Our Care

Manitoba Priorities Panel on Primary Care

The OurCare Manitoba Priorities Panel brought together 30 people living in Manitoba, randomly selected to roughly match the province's demographics. They spent approximately 30 hours learning from experts and deliberating together before making recommendations on what a better primary care system should look like. OurCare has also conducted Priorities Panels in Ontario, Quebec, British Columbia and Nova Scotia in 2023. For more information, visit **OurCare.ca/PrioritiesPanels**.

Manitoba Priorities Panel At-a-Glance

30 members 15 speakers 31 program hours 37 recommendations

Members' Values

- Available
 - Holistic •
- Understandable
 - Connected •
 - Accountable
 - Accessible •
 - Considerate •
 - Sustainable •

The Problems we Want Solved

The public feels disrespected • Care is not coordinated or connected • Care is difficult to access • There is a crisis in human resources • The system lacks accountability • The system is not designed to serve everyone • Funding and political will are lacking

The OurCare initiative has been made possible through a financial contribution from Health Canada, the Max Bell Foundation and Even the Odds (a partnership between MAP and Staples Canada). The views expressed herein do not necessarily represent the views of the funders.

Recommendation Highlights:

Increase the number of health professionals

- Expedite the process to recognize the qualifications of internationally trained medical graduates and develop peer mentorship-based training to help them integrate into the Canadian system.
- University of Manitoba and University College of the North should establish and offer a range of education and training programs, in the north, for primary care providers.
- Actively promote Manitoba as an appealing place to live and practice medicine.

Ensure holistic, person-centred care

- Continue the shift from individual fee-for-service practitioners to team-based models (e.g., ACCESS centres) that offer holistic care from a variety of in-house professionals.
- Offer after hours care, 24/7 access to primary care to ensure continuous access and move beyond the traditional 9-5 practice hours.

Equity and Social Determinants of Health

- Mandate cultural humility training as a requirement to keeping one's license in good standing.
- Establish mobile health clinics that bring primary care to rural and remote residents.
- Mandate a social worker or community resource worker as a full-time member of all health teams.

Financial contribution from



Health Canada

Santé Canada

Max Bell Foundation



Gender 16 women 13 men

1 non-binary Age 2 18-29 years old 7 30-44 years old

14 45-64 years old 7 65+ years old

Geography

18 Winnipeg 4 North 4 South 2 Interlake 2 Prairie Mt.

 9 Members who identify as Indigenous
5 Members who have been in Canada less than 10 years
5 Members who identify as part of a racialized group

OurCare Recommendation Highlights (cont'd):

Care for Indigenous Peoples

- Create and promote an Indigenous Health Department within the provincial government.
- Indigenize the entire medical curriculum to create a trauma-informed curriculum that stands firmly against anti-Indigenous racism.
- Implement a mandatory community orientation process for new professionals entering a community to welcome and guide clinicians through roles and responsibilities to the community.

Foster Connectivity and Transparency

- Ensure patient health information is safely and securely stored in a centralized electronic database that patients and health care providers can easily access at no cost.
- Require health care providers to follow a clearly defined series of communication steps that aligns with the patient care plan so that patients are informed and understand their treatment plan.
- Establish a publicly funded health care Ombudsperson to ensure the public (i.e. patients and caregivers) have a strong, accessible, and mandated defender of their rights.

Inform and Engage the Public

- Develop and deliver a sustained multi-faceted public education campaign de-mystifying the primary care system, to empower individuals to make informed choices about their care.
- Provide a single point for ongoing access to data about performance of the primary health care system.
- Extend the mandate of the Manitoba Priorities Panel as an ongoing citizens' panel on primary care priorities.

OurCare is a national initiative to engage the public on the future of primary care in Canada. Over 15 months, thousands of people living in Canada told us about their hopes and priorities for creating an equitable and sustainable system that delivers better care for all. OurCare is led by Dr. Tara Kiran, a family physician at St. Michael's Hospital and Scientist at MAP Centre for Urban Health Solutions, Unity Health Toronto, and the Fidani Chair of Improvement and Innovation at the University of Toronto. Learn more about the OurCare study: **OurCare.a**.







