: Early Science In our roles as early childhood professionals, we are responsible for caring for children and their families. Developing a connection between home and school is critical to nurturing young children. During this workshop session, participants will learn the basics of early science. This information will aid them in designing partnering with parents workshops for their programs.</p>
1 hour	Adults	<p>Home to School Connections: Fostering Language Development In our roles as early childhood professionals, we are responsible for caring for children and their families. Developing a connection between home and school is critical to nurturing young children. During this workshop session, participants will learn tools and strategies for fostering language development. This information will aid them in designing partnering with parents workshops for their programs.</p>

Home to School Connection Series

Workshop Length	Age Group	Title and Description
1 hour	Adults	Home to School Connections: Independence Skills In our roles as early childhood professionals, we are responsible for caring for children and their families. Developing a connection between home and school is critical to nurturing young children. During this workshop session, participants will learn tools and strategies for fostering independence in young children. This information will aid them in designing partnering with parents workshops for their programs.
1 hour	Adults	Home to School Connections: Loose Parts In our roles as early childhood professionals, we are responsible for caring for children and their families. Developing a connection between home and school is critical to nurturing young children. During this workshop session, participants will learn about the theory of loose parts. This information will aid them in designing partnering with parents workshops for their programs.
1 hour	Adults	Home to School Connections: Play-Based Learning In our roles as early childhood professionals, we are responsible for caring for children and their families. Developing a connection between home and school is critical to nurturing young children. During this workshop session, participants will learn all about play-based learning. This information will aid them in designing partnering with parents workshops for their programs.
1 hour	Adults	Home to School Connections: Story Baskets In our roles as early childhood professionals, we are responsible for caring for children and their families. Developing a connection between home and school is critical to nurturing young children. During this workshop session, participants will learn the benefits of story baskets. This information will aid them in designing partnering with parents workshops for their programs.

Infant and Toddler Series

Workshop Length	Age Group	Title and Description
1 hour	Infant-Toddler	<p>Appropriate Expectations Biting</p> <p>During this one-hour workshop, participants will discuss why a child bites and learns strategies to help them move through this stage of development.</p>
2 hours	Infant-Toddler	<p>Building a Classroom Community: Routines, Collaboration and Connection</p> <p>The foundation of a classroom is built around routines and classroom connections. Children must feel safe and connected to their caregivers and know what to expect from their environment to explore and thrive. In this workshop, teachers will explore the importance of building a classroom community.</p>
2 hours	Infant-Toddler	<p>Developmentally Appropriate Practice for Infants and Toddlers</p> <p>What does it mean for your school to use developmentally appropriate practices with infants and toddlers? This workshop will help participants understand developmentally appropriate practice (DAP), learn how to create differentiated learning experiences, and illustrate how to scaffold children's learning.</p>
2 hours	Infant-Toddler	<p>Discovering and Uncovering- Observation, Documentation and Planning</p> <p>Watching and listening to young children with intentionality, curiosity, and wonder allows a teacher to gain deeper insights into each child's interests and development- through this practice of observation, we show value for the process of learning. In this workshop, participants will learn how to observe, document learning, and create individualized learning opportunities for infants and toddlers.</p>
1 hour	Infant-Toddler	<p>Engaging Experiences: Heuristic Play</p> <p>During this one-hour workshop, we will learn: what heuristic play is, why it is important, and how we can support its opportunities in our classrooms.</p>

Infant and Toddler Series

Workshop Length	Age Group	Title and Description
2 hours	Infant-Toddler	<p>Exploring Loose Parts Through Provocations What do the terms "loose parts" and open-ended materials mean, and what do they look like in an infant, toddler, and two's classroom? What can we, as teachers, learn from our observations of children as they explore these materials? In this workshop, we will look at what loose parts offer infants, toddlers, and two's in their learning and how teachers present them to provide authentic opportunities for children to discover. Let's explore ways to provoke thought, conversation, and play using open-ended materials within this interactive workshop.</p>
1 hour	Infant-Toddler	<p>Exploring the Outdoor Classroom with Infants and Toddlers In this workshop, infant and toddler teachers will explore various ways to use their outdoor space as an extension of the classroom.</p>
2 hours	Infant-Toddler	<p>It's Not a Box: Supporting Imaginative Play Are you looking for new and different ideas for supporting imaginative play? This workshop will give various ideas for keeping imagination alive in the classroom setting.</p>
2 hours	Infant-Toddler	<p>Little Bodies Big Feelings We are not born knowing how to manage our emotions. Young children need our guidance when learning to navigate this often-wild ride. Learn techniques and strategies to be consistent in our co-regulation with infants and toddlers.</p>
1 hour	Infant-Toddler	<p>Loose Parts for Littles We will focus on using loose parts with toddlers (ages 1-3 years old).</p>

Infant and Toddler Series

Workshop Length	Age Group	Title and Description
2 hours	Infant-Toddler	<p>Making Our Mark! From birth to 3 years early mark making is not the same as writing. Children of this age do not understand that forming marks communicates meaning. Instead, it's a sensory and physical experience. The ability to handle and control a pencil is still a physical development rather than communication at this stage. To control fine muscles, young children need to develop larger muscles in their bodies. We will explore early mark-making during this workshop while experiencing hands-on exploration stations.</p>
2 hours	Infant-Toddler	<p>Math is Everywhere! Our role as early educators is to ensure our interactions with our youngest learners are filled with meaningful language and authentic learning opportunities. Infants begin to interact with math through their everyday experiences from the moment they are born. Participants will learn primary math language while exploring hands-on math invitations.</p>
2 hours	Infant-Toddler	<p>Petite Investigations: Explorations with our Youngest Children Can you do a long-term project with infants and toddlers? How do you determine what the children are interested in and genuinely reflect a child-driven investigation? In this workshop, we will discuss how to plan and implement an emergent investigation with infants and toddlers.</p>
1 hour	Infant-Toddler	<p>The Bambino Atelier Explore ways we can weave the fabric of connection and relationships through the materials we offer our youngest learners.</p>
2 hours	Infant-Toddler	<p>The Importance of Babbling: Fostering Language Development Did you know that babbling is an essential precursor to later language development? How can we support our youngest learners on this language journey? This workshop will give participants the tools to foster and support language development in their learning environments.</p>

Infant and Toddler Series

Workshop Length	Age Group	Title and Description
2 hours	Infant	The Infant Teachers Toolkit: Noticing & Responding to Cues When you notice and respond to a baby's body language, the baby feels safe and secure. This helps the caregiver build a strong relationship with the baby. This strong relationship is vital to the baby's development. During this workshop, participants will learn how to notice and respond to the cues of the babies in their care.
2 hours	Infant-Toddler	The Proactive Teacher: Beyond Managing Behaviors Educators of our youngest learners (infants and toddlers) can feel like they spend their days reacting to behavior. Participants will explore ways to create a positive learning environment that allows the children to be themselves, take risks, and accept responsibility for their actions.

Inspired By Reggio Series

Workshop Length	Age Group	Title and Description
2 hours	Infant- Preschool	In Dialogue with Reggio: An Introduction to the Reggio Approach The Reggio Emilia approach to education focuses on fostering relationships between children, teachers, parents, and the community. It builds on the idea that each child has the desire to connect with others, engage in learning, and enter into a relationship with their environment. In this workshop, participants will learn about the Reggio philosophy of education and explore ways to use it in their classroom learning environment.
2 hours	Preschool	Provoking Thought, Interest and Creativity: Using Invitations and Provocations Provocations are simple and displayed beautifully to provoke interest. Provocations can be as simple as a photo of a rock sculpture next to some pebbles or as elaborate as a STEM robot invention station. During this workshop, participants will explore and create invitations and provocations to encourage discussions, creativity, and interest-based learning in their classroom setting.
2 hours	Preschool	The Power of Loose Parts Play Participants will dig deep into the Theory of Loose Parts using collaboration and hands-on learning. They will explore ways to implement loose parts play into any classroom setting, examine what loose parts play looks like in action and build an understanding of how learning goals are met through loose parts play.

Language & Literacy Series

Workshop Length	Age Group	Title and Description
1 hour	Preschool	Appropriate Expectations: What is Emergent Literacy What does it look like in our early childhood classrooms? How do we provide authentic opportunities that support emergent literacy? In this one-hour workshop, we will examine emergent reading and writing.
2 hours	Toddler-Preschool	Around the World with Storytelling Storytelling is an integral part of the early childhood classroom- learning is both more efficient and more memorable when the lesson is conveyed through a story. Young children live through their imaginations, which makes stories so profoundly nourishing for their hearts and souls. Fairy tales especially captivate young children because these stories mirror the developmental struggles of children who are transitioning out of early childhood. In this workshop, participants will travel worldwide, exploring the magic of storytelling.
2 hours	Preschool	Developing Language, Creativity & Thinking: Beyond Open and Closed Questions How do your teaching practices support language development and creative thinking? During this workshop, you will learn the art of asking questions that support creativity and higher-level thinking.
1 hour	Preschool	Engaging Experiences: Author Studies in the Preschool Classroom Do you want to learn more about the people who write some of our favorite books? Author studies are a fantastic way to encourage emergent reading and writing in the early childhood classroom.
1 hour	Infant-Preschool	Fostering Language Development: Puppets During this one-hour workshop, we explore how to use puppets to foster language development in the early childhood classroom.

Language & Literacy Series

Workshop Length	Age Group	Title and Description
1 hour	Infant-Preschool	<p>Fostering Language Development: Storytelling with Props</p> <p>During this one-hour workshop, we explore how to use props to foster language development in the early childhood classroom.</p>
1 hour	Preschool	<p>Fostering Language Development: The Art of Conversation</p> <p>This one-hour workshop explores how to foster language development through back- and-forth conversations with our youngest learners.</p>
1 hour	Preschool	<p>Inspiring Emergent Readers: Enjoying Chapter Books</p> <p>We will explore the power of reading chapter books aloud in the preschool classroom during this one-hour workshop.</p>
1 hour	Preschool	<p>Inspiring Emergent Readers: Enjoying Non-Fiction Resources</p> <p>We will discuss the benefits of non-fiction resources in the early childhood classroom during this one-hour workshop.</p>
1 hour	Preschool	<p>Inspiring Emergent Readers: Graphic Novels</p> <p>Did you know that comic books are the perfect tool for inspiring emergent readers? We will discuss choosing and using comic books in the early childhood classroom during this workshop.</p>
1 hour	Toddler-Preschool	<p>Inspiring Emergent Readers: Poetry</p> <p>Young children learn through repetition and rhymes. In this workshop, we will explore ways to play with poetry.</p>
1 hour	Preschool	<p>Language and Literacy in the Outdoor Classroom</p> <p>Early childhood educators will learn ways to explore language and literacy in the outdoor classroom during this one-hour workshop.</p>

Language and Literacy Series

Workshop Length	Age Group	Title and Description
2 hours	Preschool	Literacy Experiences for Young Learners: Supporting Literacy Development Young children need writing to help them learn about reading, they need reading to help them learn about writing, and they need expressive language to help them learn about both. This workshop focuses on developmentally appropriate ways to support literacy development in the early childhood classroom.
1 hour	Preschool	Little Bodies Big Words: Inspiring Emergent Readers Early childhood educators will learn ways to authentically inspire a love of the written word in young children during this one-hour workshop.
1 hour	Toddler- Preschool	Mystery Theater: Dramatic Play and Storytelling Come to Life We will focus on ways to enrich our dramatic play areas using storytelling, language, and literacy during this one-hour workshop.
2 hours	Preschool	The Power of Scribbling: Supporting Emergent Writing Learning to write starts way before a child puts a pencil on paper. In this workshop, participants will embrace the power of mark-making and learn how to support children in the early stages of writing development.

Leadership Series

Workshop Length	Age Group	Title and Description
1 hour	Adults	<p>Creating a Positive School Culture We will discuss ways for program leaders to build connections and create a positive school culture.</p>
1 hour	Adults	<p>Cultivating Growth Mindset Educators with this mindset work harder because they know they can grow and improve their performance. Leadership participants will learn growth mindset strategies and how to use professional development goal setting during the evaluation process.</p>
1 hour	Adults	<p>Developing Leaders: Mentoring the Next Generation of EC Leaders In early childhood education, we desperately need to change how we place early childhood professionals into administrator roles. In this workshop, we will discuss tools and strategies that can be put in place in individual programs to support educators who want to pursue leadership roles.</p>
1 hour	Adults	<p>Encouraging Reflective Practices To grow in our teaching practices, we need to reflect each week. We will discuss ways for program leaders to encourage reflective practices within their early childhood programs in this interactive session.</p>
1 hour	Adults	<p>Meaningful Observation: Growth over Gotcha This workshop will help program leaders develop tools for observing their teaching staff.</p>
1 hour	Adults	<p>Servant Leadership: How to Lead with Others in Mind We will discuss what it means to be a school leader who leads with others in mind.</p>
1 hour	Adults	<p>Successful Staff Meetings Staff meetings can be the most important and powerful professional development opportunities of the school year. Why do they often end up being the most dreaded and squandered time a teacher will spend. During this workshop, participants will examine ways to develop successful staff meetings.</p>

Leadership Series

Workshop Length	Age Group	Title and Description
1 hour	Adults	The Evaluation Process: Co- Designing a Plan for Growth We will discuss the teacher evaluation process during this virtual leadership workshop along with how to co-design growth plans.
1 hour	Adults	The Professionalism Narrative: Respecting Individualism in Educators We will discuss how program leaders can support individualism in their teaching staff while also supporting their growth as early childhood professionals.
1 hour	Adults	The Struggle is Real: Guiding Co- Teachers Supporting and guiding co-teachers is a big part of our work as program leaders. During this session, we will develop tools to support and guide co-teacher relationships.
1 hour	Adults	What Type of Leader are You? Are you an aspiring leader, new to leadership, or a seasoned early childhood leader? During this one-hour session, we will discuss the seven types of leadership as we reflect upon ways to grow your leadership practices.

Mathematics Series

Workshop Length	Age Group	Title and Description
1 hour	Preschool	<p>Early Math: Subitizing</p> <p>Subitizing is the ability to recognize a small group of objects without counting. It is a fundamental skill in the development of number sense. During this workshop, participants will gain insight into this skill.</p>
1 hour	Toddler-Preschool	<p>Making Math Meaningful with Legos</p> <p>Do the children in your program love Legos? During this session we will connect early math skills to everyday experiences with Legos.</p>
2 hours	Preschool	<p>Making Math Meaningful: Using Literature, Play and Loose Parts</p> <p>Young children explore math naturally through their play. How can we foster and support their mathematical development? This workshop will offer participants hands-on techniques and ideas for meaningful math opportunities in their classroom learning environments.</p>
1 hour	Preschool	<p>Math in the Outdoor Classroom</p> <p>Early childhood educators will learn ways to explore early math in the outdoor classroom during this one-hour workshop.</p>
1 hour	Toddler-Preschool	<p>Messing about with Math</p> <p>We will focus on providing engaging and hands-on opportunities to mess about with math during this one-hour workshop. This workshop will cover ideas for children 1-5 years of age.</p>
1 hour	Preschool	<p>The Language of Coding Unplugged</p> <p>We all want to prepare our kids for the future, but how do we help them be the leaders and innovators of tomorrow? This happens by building necessary skills early like math, literacy, and coding. Coding doesn't mean just playing on the computer or trying apps. It can also mean hands-on, creative projects, games, and more. In this workshop, participants will learn how to facilitate coding skills using literature, loose parts, games, and math.</p>

Motor Skills Series

Workshop Length	Age Group	Title and Description
1 hour	Infant-Preschool	My 8 Senses: Proprioception In ECE, we've all planned a "my five senses" unit, but did you know we have eight senses? This workshop will focus on our sense of proprioception (the body awareness sense), which strengthens our coordination skills.
1 hour	Infant-Preschool	My 8 Senses: Vestibular In ECE, we've all planned a "my five senses" unit, but did you know we have eight senses? This workshop will focus on our sense of vestibular (the movement sense), which helps us with balance while walking and running.
2 hours	Infant-Preschool	Supporting Motor Skill Development Gross and fine motor skills are connected. Gross motor skills encompass the large movements of the body, and fine motor skills require precise movements of small muscles. For example, if a child does not have core strength (gross motor), they will struggle with writing (fine motor). Participants will examine the ins and outs of motor skill development using hands-on learning techniques.

Multi-Age Classroom Series

Workshop Length	Age Group	Title and Description
1.5 hours	Infant - School-Age	The Multi-Age Classroom Exploring Language and Literacy This session supports family childcare providers and programs that offer multi-age grouping. Participants will gain tools, strategies, and ideas for exploring Language and Literacy in the multi-age classroom.
1.5 hours	Infant - School-Age	The Multi-Age Classroom Exploring Mathematics This session supports family childcare providers and programs that offer multi-age grouping. Participants will gain tools, strategies, and ideas for exploring math in the multi-age classroom.
1.5 hours	Infant - School-Age	The Multi-Age Classroom Exploring Science This session supports family childcare providers and programs that offer multi-age grouping. Participants will gain tools, strategies, and ideas for exploring science in the multi-age classroom.

Observation, Documentation & Planning Series

Workshop Length	Age Group	Title and Description
1 hour	Infant-Preschool	<p>Appropriate Expectations Activity vs Opportunity</p> <p>What is the difference between a teacher lead activity and an opportunity for child- led exploration of materials? During this workshop, participants will explore how to provide materials for child-led learning.</p>
2 hours	Preschool	<p>Developmentally Appropriate Practice for Preschoolers</p> <p>What does it mean for your school to use developmentally appropriate practices with preschoolers? This workshop will help participants understand developmentally appropriate practice (DAP), learn how to create differentiated learning experiences, and illustrate how to scaffold children’s learning.</p>
2 hours	Infant-Preschool	<p>Emergent Learning in the Early Childhood Classroom</p> <p>In this workshop, participants will learn how to use a philosophy of teaching and planning curriculum that focuses on being responsive to children's interests to create meaningful learning experiences in any classroom setting.</p>
1.5 hours	Infant-Preschool	<p>From Definition to Application: Child-Led Curriculum and Pedagogy</p> <p>We will dig deeper into commonly used terms child-led curriculum and pedagogy. Participants will gain insights into how to plan with the child in mind.</p>
1.5 hours	Infant-Preschool	<p>From Definition to Application: Developmental Domains</p> <p>We will dig deeper into commonly used term developmental domains. Participants will examine how to use developmental domains as tools for observation and planning.</p>
1 hour	Infant-Preschool	<p>It’s Not the Yellow Truck: The Power of Observation</p> <p>During this one-hour workshop, early childhood educators will examine the importance of student observations.</p>

Observation, Documentation & Planning Series

Workshop Length	Age Group	Title and Description
2 hours	Preschool	Making Learning Visible: From Observation to Pedagogical Documentation How do you show what your students know through observation and documentation? Documenting a child's learning is the art of making learning visible. In this workshop, participants will be given the tools and techniques needed to document and present a child's learning to show growth and the depth of their experiences.
2 hours	Preschool	Sneaky Academics: Encouraging and Evaluating Learning Through Play Our early childhood classrooms should be spaces where young children can explore and learn through their play. They shouldn't be a space for rote academic learning. In this workshop, participants will gain the tools and strategies to encourage learning through play.
2 hours	Infant-Preschool	Student-Centered Lesson Planning: From Set in Stone to Set in Sand Our students should be at the center of our lesson planning. Children are the curriculum; everything else is a tool to help us guide a student's learning. During this workshop, participants will learn to use observation and connection to develop meaningful lesson plans.
1 hour	Infant-Preschool	Turning Theories into Practice: Constructivism As early childhood professionals, we spend an enormous amount of time memorizing theories but not enough time learning how to apply those theories to our teaching practices. During this session, we will examine the theory of Constructivism while also developing ways to use this theory in our programs.

Play-Based Learning Series

Workshop Length	Age Group	Title and Description
1 hour	Toddler-Preschool	Engaging Experiences: Small World Play During this one-hour workshop, we will learn: what is small world play, why it is important, and how we can support opportunities for it in our classrooms.
1 hour	Preschool	Game Play: The Magic of Board Games We will discuss ways to use and create board games in the preschool classroom during this one-hour workshop.
1.5 hours	Toddler-Preschool	Messing about with Materials: Connecting We will explore the connecting schema and it's relationship to materials in our classroom environments. This schema is all about children's love of connecting things together!
2 hours	Toddler-Preschool	Playing to Learn: The Importance of Play-Based Learning A play-based approach to learning involves both child-initiated and teacher- supported learning. The teacher acts as a guide while encouraging the child's learning through inquiry, creativity, and interactions. During this workshop, participants will learn to articulate the theories of play while learning the keys to being intentional teachers.
2 hours	Toddler-Preschool	Schemas in Children's Play Patterns of repeated action in a child's play are called schemas. Educators can learn more about a child and their interests while observing these patterns. Participants will learn about the eight common schemas: connecting, enclosing, enveloping, orientation, positioning, rotation, trajectory, and transportation.
2 hours	Toddler-Preschool	The Outdoor Classroom: Teaching Beyond 4 Walls Our learning environments should not be contained within four walls. The outdoor classroom offers us opportunities to explore learning in new and different ways. Learn ways to transform your playground space into an outdoor classroom rich with various learning opportunities.

Play-Based Learning Series

Workshop Length	Age Group	Title and Description
2 hours	Toddler- Preschool	The Role of Risk in Play and Learning One of our most basic instincts is to protect our children. This need to keep our children free of injury can do more harm than good. When children are always protected from risks, they never learn to access the environment they are in. When children have the opportunity to explore risk-taking in play and learning, they can match their skills as they perform a risk assessment. In this workshop, participants will learn how to support age-appropriate risk-taking.

School-Age Series

Workshop Length	Age Group	Title and Description
1 hour	School-Age	School- Age Tools: Positive Guidance This series is designed for school-age childcare providers, before & after school providers, and programs that support school-age children in their mixed-age grouping. This workshop will focus on providing tools and strategies that support positive guidance.

Science Series

Workshop Length	Age Group	Title and Description
1 hour	Toddler-Preschool	<p>Children as Stewards of the Earth: A Focus on Birds</p> <p>Stewardship is the bond between the natural world and young children. When children have a connection to nature, it has a powerful impact on their well-being. When they spend time in nature, they take ownership of the earth's well-being. In this session, we will discuss introducing Ornithology (the study of birds) to young children.</p>
1 hour	Toddler-Preschool	<p>Children as Stewards of the Earth: A Focus on Sit Spots</p> <p>Stewardship is the bond between the natural world and young children. When children have a connection to nature, it has a powerful impact on their well-being. When they spend time in nature, they take ownership of the earth's well-being. In this session, we will discuss the concept of sit spots and how this simple way of being present can change a child's connection to the natural world.</p>
1 hour	Toddler-Preschool	<p>Children as Stewards of the Earth: A Focus on Spiders</p> <p>Stewardship is the bond between the natural world and young children. When children have a connection to nature, it has a powerful impact on their well-being. When they spend time in nature, they take ownership of the earth's well-being. In this session, we will discuss introducing Arachnology (the study of spiders) to young children.</p>
1 hour	Toddler-Preschool	<p>Children as Stewards of the Earth: A Focus on Water</p> <p>Stewardship is the bond between the natural world and young children. When children have a connection to nature, it has a powerful impact on their well-being. When they spend time in nature, they take ownership of the earth's well-being. This session will explore ways to create a new generation of water protectors.</p>

Science Series

Workshop Length	Age Group	Title and Description
1 hour	Toddler-Preschool	<p>Children as Stewards of the Earth: A Focus on Weather</p> <p>Stewardship is the bond between the natural world and young children. When children have a connection to nature, it has a powerful impact on their well-being. When they spend time in nature, they take ownership of the earth's well-being. In this session, we will discuss how to authentically explore the topic of weather each day with young children.</p>
1 hour	Toddler-Preschool	<p>Early Engineering: Building Challenges</p> <p>Are you looking for ways to encourage teamwork and community building in your program? During this session, participants will learn to incorporate small group challenges into our group time routine.</p>
1 hour	Preschool	<p>Early Science: Invention Journals</p> <p>Young children are filled with wonder, creativity, and imagination. They have some unique ideas! In this session, we will explore how to encourage their ideas for innovation and engineering.</p>
1 hour	Toddler-Preschool	<p>Little Scientist: Flower Power (Botany)</p> <p>During this workshop, participants will learn how to provide child-led opportunities for playing with botany.</p>
1 hour	Toddler-Preschool	<p>Little Scientist: Gravity, Force and Motion (Physics)</p> <p>During this workshop, participants will learn how to provide child-led opportunities for playing with physics.</p>
1 hour	Toddler-Preschool	<p>Little Scientist: Potion Stations (Chemistry)</p> <p>During this workshop, participants will learn how to provide child-led opportunities for playing with chemistry.</p>
1 hour	Toddler-Preschool	<p>Little Scientist: Rockhounding (Geology)</p> <p>During this workshop, participants will learn how to provide child-led opportunities for playing with geology.</p>

Science Series

Workshop Length	Age Group	Title and Description
2 hours	Preschool	Makers, Creators and Inventors! Are you looking for ways to inspire creativity and imagination? How can you facilitate opportunities for your students to make, create and invent? From choosing materials to creating a makers culture, this workshop is your guide to creating a maker space that inspires the next big invention!
1 hour	Toddler- Preschool	Science in the Outdoor Classroom Early childhood educators will learn ways to explore science in the outdoor classroom during this one-hour workshop.
2 hours	Toddler- Preschool	Supporting Scientific Thinking: Using Wonder, Play and Storytelling Children are natural scientists. They are constantly exploring the world around them using all of their senses, asking questions, and making observations. In this workshop, participants will examine ways to expand on a child's sense of wonder using play and storytelling.

Social Emotional Learning Series

Workshop Length	Age Group	Title and Description
1 hour	Toddler-Preschool	<p>Appropriate Expectations: Consent</p> <p>Why is it essential to model and teach consent to our youngest learners? During this one-hour workshop, participants will examine the importance of teaching consent and develop tools to embed these discussions into their daily practices.</p>
2 hours	Toddler-Preschool	<p>Beyond All About Me: Creating a Sense of Self</p> <p>Who are we within our families, classroom-learning environment, and community? During this workshop, participants will learn ways to help their students develop their sense of self: who the child is within their family, their classroom, and their community.</p>
2 hours	Preschool	<p>Encouraging Growth Mindset in the Early Years</p> <p>Do you have children in your classroom that easily give up when learning a new skill? Have you noticed children who get overly frustrated if they don't see success come easy? Today's scientific brain research shows that by teaching kids about something called "Growth Mindset," – you can help them become better learners, more persistent, and more intelligent and resilient overall. In this workshop, participants will explore the topic of growth mindset, how to guide children through fixed-mindset obstacles, and ways to apply growth mindset strategies to their community of learners.</p>
1.5 hours	Toddler-Preschool	<p>From Definition to Application: Autonomy and Agency</p> <p>Young children are often seeking independence and the power to make decisions. During this session, we will develop tools to help guide children as they grow their autonomy and agency.</p>
1.5 hours	Toddler-Preschool	<p>From Definition to Application: Emotional Intelligence</p> <p>Emotional intelligence is a set of essential skills that help us manage our emotions and understand the feelings of others. During this session, participants will learn how to guide young children while they develop their emotional intelligence.</p>

Social Emotional Learning Series

Workshop Length	Age Group	Title and Description
2 hours	Preschool	<p>From Excitement to Anger: Tools for Guiding Big Feelings</p> <p>None of us are born knowing how to manage our emotions. Young children need our guidance when learning to navigate this often-wild ride. Learn the techniques and strategies needed to help young children regulate their emotions.</p>
2 hours	Toddler-Preschool	<p>Growing Independence in the Early Childhood Classroom</p> <p>Developing independence is a vital factor in a child's overall development. By providing guidance, support, and challenge, educators can nurture their students as they grow in self-reliance (independence). Participants will gain the tools and strategies needed to support their students in this critical area of social-emotional learning.</p>
1 hour	Infant-Preschool	<p>My 8 Senses: Interoception</p> <p>In ECE, we've all planned a "my five senses" unit, but did you know we have eight senses? This workshop will focus on our sense of interoception (the internal body sense), which is essential in understanding and managing our emotions.</p>
2 hours	Infant-Preschool	<p>Orchid Children: Understanding, Guiding and Supporting Sensitive Children</p> <p>The world we live in is not made for sensitive and introverted people. How can we support sensitive children if we do not have an appreciation for their gifts and potential? In this workshop, we will understand the care and environments our orchid children need to thrive.</p>
2 hours	Preschool	<p>Respect the Bubble: Learning About Personal Space</p> <p>Do you have students who struggle with giving their peers personal space? Understanding that each person needs a certain amount of space to feel comfortable can often be challenging for young children. During this interactive workshop, participants will learn techniques and strategies they can use in their classroom setting to help their children learn to "Respect the Bubble."</p>

Social Emotional Learning Series

Workshop Length	Age Group	Title and Description
2 hours	Toddler-Preschool	Sensory Processing: Understanding Sensory Needs During this workshop, participants will learn about the eight Sensory Systems and how to integrate sensory learning into daily classroom life.
2 hours	Preschool	The Peace Table: Conflict Resolution in the PreK Classroom Peaceful conflict resolution in the early childhood classroom is working through a problem or conflict in a way that does not physically, emotionally, or socially hurt anyone involved. It provides children with opportunities to feel competent in handling situations and relationships. It fosters respect for the self and other people and cares for new ideas. During this workshop, participants will learn strategies to facilitate conflict resolution in their classroom setting.
2 hours	Preschool	You Can't Come to my Birthday Party: Navigating Peer Relationships Early childhood peer relationships are frequently overlooked as a positive developmental influence. We don't always realize how attached young children are to their peers. In this workshop, participants will examine the essential elements of relationship building.

The Arts Series

Workshop Length	Age Group	Title and Description
1 hour	Preschool	Engaging Experiences Artist Studies in the Preschool Classroom Explore the magic of kinetic art while learning about the artist Alexander Calder. Learn about the life of Frida Kahlo as you dive into self-portrait drawing. Artist studies are the perfect way to dig deeper into your emergent learning journey.
1 hour	Preschool	Exploring the Arts in the Outdoor Classroom Early childhood educators will learn ways to explore drawing, painting, sculpture, brief art, sculpture, woodworking, architecture, and photography in the outdoor classroom during this one-hour workshop.
2 hours	Toddler - Preschool	Image of the Child as an Artist: Process Art in the EC Classroom Art is a powerful tool for developing motor skills, meeting sensory needs and expressing thoughts and emotions. Children learn to express themselves without restriction when we provide a variety of materials and allow them to explore, get messy and experiment. Workshop participants will discuss product versus process art practices and learn to create process-oriented experiences for their children.

The Growing Brain Series

Workshop Length	Age Group	Title and Description
2 hours	Toddler - Preschool	<p>Executive Functions in the Early Childhood Classroom</p> <p>What are executive functions? How do they relate to early childhood? How can we support their growth in the classroom? Participants will examine the topic of executive functions using collaboration and hands-on learning.</p>
2 hours	Toddler - Preschool	<p>No Bad Kids: The Brain & Behavior Connection</p> <p>One of my favorite quotes by Janet Lansbury is, “In my world, there are no bad kids, just impressionable, conflicted young people wrestling with emotions and impulses, trying to communicate their feelings and needs the only way they know how.” This workshop will focus on the connection between the growing brain and typical child behaviors that challenge us.</p>
2 hours	Toddler - Preschool	<p>Play is Learning: The Six C’s of Play</p> <p>This workshop will teach us the benefits of free play and guided play. We will learn how to support child-led learning while digging into the six C’s of play (collaboration, communication, content, critical thinking, creative innovations, and confidence.)</p>
2 hours	Preschool	<p>Solving Real-World Problems: Design Thinking</p> <p>Design thinking focuses on the ability to identify a problem, design potential solutions, test the solutions, redesign as needed, and share the solutions with a broader audience. Learning problem-solving techniques is beneficial for people of all ages. Participants of this session will dig deeper into introducing this process into their early childhood programs.</p>
2 hours	Infant - Preschool	<p>The Growing Brain: Brain Basics</p> <p>Did you know that the more early childhood professionals know about the growing brain, the better they understand the children in their care? During this session, we will learn the parts of the brain and their functions, how nerve cells communicate, and how neuroplasticity connects early experiences to areas of the brain.</p>

The Growing Brain Series

Workshop Length	Age Group	Title and Description
2 hours	Infant - Preschool	The Growing Brain: The Power of Quiet Did you know that the brain processes auditory input faster than visual input? When we have the space to truly listen, without an abundance of background noise, our brains prioritize what we tune in to and reward paying attention through dopamine release. When the level of auditory input is out of our control, the sounds we hear become noise that distracts the brain, and we lose focus. During this workshop session, we will learn how to create the optimal learning environment that supports brain development.

